

Wayne Westcott Honored At Conference - Page 2 SAL Veterans Day Observance Sunday - Page 3 QHS Golf: A Season To Remember - Page 20



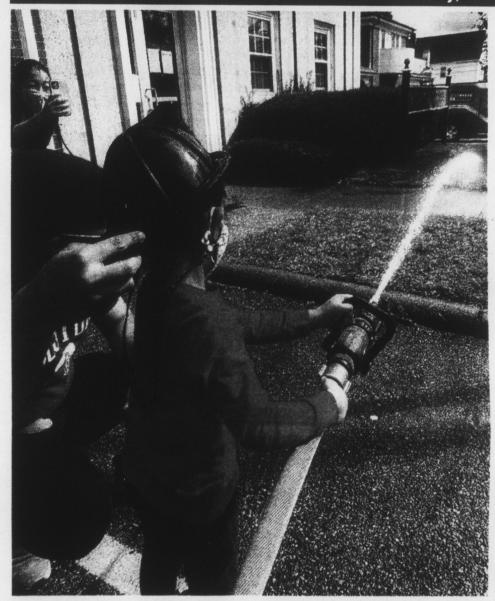
The Quincy

Historic Quincy's Hometown Weekly Newspaper Since 1968

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YOUNGSTERS ENJOYED using a fire hose at the Quincy Fire Department's recent Fire Prevention Week open house at Fire Headquarters on Quincy Avenue. More than 300 people turned out to learn more about fire safety. Other photos on Page 16.

Nor'easter Lashes Quincy, South Shore

Storm Tears Roof Off Apartment Building, Topples Trees, Knocks Out Power For Days

By SCOTT JACKSON

The cleanup continued this week after a powerful nor'easter struck the South Shore, leaving thousands of Quincy residents in the dark

roof off an apartment building in Germantown.

the area during the afternoon of Oct. 26 and lashed

and peeling a portion of the the region for 24 hours. The nor'easter brought with it sustained tropical-storm-The storm moved into force winds and higher gusts - the National Weather Ser-

Cont'd On Page 15



LAST WEEK'S nor'easter brought hurricane-strength wind gusts to city and region, knocking out power to thousands - some for days - and toppling dozens of trees like this one on Wam-Photo Courtesy Ernie Corrigan

incy Veterans Day Parade, Ceremony

to commemorate Veterans Day next week after a oneyear hiatus, followed by a wreath-laying ceremony at Merrymount Park.

The city had to cancel its parade in 2020 amid the coronavirus pandemic. An abbreviated ceremony was held at Merrymount Park last year, drawing a crowd of more than 100 residents and veterans.

parking lot on Russell Park at 10:30 a.m. on Thursday, Nov. 11. Units will begin forming up at 10 a.m. inside the school parking lot.

The procession will make its way up Russell Park to Hancock Street, then follow Hancock Street to the World War II memorial inside Merrymount Park, where the ceremony will take place.

The parade will pause

This year's Veterans Day briefly at the corner of The city of Quincy will parade will step off from Hancock Street and Furhold its traditional parade the Quincy High School nace Brook Parkway, for a wreath-laying ceremony at the Doughboy Statue, which honors the men and women of Quincy who served during World War I.

Charles Hurd, the commander of the Quincy Veterans' Council, will serve as parade marshal. Vice commanders Daniel Tinney and Steven Dunlea will serve as aides to the commander. George Nicholson, direc-

Lt. Comm. **MONICA JOHNSON** Veterans Day Speaker

tor of the city's Veterans Departments are among the Bouchard, the graves registration officer, is cochairman. Leo Reardon and Marc Connolly, both past QVC commanders, are officer of the day and sergeant at arms, respectively.

The honor guards from the Quincy Police and Fire

Services Department, is pa- units that will march in the rade chairman and George parade, along with an honor guard from the USS Constitution. Bands participating in the parade will include the Boston Whalers Drum Squad, the Boston Windjammers Marching Band, the Worcester Brass Band, and the Quincy-North Quin-

Cont'd On Page 4

Early Deadline For Next Week's Quincy Sun

Because of the Veterans Day holiday Thursday, Nov. 11, there is an early news and advertising deadline for next week's Quincy Sun.

News, church, organizations and youth sports releases, retail and classified advertising and legal notices should be in The Sun office,

1372 Hancock St., Quincy, by noon tomorrow (Friday) to assure publication in the Nov. 10th issue.

The Sun will go to press

Monday, Nov. 8 and be circulated Tuesday, Nov. 9.

For more information, call The Sun office at 617-471-3100

Election results from Tuesday's municipal election were not available when The Quincy Sun went

to press Tuesday. Results were posted on

The Quincy Sun website when available. Visit www. TheOuincySun.com.

Results will also appear in print in the Nov. 10th issue of The Quincy Sun.

'Taste Of The South Shore' Raises \$275,000 - Page 6 Crane Library Bookstore Sale Saturday - Page 8 Firefighters Donate \$11,000 To Ellie Fund - Page 11

More Quincy news:

Election Results

On Sun Website

The Quincy Sun

Guidelines For Fall Activity And Inactivity

Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

As it has been summerlike for most of the autumn season, many of us may not be prepared the changes that come this time of year. These typically include more vigorous outdoor activity in the form of leaf raking, and more sedentary indoor behavior in the form of sitting and computer work.

If you are experiencing either of these, please consider the recommendations in this column for avoiding injuries and low back issues. Let's begin with leaf raking.

Raking Mechanics

Leaf raking can provide an excellent overall workout that involves the muscles of the upper body, core, and legs. However, like most physical activities there is a right way and a risky way to perform leaf raking actions. Biomechanically correct raking requires a stable foot stance (staggered, about shoulder-width apart), and a relatively erect body posture. An in-line or narrow foot stance reduces your base of support and stability, and leaning forward or backward places unnecessary stress on your low back structures, which may cause discomfort and lead to injury. To prevent shoulder problems, keep the raking actions within a reasonable range of movement. That is,

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don't reach too far forward or pull too far backward, but keep your upper arms somewhat close to your upper body during all raking actions. Elongated and exaggerated raking movements are both unnatural and risky from an injury perspective.

Although we all have a preferred side, it is advisable to alternate raking to your left and to your right every 5 to 10 pulls. This provides a more balanced muscular response and reduces the risk of overuse injuries. To avoid excessive musculoskeletal stress, I suggest performing relatively brief periods of leaf raking interspersed with leaf collecting. This is easily accomplished by raking a small section of leaves into a small pile, then placing the leaves into an appropriate container for disposal. By so doing, you more frequently change body positions and emphasize different muscle groups, which lessens the likelihood of over-stressing specific muscle groups.

When bending down to collect, lift, and deposit leaves be sure to flex your knees rather than bend your back. The old adage, lift with your legs instead of your back, is good advice. A relatively erect torso is always an advantage when raking, hoeing, snow shov-

eling, or lifting bundles of leaves. By the way, small bundles of leaves are much easier to haul across the yard than large bundles of leaves that tend to be cumbersome to handle. In fact, it may be advisable to place your leaf bags on a wagon or wheelbarrow rather than dragging or carrying them.

Another aspect of leaf raking is how much to do at one time. Unlike snow shoveling that requires the entire driveway to be cleaned before you can use your car, leaf raking is largely for aesthetics and springtime grass growth. You don't have to clear the whole yard in a single session. I suggest spending about 60 to 90 minutes per leaf raking session, and leaving the rest for another day's activity period. Doing too much of any physical activity is inadvisable, and the unique characteristics of leaf raking place this muscular endurance exercise high on the list of things to do in moderation.

Conditioning Exercises

ing actions.

Due to the inherent trunk rotation involved in raking movements it is equally important to strengthen the midsection muscles, especially the oblique muscles

22 Locations

sistance band squats. **Computer Work**

With less daylight and that turn your torso clockcolder temperatures, most wise and counter-clockwise. of us are spending more The rotary torso exercise time indoors, with much of is specifically designed to that on the computer. For a strengthen the external and variety of health reasons, it internal oblique muscles is important not to sit for too on your sides, and also adlong at a time. Be sure to dresses the lower back and take frequent breaks (at least abdominal muscles. If you every hour) by standing, do not have access to this stretching, walking around weight-stack machine, you the house, going up and may perform standard trunk down the stairs, and similar curls with a twist at the top activities. When you are of each repetition. That is, seated, be sure to sit back as you curl your chest upon the chair, preferably with ward alternately twist your your ankles, knees, hips, torso bringing your left eland elbows at right angles. bow toward your right knee Do your best to sit tall, with and your right elbow toward your torso erect and your neck/head directly over Because your legs proyour shoulders. Leaning vide support and stability for forward at the hips can overyour raking actions, be sure stress the low back muscles, to perform some strengthand holding your head in a

Summary Whatever activity or inare dumbbell squats and re- activity you are doing, it

forward position can over-

stress the neck muscles. Try

to keep your upper arms by

your sides and your elbows

at right angles as you type

on the computer keyboard.

WAYNE WESTCOTT

is important to maintain proper posture and use correct biomechanics to avoid potential musculoskeletal discomfort or injury.

Wayne L. Westcott, Ph.D., is Coordinator of the Quincy College Exercise Science Department and the College/Community Fitness Center. He has written 30 books on physical fitness and strength training, as well as strength training chapters for 9 National Personal Trainer Textbooks.

Wayne can be reached at 617-405-5978 or at wwestcott@quincycollege.edu.

Leaf raking is essentially a pulling activity, similar to paddling a canoe, but from a standing position. One of the best exercises to strengthen the upper body pulling muscles is the compound row. If you train at home, dumbbell bent rows or elastic band seated rows are appropriate exercises for addressing the upper back and biceps muscles that are largely responsible for rak-

Dr. Wayne Westcott Honored At Sports Medicine Conference

Wayne Westcott, Ph. D., chairperson of the exercise science program at Quincy College, has received the Honor Award from the New England chapter of the American College of Sports Medicine (NEACSM).

your left knee.

ening exercises for your

quadriceps and hamstrings

muscles. I recommend the

leg extension, leg curl, and

leg press machines if these

are available. The most

practical home exercises for

strengthening these muscles

The Honor Award has been bestowed annually since 1986 and "recognizes a member who has provided significant contributions to both NEACSM and the field of exercise science.'

Dr. Westcott received the award at the NEACSM annual conference in Providence, RI, where he also presented the results of research studies on weight loss and weight maintenance conducted at Ouincy College.

"There is no more deserving recipient of our organization's highest honor than Dr. Westcott," said Peter Ronai, NEACSM past president and a clinical professor of exercise science at Sacred Heart University. "He is a passionate educator, an internationally recognized researcher, a prolific author and a gracious mentor who, throughout his career, has always embodied the very best aspects of our profession.'

"For decades, Dr. Westcott has been a legendary presence both on our campus and in our community," said Richard DeCristofaro, Ed. D., president of Quincy College. "We thank him for his commitment to genera-



WAYNE WESTCOTT, PH. D., chairperson of the exercise science program at Quincy College, was recently presented the Honor Award from the New England chapter of the American College of Sports Medicine (NEACSM). Courtesy Photo

good health of our region, and we congratulate him on this special recognition that comes from a lifetime of achievement."

In addition to his role at Quincy College, Dr. Westcott has authored 30 books, published 95 peer-reviewed research and academic papers, and has been a strength training consultant for a number of organizations Quincy Sun newspaper.

tions of students and to the including the US Air Force, the US Coast Guard, the US Navy, and six National Football League teams. He previously was the longtime fitness research director at the South Shore YMCA, and now serves the organization in a consulting

> Dr. Westcott also contributes a bi-monthly fitness column appearing in The

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Steakhouse Granted Liquor License

By SCOTT JACKSON

A Brazilian steakhouse in South Quincy has received approval from local officials to begin offering alcohol to customers.

The Board of License Commissioners on Oct. 26 granted Spettus Steakhouse's request for an all alcohol license, contigent upon final approval from the Quincy Fire Department. The hours of operation for the restaurant, which is located at 35 Independence Ave., will remain 11 a.m. to 9 p.m. seven days a week.

Karina Silva, who spoke on behalf of the applicant during the license board hearing, said alcohol would complement the restaurant's food offerings.

"What they are looking really is to," she said, let customers "experience the whole steakhouse experience by being able to offer beer and wine with their

Robiano Aguiar, the owner of Spettus, also owns Rio Brazilian Steakhouse in Plymouth, which has had an all-alcohol license for the past dozen years, Silva added.

During the license board hearing, Allen Jenkins, who owns a commercial property next door to Spettus, spoke in favor of the application.

Cont'd On Page 11



NORTH QUINCY HIGH SCHOOL is proud to announce five of their grade 12 students have received Letters of Commendation in recognition of their outstanding academic promise. The letters were awarded by the National Merit Scholarship Corporation. Students qualify for this by taking the Preliminary SAT/National Merit Scholarship Qualifying Test. The scholars celebrate with their principal and school counselors. From left to right: School Counselor, Jeffrey DeCristofaro, Amy Truong, Principal Keith Ford, Caroline Cavicchi, Alexander Gu, Jilin Zheng, Jaden Liang, Student Support Services Department Head Rebecca Nutley, Counselors Victoria Wallace and Florence Xia. Photo Courtesy North Quincy High School

to stand duty with his fel-

low Marines. In honor of his

bravery and fortitude, Rich

is the recipient of the Purple

Heart, Navy Commenda-

tion, Navy Achievement,

Combat Action, National

Defense, Joint Service,

Presidential Unit Citation,

and numerous other person-

to attend the SAL Veterans'

Day observance Sunday.

The public is welcome

al and unit awards.

Sons Of American Legion Veterans Day Observance Sunday

ken arm, Rich continued

aiding those wounded, until

he lost consciousness and

was taken to a local hospital

were he received minimum

care and refused further

The Sons of the American Legion, Squadron 294, Cyril P. Morrisette Legion Post, will hold its annual Veterans Day observance Sunday, Nov. 7 at 1 p.m. at Flags for Veterans Island, Fort Square, Quincy.

The guest speaker will be decorated Marine combat veteran Richard Brewer. He is also a retired Massachusetts State Police trooper.

Growing up in a military police family, Rich Brewer was instilled with a belief in service and devotion to country and community. Graduating six months early from high school he enlisted in the Marines at the age of 17. Rich was meritoriously promoted to every

rank he received and became a sergeant in just 19 months. Early in his career, Rich was selected for the prestigious Marine Security rut as the city fell to militia

On Sept. 20th, 1984, Rich was severely wounded by a suicide truck bomb that destroyed the American Embassy of Beirut. Despite multiple lacerations, burns,

Guard School, which trains Marines to guard US Embassies around the World. After receiving a Top Secret Security Clearance from the US State Department, Rich was assigned to the American Embassy in Beirut, Lebanon in 1983-84, during some of the heaviest fighting of the civil war there. Rich took part in one of the largest evacuations of western personnel from a hostile country, evacuating over 3,000 westerners from Bei-

shrapnel wounds and a brotreatment so he could return

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more info.

Other important information: Rate/Annual Percentage Rate (APR) effective as of 10/27/21 and may change. Applies to 1-4 family owner-occupied homes. Assumes a maximum 80% loan-to-value and first mortgage position. Subject to credit approval. A 30-Year Loan would be repaid in 360 equal monthly principal plus interest payments of \$4.08 per \$1000 borrowed, which do not include taxes or insurance premiums, if applicable. So your actual monthly payment will be greater. NMLS#409557



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The Quincy Sun assumes no financial responsibility for typographical errors in advertisements but will reprint that part of an advertisement in which the typographic



Moments

THE HISTORY CHANNEL

• On Nov. 21, 1877, Thomas Edison announces his invention of the phonograph, a way to record and play back sound. Although initially used as a dictating machine, the phonograph proved to be a popular tool for entertainment. Edison acquired an astounding 1,093 patents in his 84 years.

• On Nov. 16, 1907, Indian Territory and Oklahoma Territory collectively enter the United States as Oklahoma, the 46th state. Oklahoma's name is derived from the Choctaw Indian words "okla," meaning "people," and "humma," meaning "red."

• On Nov. 19, 1915, British airman Richard Bell Davies performs a daring rescue, swooping down in his plane to whisk a downed fellow pilot from behind Turkish lines just as a group of enemy soldiers approached.

• On Nov. 20, 1945, in Nuremberg, Germany, 24 highranking Nazis go on trial for atrocities committed during World War II. The defendants faced charges ranging from crimes against peace, to crimes of war, to crimes against humanity.

• On Nov. 17, 1970, the court-martial of 1st Lt. William Calley, an Army platoon leader, begins. Calley had led his men in a massacre of 200 Vietnamese civilians, including women and children, at My Lai, South Vietnam. Calley was found guilty and initially sentenced to life imprisonment. He was paroled in 1974.

• On Nov. 18, 1987, a fire in a London subway station kills 30 commuters and injures scores of others after people began to smell smoke coming from beneath one of the King's Cross station's escalators. It was later revealed that debris and grease had built up under the escalator.

• On Nov. 15, 2001, Microsoft releases the Xbox gaming console, influencing the history of consumer entertainment technology. The cost of building each unit outweighed the sales price, which meant game sales were crucial. Luckily for Microsoft, their launch title (Halo) was one of the bestselling and most celebrated games of all time.

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Receding glaciers arved out cavities in the landscape. Some evolved into wet, muddy "bogs." Those with more sand and clay formed the perfect

environment for cranberry plants to grow in abundance. North American tribes harvested the sasumuneash, as they called the berries, for thousands of years. The cultivation of the cranberry by European settlers began around the early 1800s. Harvesting the berries finishes in October (by November the bogs become dormant) and the fruit is often used for holiday meals.

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Veterans Day Parade, Ceremony Nov. 11

Cont'd From Page 1 cy High School Marching Band.

*Local veterans organizations will also participate in the parade, along with Boy Scouts and Girl Scouts, and members of the North Quincy High School Junior ROTC.

The wreath-laying ceremony at the World War II statue at Merrymount Park will take place following the conclusion of the parade at approximately 11 a.m.

Lt. Comm. Monica Johnson, the commanding officer of Navy Operational Support Center Quincy, will be the keynote speaker for the ceremony. Other speakers will include Mayor Thomas Koch, City Council President Nina Liang, and Hurd, the OVC commander.

Nicholson and Bouchard will serve as masters of cer-Swanson, the QVC's chap- 2011 in various roles. She

lain, will deliver an invoca- then served as the naviga- chief of navy reserve as the tion and benediction.

Rebecca Morris, a senior at Quincy High School, will sing the national anthem. James Rheault, a fifth grader at the Atherton Hough School, will lead the pledge of allegiance.

In the event of inclement weather next Thursday, the observance will take place at 11 a.m. in the Quincy High School gymnasium, 100 Coddington St. Call 617-376-1194 for day-of information.

Johnson, nicknamed "Tomahawk," graduated from the University of Utah with a Bachelor of Fine Arts degree in 2007. She was commissioned from Officer Candidate School in March 2009 as a surface warfare officer.

Johnson served aboard the USS Bataan (LHD-5), emonies during the wreath- a Wasp-class amphibious laying. The Rev. John assault ship, from 2009 to

tor aboard the USS Laboon (DDG-58), an Arleigh Burke-class destroyer, from 2011 to 2013

Johnson affiliated with the Navy Reserve in 2013 and served at Joint Staff South in Suffolk, Virginia. She held positions as the executive aide to the reserve vice director of J7, assisted with the Multi-National/ Allied Command Transformation Division and as the assistant operational support officer for J1 directorate of the joint staff on ADSW.

Johnson re-designated to the FTS Human Resources Community in 2015. From 2015 to 2018, she served at Navy Recruiting Command as the operational support officer, director for reserve officer programs, SAPR point of contact and on the HR Development Board of Directors. From 2018 to Medals (two), and various 2021, she worked for the unit, campaign and service

director reserve flag matters managing a virtual "NOSC," responsible for operational and administrative support, RC flag policy, community management/detailing, joint qualifications, promotions/ retirements, executive education and pay/benefits for all RC flags.

Johnson holds a Master's Degree in Education from Regent University, is a graduate of Navy War Collage Fleet Seminar Program for JPME Phase 1, certified professional in human resources, certified Navy Lean Six Sigma Green Belt and awarded NSA Mid-South SAPR POC of the Year for 2017. Her personal awards include Meritorious Service Medal, Joint Staff Commendation, Navy Commendation Medal, Navy and Medal Maine Corps Achievement

Senate Approves New Legislative Districts

The Massachusetts State Senate voted 36-3 on Oct. 27 to adopt a redistricting plan that, if signed by Gov. Charlie Baker, would add the Town of Hanover to the Norfolk & Plymouth District currently represented by Democrat John Keenan of Quincy. The new redistricting plan will take effect in January 2023

"As our communities continue to change and expand, our legislative districts must likewise evolve," said Sen. Keenan. "I look forward to continuing to represent all of the communities in my current district for the rest of this legislative session and welcome the prospect of working on behalf of the residents of Hanover if I am fortunate enough to get re-elected."

As a result of the Oct. 27th vote, the Norfolk & Plymouth District would include the City of Quincy,

the Town of Abington, precincts 3B, 4B, and 6A in the Town of Braintree, and all of the towns of Hanover, Holbrook, and Rockland.

"I am confident that the changes enacted by the Special Joint Committee on Redistricting will ensure that the communities of Abington, Braintree, Hanover, Holbrook, Quincy, and Rockland continue to have a strong voice on Beacon Hill," said Sen. Keenan. "No matter where we live, we all want the same things from our government - great schools, responsive police and fire departments, reliable water and sewer infrastructure, clean air, library services, programming for our seniors, supports for our veterans, safe roads, sidewalks and bridges, and safe and affordable housing."

S.2560, An Act establishing senatorial districts, divides the Commonwealth into 40 senatorial districts that will be in effect until the next redistricting cycle following the decennial census

These districts are drawn based on data from the 2020 census and will double the number of majority-minor-Senate districts from three to six. The efforts to increase majority-minority representation include the strengthening of a Black 'ability-to-elect' district in Boston and the creation of a Hispanic 'ability-to-elect' district in the Merrimack Valley, along with the creation, strengthening or preservation of four 'opportunity-to-elect' districts in the Chelsea area, the Brockton area, Springfield, and Bos-

"By listening to residents throughout this process, we have passed a map that fairly and accurately represents the people of Massachusetts," said Senate President Karen E. Spilka (D-Ashland). "Additionally, these districts will better reflect the diversity of people who call Massachusetts home."

"I am deeply grateful to the New Democracy Coalition, the Drawing Democracy Coalition and the hundreds of individuals who came forward to help shape the Commonwealth's legislative districts for the coming 10 years," stated Sen. William N. Brownsberger (D-Belmont), the Senate chairperson of the Special Joint Redistricting Committee. "I believe that with their help we have ended up with a high-quality plan."

The Senate bill was passed by the House of Representatives and is now on the governor's desk. Complete details of the Senate map can be found at malegislature.gov/redistricting.

McDermott Participates In Roundtable On Probation And Parole Practices

Norfolk County Sheriff Patrick McDermott was invited to attend a roundtable discussion on sensible and fair probation and parole practices hosted by the REFORM Alliance along with Patriots Owner Robert Kraft, Joshua Kraft, and Hampden County District Attorney Anthony Gulluni.

Hosted at Gillette Stadium on Oct. 12th, McCermott shared practices and programs that the Norfolk County Sheriff's Office has to improve probation and parole experiences for justice-involved individuals.

"At the NCSO, we are

always looking for ways to

rehabilitate justice-involved

CHILICY

reduces jail time as much as possible and provides individuals the resources and support they need to improve their lives," McDermott said. "I appreciate having the opportunity to share our best practices and learn from other experts about ways to improve probation and parole systems."

McDermott shared with participants how the Sheriff's Office has had to think creatively to help justiceinvolved individuals take ownership over their rehabilitation, including the NC-SO's pre-trial justice program, which partners with Community Resources for

individuals in a manner that Justice through a \$50,000 grant from the MacArthur Foundation to provide support to offenders in custody for technical violations of their probation and looking to move back into the com+ munity under NCSO supervision. The McDermott also discussed the NCSO's collaboration with the Ouincy Drug Court that helps to expedite community treatment for justice-involved individuals who are on a waiting list by transferring them to NCSO care for assessment and placement into bed spaces with the Gavin Foundation. This program gets individuals into recovery and rehabilitation quick-

er and reduces the amount of time they are exposed to triggers and threats to their recovery while they wait.

The REFORM Alliance was founded in 2019 by Robert Kraft, Michael Rubin, Shawn "Jay-Z" Carter, and Meek Mill in order to transform probation and parole by changing laws, systems and culture to create real pathways to work and wellbeing. The roundtable discussion was organized to learn from the example that agencies, Massachusetts such as the Norfolk County Sheriff's Office, have set in developing fair and sensible probation and parole prac-

to a simple in given in the combons of

Scenes From Yesterday



THIS IS A 1915 postcard view of the old Quincy Center railroad station on the Old Colony railroad. It was located just south of where the present Red Line and commuter rail station is today. The view is looking north from what was Irving Place, a short dead-end street west of the tracks that later became part of today's Burgin Parkway. Either Depot Avenue or Saville Street - both of which are now under the walkways of the McIntyre

Mall - was used to reach the old depot from Hancock Street. The storefronts visible under the canopy on the right were at the base of the Hancock House Hotel, which became the site of McIntyre Mall. The building on the left was the A.J. Richard & Sons Company, the local source for hay, grain and mason's supplies.

From the Tom Galvin Postcard Collection

Free Community Yoga Class At Crane Library

Free community yoga class will take place every Wednesday in November from 9:30 to 10:30 a.m. at the Thomas Crane Public Library, 40 Washington St., utes before the start of the

Capacity for the in-person event will be limited and masks are recommended. Doors will open 15 min-

Instructor Rhiannon, of Humble Roots Yoga, uses physical demonstration, verbal direction, modifications

and variations to make this class suitable for beginners and seasoned yogis alike.

Bring a water bottle and

Revere, Don't Fear, Your Trees

It can be scary and dangerous when big branches, limbs, and even entire trees are knocked down by the high winds of a New England nor'easter. And storms will only get more forceful as climate change worsens.

However, those same towering trees provide far more benefits than risk in a warming world.

While storm-downed trees can cause injury or property damage, high temperatures are, by far, the most deadly weather-related threat. Heat waves kill upwards of 1,300 Americans every year, and that danger will only increase as global temperatures rise. Boston is projected to endure four times as many 90-degree days by 2030 as it did from 1971-2000.

Ailing trees should be professionally evaluated and pruned to reduce their risk of falling in severe weather. But a healthy urban tree canopy can cool down an entire neighborhood by as much as 10 degrees on a hot summer day saving lives, not to mention air conditioning costs.

We in Quincy are also at high risk of flooding as sea levels rise and storms get wetter. But our biggest trees are quietly doing hero's work by reducing stormwater runoff during downpours and absorbing thousands of gallons of groundwater per year. And while property damage caused by a fallen tree is covered by standard homeowners insurance, most flood damage is not.

What's more, while slowing sea level rise will demand that we take urgent action to change our energy infrastructure and cut carbon emissions, our oldest trees are already hard at work on that front: Trees are nature's most elegant, simple, and effective solution to the climate crisis, with each one sucking some 48 pounds of carbon dioxide out of the atmosphere each year.

It's important to understand that these benefits mostly come from big, full-grown trees. A single 20-inch-diameter tree absorbs more stormwater and carbon than 10 two-inch trees. So while planting new saplings is an important longterm climate solution that will pay big dividends in 20 years, saving the large trees we already have is far more critical in

Full grown trees can...

· Cool your home: One healthy tree provides as much cooling power as 10 window air conditioners, according to the US Forest Service - so a tall tree that shades your home will lower your electric bill. Want proof? Homes in one Worcester neighborhood that lost their street trees due

to an insect infestation in 2008 saw their energy usage climb nearly 40% the following summer.

READERS FORUM

• Absorb excess water: Trees are thirsty. A 100-foot tall tree can pull 11,000 gallons of water from the soil in a single year. Indeed, homeowners who cut down a full-grown tree may not realize just how much groundwater that tree was absorbing until after it's gone... and their basement is wet.

• Clean the air: Trees are powerful air purifiers, filtering air pollution from sulphur dioxide, nitrogen dioxide, ground level ozone, and other harmful particulate matter.

• Reduce stress: Spending just 15 minutes among trees lowers blood pressure and reduces the stress hormone cor-

• Improve health: Aromatic chemicals emitted by evergreen trees are shown to boost immunity, while hospital patients with tree views actually recover from surgery faster.

• Cool off the entire neighborhood: On hot summer days, the air temperature is up to 10 degrees cooler in neighborhoods with a dense tree canopy overhead. This isn't just due to shade; it's also because of evapotranspiration, where a tree releases water vapor through its leaves, which then cools the surrounding air as it evaporates.

• Increase your home's resale value: Multiple studies have shown that homes with large, stately trees out front see a 3% to 15% boost in resale values. In Quincy, where the median sale price of a single family home is now \$595,000, even just a 3% increase in property value equates to an \$18,000 "tree premium" for your home.

• Fight crime: Even controlling for socioeconomic factors, researchers in New Haven, Connecticut, found that every 10% increase in tree canopy corresponded to a 15% drop in violent crimes and a 14% reduction in property crimes. Other studies have produced similar findings

· Reduce noise pollution: Trees and shrubs also dampen excess noise, such as sirens, traffic, and car alarms.

If you'd like to help protect our city's trees, visit Quincy-TreeAlliance.com. And if you have a towering tree in your yard, be grateful, not fearful. That sophisticated piece of urban engineering took Mother Nature 50 or 100 years to build. Preserve it — you deserve it.

Jon Gorey Quincy

Quincy's Yesterdays

This Week 1958 63 Years Ago

80 Percent Turnout Expected For Election

The Democrats' drive to take over the 13th Congressional District, state senate seat in the Quincy-Braintree District and at least three house seats, in addition to retain the one gained four years ago, is expected to be a major factor in bringing out the vote on the South Shore.

The 80 percent figure generally held four years ago in the list of off-year elections when there was not as strong a fight between the two major parties for local offices.

Both the Republicans and Democrats carried out strong registration drives to get every eligible voter on the voting lists.

At the Quincy city clerk's office, 440 absentee ballots have been processed to date.

In the last off-year election in 1954, 79.5 percent of Quincy voters turned out to cast their ballots.

BURKE WINS SEAT IN CONGRESS. DEMOCRATIC SWEEP INCLUDES S.S. OFFICES

The Democratic election sweep covered the South Shore, as well as the state and the nation when that party locally wrested from the Republicans a seat in Congress. James A. Burke (D-Milton) defeated State Representative William W. Jenness (R-Quincy). Mr. Burke polled 88,223 votes to Rep. Jenness' 77,247.

Democratic City Councillors Charles Shea, James McIntyre and Joseph E. Brett won seats in the state legislature, replacing incumbents. Republican State Senator Charles Hedges and Republican State Representative and Quincy Mayor Amelio Della Chiesa retained their seats in the state legislature.

QUINCYISMS

Morey Pearl's Southern Artery, Quincy, was advertising: "One Quart of Clams \$1.80 and Three Hunks of Fish for \$1"... Public Finance, 67 Parkingway, Quincy Center, was advertising: "Loans in One Day \$25 to \$1,500 on Your Name Only"... Quincy Motor Co., 85 Quincy Ave, was offering: "A-1 Used Cars With Low Cost Bank Loans Available"... Plans were made to dedicate a new chapel at the Atlantic Methodist Church, in memory of Mrs. Pearl Duvall, wife of the Rev. William H. Duvall, the church's pastor... "Raw Wind in Eden," starring Esther Williams and Jeff Chandler was playing at the Art Theater, Hancock St., Quincy Center... Allied Home Modernizing Corp, 117 Washington St., was offering: "The First Quality Storm and Screen Windows, Only \$12.50, Completely Installed"... Ralph Moorhead, treasurer of the Quincy Cooperative Bank, announced that over \$204,000 was paid in dividends to the depositors of the bank. The payout was the largest quarterly dividend in the bank's history... Sheridan's of Quincy was advertising: "Flat or Cuban Heeled Nylon Boots for \$3.99"... Capitol Supermarkets, 1508 Hancock St., Quincy Center, was advertising: "Pork Roast, Tender Young Western Porkers, Lion Rib Cut, 29 Cents a Pound"... The stepby-step three month training program of the State Police was presented at a noon meeting of the Quincy Lions Club at the Fox and Hounds Restaurant. Lions President John Ortiz presided at the business meeting, while Paul Hunt was the program chairman... Fore River Motors, 418 Quincy Ave., announced: "An Addition to Our Distinctive Line Up of Fine Cars-the 1959 Edsel. Come In and Drive This Exciting New Kind of Car." ... Mrs. Julia Brown, 95, 50 Beach St., Wollaston, voted in the recent election, to maintain her record of having voted in every election and primary since women's suffrage was instituted... Councillor Thomas S. Burgin has suggested that the voting places for Precincts 1 and 2 of Ward One be changed from their present location in City Hall. Councillor Burgin said, "this situation in City Hall, with the steep flight of stairs, is the worst in the city"... Lodgen's, "where your neighbor trades," was offering: "Brisket Corned Beef, A Super Value at 39 Cents a Pound"... Miss Jane Alexander, 27 Estabrook Rd., Wollaston, has been elected Secretary of the Class of 1962 at the Boston College School of Arts and Sciences... Miss Frances Iovanna, daughter of Mr. and Mrs. John Iovanna of Quincy, has been elected president of her class at the Laconia Hospital School of Nursing in Laconia, NH.

YMCA's 'Taste Of The South Shore' Raises \$275,000

strengthen communities by in the ballroom of Lombardo's for the Y's signature fundraiser. The Taste beverage companies. of the South Shore, a tastraise money that helps the Y serve the community.

The pandemic has forced many organizations to put large gatherings on hold, dealing a major blow to charitable non-profits like the South Shore Y who rely upon funds raised to sustain vital community programs and services.

again challenged to reimagine its popular fundraiser and on Oct. 21, the Taste of via computer or mobile dehome while enjoying a "heat and eat" Taste Dinner Box, which included four courses prepared by different area restaurants, paired with local craft beers or wines.

Thanks to the generosity of the event's sponsors,

The YMCA exists to partners and donors, the event raised \$275,000 to bringing people together, support the Y's mission to and for over 20 years, the ensure that no one on the South Shore YMCA has South Shore goes hungry gathered over 700 people during the holidays and beyond, while also supporting local restaurants, food and

ing event which assembles colder weather approaching, the best chefs in the area to the South Shore Y is prebors and children.

"There is still a ma-YMCA President



TASTE OF THE South Shore 2021 Best Dish Winner, The said Paul Wahlberg, "and Chefs Table.

With the holidays and

paring to meet an expected increased need for food service assistance. Funds raised through the Taste of the South Shore support the Y's food pantry and Holiday Assistance Program that brings holiday meals, warm clothes and gifts to neigh-

This year, the Y was once jor need to assist people on the edge of food insecurity," said South Shore the South Shore was held CEO Paul Gorman. "Since virtually. Guests tuned in March of 2020, our South Shore YMCA Germantown vice to watch the action at Neighborhood Center food pantry has been operating at four times its normal capacity, with lines that wrap around the building. We serve about 700 people each week through our food pantry, which includes adults,



tition where top local chefs prepared, plated and paired their signature dishes with local craft beer and wine selections before an intimate audience of Y supporters and partners.

David Lombardo of Lombardo's in Randolph hosted the Best Dish competition between chefs Eric Caron, Executive Chef of Lombardo's, Mark Ellis, Executive Chef and owner of The Chef's Table catering, Fuji Group's Executive Chef and Owner Jimmy Liang, along with Executive Sushi Chef, Ming Cao, Anthony Mazzotta, Executive Chef of Lucca South Shore, and Paul Wahlberg. Executive Chef and Owner of Alma Nove.

"We grew up as Y kids,"



TASTE OF THE SOUTH SHORE 2021 competing chefs and Best Dish winner, Mark Ellis, Executive Chef and Owner, The Photos Courtesy South Shore YMCA

this is our favorite event of the year. We are excited that the Y came up with a way to hold the event and make it entertaining."

The winner of this year's Best Dish Award went to Mark Ellis of The Chef's Table, a catering business he owns along with wife Julie Ellis. Ellis prepared a grilled filet of beef with demi-glace, scallion mashed Yukons in a crispy potato basket atop a spinach mousse. The dishes

were judged by participants based on presentation, taste and creativity.

"It is an honor participating in The Taste along with these amazing chefs," said Ellis. "This event is so important to us, to our company and to our community. We are proud to be a part of

"We're thrilled to support the event," said Lombardo. "Restaurants and hospitality businesses like ours are still

struggling, but we always do what we can to support the Y and its mission. This event does both by raising funds for the Y while purchasing meals from local restaurants."

For details, photos and video from the event, and information on how you can support the South Shore YMCA food pantry and holiday assistance program, visit ssymca.org/taste2021.



ALMA NOVE Executive Chef and Owner, Paul Wahlberg, prepares for The Taste of the South Shore 2021.



TASTE OF THE SOUTH SHORE 2021 emcees Paul Gorman, president and CEO of South Shore YMCA and Billy Costa of Kiss 108 FM and Dining Playbook. "Treestance of the contract of



LUCCA SOUTH SHORE General Manager Julie Schorle, Executive Chef Anthony Mazzotta, Action of action of all all and host David Lombardo of Lombardo's

Social

Fair For All Seasons Nov. 6 At St. Thomas Aguinas Hall

A Fair For All Seasons will be held Saturday, Nov. 6 from 10 a.m. to 3 p.m. at St. Thomas Aguinas Hall, Darrow Street, Quincy.

The fair will feature homemade craft items, quilts, jewelry, blankets, wood signs, sun catchers. aprons and bibs, ceramics, t-shirts, nature photos, bags, cooking salts, wooden crafts, crocheted bags, ornaments, knitted items and

There will also be a kitchen, raffles, kids table and bake table.

Admission is a non-persihable food or toiletry item.

The fair sponsored by the Holy Trinity Parish. For vendor or more information contact Eileen Timcoe, etimcoe@yahoo.com 617-479-4107.

Houghs Neck Congregational Church Fair Nov. 13

The Houghs Neck Congregational Church Fair will be held Saturday, Nov. 13 from 9 a.m. to 2 p.m. at the church, 310 Manet Ave., Quincy.

Credit cards will be ac-

cepted; cash/checks preferred.

Fairgoers should wear a mask inside the church building. The cafe is currently closed; no meals for

Book Sale Saturday At Milton Public Library

The Friends of the Milton Public Library will host its annual Great Books Sale, in the Keys Community Room, on Saturday, Nov. 6, from 10 a.m. to 3 p.m.

The sale features more than 750 newly donated collectible, unusual, and gift giving selections, priced at \$2 and \$5, and sorted by category, including art, history, biographies, fiction, and more.

The Friends Book Shop will also be open during the

sale with its regular selection of gently used books priced from \$.50 for children's books to \$2-\$3 for adult books. Cash, checks. Venmo and credit cards are accepted at the sale located on the lower level of the Milton Public Library at 476 Canton Ave., Milton.

Proceeds from the sale support Library program-

To learn more about the Friends or to volunteer, visit www.mplfriends.org.

Thrift Shop Open Saturday

The Mite Box Thrift Shop at St. Chrysostom's Church, corner of Hancock Street and Linden Street, Ouincy, will be open Saturday, Nov. 6 from 10 a.m. to

The Mite Box thrift shop is also open Thursdays and Fridays from 10 a.m. to 2

Shoppers are asked to wear a mask inside the shop.

Aspen Dental Free Dental Care For Military Veterans Nov. 6

In recognition of Veterns Day, Aspen Dental locations nationwide will open their doors to provide free care to military veterans across the country.

Now in its 7th year, the Day of Service provides much-needed dental care for veterans at no cost to honor their service and break down barriers to health care.

Aspen Dental's Day of Service will be held Saturday, Nov. 6, from 8 a.m. to

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Veterans can call 1-844pointments are required.

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Two Quincy Dancers To Be Featured In South Shore Ballet Theatre's 'The Nutcracker'

Two Quincy student dancers will shine while celebrating the magic of the holidays through the joy of dance, when they perform in South Shore Ballet Theatre's (SSBT) seasonal classic "The Nutcracker". on Dec. 18 and 19, 2 p.m., Thayer Academy Center for Performing Arts, 745 Washington St., Braintree.

SSBT student Owen Veith stars in the role of Fritz/Nutcracker Boy, and Claire Buchholz appears as an Angel.

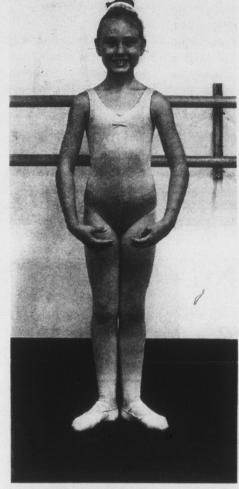
For over 13 years South Shore Ballet Theatre's fulllength production of The Nutcracker has celebrated the magic of the holidays on Boston's South Shore. Based on E.T.A. Hoffman's tale "The Nutcracker and the Mouse King," and set to Tchaikovsky's treasured musical score, The Nutcracker is the dance classic that offers quintessential enchantment in holiday season entertainment. Become entranced by Clara as she explores a charmed world from her family's living room on Christmas Eve, adventures through an enchanted forest of dancing snowflakes, into the magical Land of The Sweets led by the Sugar Plum Fairy.

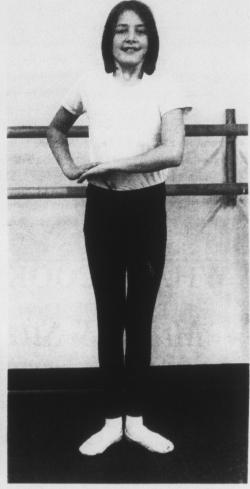
"Resuming live performance is vital to the education and development of our dancers, especially following the limitations of the pandemic. We are very excited to welcome back the community to our annual tradition of The Nutcracker and are very grateful to Thayer Academy and their leadership for our long-term collaborative relationship supporting the arts on the South Shore," said SSBT Founding Artistic Director Marthavan McKeon.

Known for its spectacular professional-quality productions, SSBT engages guest artists in The Nutcracker's leading roles, including Nichola Montt of Hanover as Sugar Plum Fairy, Rachel Smith of Plymouth as Dew Drop, and Haissan Booth of Dorchester as Drosselmeyer. The production also engages 92 student dancers

Interior decorating. home décor sewing, downsizing/decluttering,

> home staging, decorating seminars





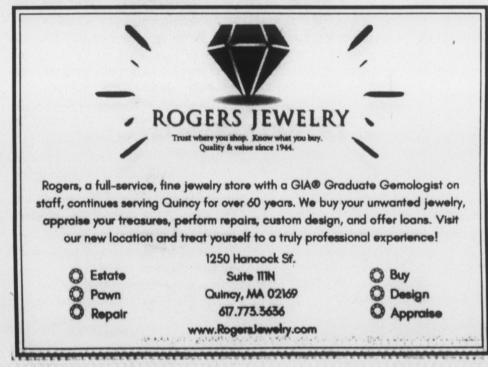
TWO QUINCY STUDENT dancers - Claire Buchholz (an Angel) and Owen Veith (Fritz/Nutcracker Boy), will perform in the South Shore Ballet Theatre's "The Nutcracker" in December. Photos Courtesy South Shore Ballet Theatre

from SSBT ballet training programs, gathered from 24 South Shore communities.

Tickets to The Nutcracker are \$22, available for purchase starting Nov. 15, available at buy.tututix.com/ southshoreballettheatre. The performance is familyfriendly and plays at about 90 minutes. If the scheduled performances are an early sellout, a third performance will be added on Saturday, Dec. 18, 6 p.m., visit the website for updates. For more information about SS-BT's programs, tuition and performances, visit southshoreballettheatre.com, call 781-312-7224, or follow South Shore Ballet Theatre on Facebook, Instagram, Twitter or Pinterest.



THE OUINCY COUNCIL on Aging recently held its annual Fall Craft Fair at the Kennedy Center. From left to right are state Rep. Bruce Ayers, Marie Ferent of the Council of Aging, Councillor Noel DiBona, Mark Goodwin and William DelMonte. Courtesy Photo



10-for-10th Clearance Sale At Crane Library Bookstore

By MIRIAM JOSEPH

In celebration of the Crane Library Bookstore's 10th successful year in operation, patrons are invited port Crane Library proon Saturday, Nov. 6th to purchase a paper shopping bag for \$10 and fill it up with books and media of one's choosing, no checkout necessary.

From 10 a.m. to 4 p.m., the 10-for-10th Clearance Sale offers a large collection of fiction, history, biography, mystery, classics, children's books for all ages,

and a huge assortment of DVDs and CDs.

Bookstore earnings supgrams which are not funded how-to programs, concerts, public lectures, and programs for children and teens at the main library and its

The inspiration and incentive to establish a bookstore was sparked around 12 years ago by former TCPL Director Ann McLaughlin Covid-crippled by the clos-

Friends of the Crane Li-

The Friends, along with by the city, such as movies, a generous grant from Quincy's Community Preservation Fund, began a redesign of the library's original Children's Room, which has a convenient separate entrance on Spear St., and the bookstore evolved into more than an idea!

Although earnings were

gardening and cookbooks, and bookstore committee ing of the store in March member Harold Crow- of 2020, in its ten years of ley, then President of The existence the shop's net proceeds have exceeded \$170,000, averaging approximately \$20,000 annually in most recent years.

Crane Library Director Megan Allen says, "The Friends have shown incredible dedication and creativity in planning, launching, and then sustaining such a successful bookstore operation for ten years.

"They've not only met their goal of raising significant money for library programs, they've also created a wonderful community of volunteers who keep it all running and a popular destination for shoppers of all ages to find books and media for them-at unbeatable low prices.

"I'm so impressed with all the Friends have accomplished and so grateful for their unwavering support, even throughout the pandemic when they continued to sponsor online programs and events while the library was closed for in-person services."

Bookstore committeemember Eunice Charles is one of the dedicated volunteers who sort and shelve materials on a regular schedule. "I love reading and have had a library card since I was a child, but I also enjoy browsing through used books for my 'to be read' shelf.

"I was excited when the Friends of the Library decided to open a bookstore,

CRANE LIBRARY BOOKSTORE committee member Elizabeth Solomon and Chairperson Bill Mackey invite patrons to the store's 10th anniversary 10-for-10th clearance sale, offering a shopping bag full of books and media of one's choosing for just \$10. The sale will be held Saturday, Nov. 6th from 10 Photo Courtesy Miriam Joseph a.m. to 4 p.m.

and I've been on the committee for the past ten years. I enjoy my work, especially recruiting the volunteers who staff the store during operating hours. We have a great group of loyal volunteers, and they help make

our store a success." Retired Quincy schoolteacher and bookstore committee-member Betty Molloy, who manages the Children's section of the shop says, "Reasonable prices are meant to encourage children in the City of Quincy to become fluent

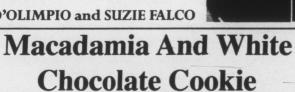
"All our book groups are labeled by age to make it easier for parents and children to choose books from the appropriate level. I know from experience that nothing succeeds like success. Your child will become a better reader by owning their own books and reading for pleasure."

The shop carries children's Board Books (6 mo.-3yrs), Picture-storybooks

WHAT'S COOKING

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



By MARIE

I am so excited for today's recipe for Macadamia nut and white chocolate chip cookie. After a two-year hiatus, the baking club has resumed to the delight of a group of foodies. It returned with this smashing cookie recipe, which was the best that we ever tasted.

I asked Priscilla, the director of the Club. to make a few thick large cookies. She used an ice cream scoop and placed cookie batter on an ungreased cookie sheet and then made another batch of smaller cookies. Both size cookies were enjoyed by all of us.

Directions and Ingredients

Preheat oven to 350 degrees - Prepare 2 large cookie sheets

1 cup butter, softened

3/4 cup packed, light-brown sugar

½ cup white sugar

2 eggs

½ teaspoon vanilla extract

½ teaspoon almond extract (this one can be optional)

2 and ½ cups all-purpose flour

1 teaspoon baking soda

½ teaspoon salt

1 cup coarsely chopped Macadamia

1 cup coarsely chopped white chocolate or you can use white chocolate chips



Preheat oven to 350 degrees - bake on an ungreased cookie sheet

In a large bowl cream together the butter, brown sugar and white sugar until smooth.

Beat in the eggs one at a time, then stir in vanilla and almond extract if you are using both extracts.

Combine flour, baking soda and salt.

Gradually stir into the creamed mixture. Fold in the Macadamia nuts and the

white chocolate chips. Drop by teaspoon on a cookie sheet or use an ice cream scoop to make a bigger

cookie. Bake for 10 minutes or until golden brown.

These cookies are absolutely the most delicious cookie that you will ever bake!

Elana's Pantry Everything Bagels

By SUZIE

Here is a recipe for a very healthy bagel that is loaded with protein, fiber, and nutrients and contain no grains for those who are watching their carbohydrate intake.

This is a great recipe for diabetics and for those watching their blood sugar, and weight. A regular bagel is loaded with unhealthy carbohydrates, and are basically nutrient depleted.

But, who doesn't like a warm toasty bagel in the morning with their tea? If you don't have a pastry bag, just use a ziploc baggie with the tip snipped off. The recipe comes from "Elana's Pantry" website.

"EVERYTHING BAGELS" -These make 50 mini bagels! 1 1/2 cups almond flour 1/4 cup golden flax meal

1 tablespoon coconut flour

1 teaspoon baking soda

1/4 teaspoon sea salt

5 large eggs (Remember, don't be afraid of eggs. They used to be demonized in regards to cholesterol numbers, but have rightfully been vindicated.)

2 tablespoons apple cider vinegar 1 tablespoon each of poppy seeds, ses-

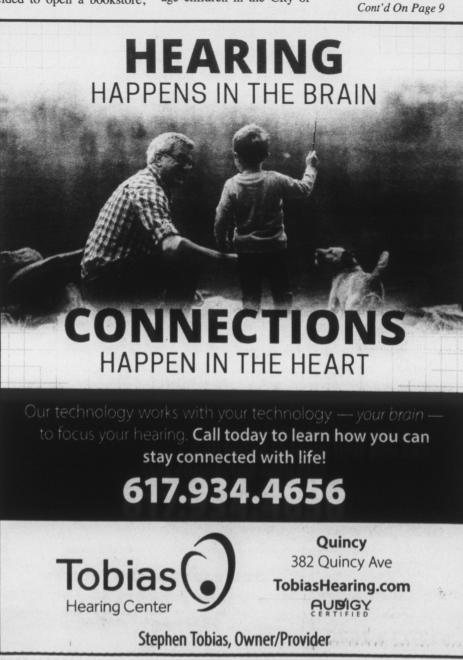
ame seeds, and onion flakes

In a food processor, pulse almond flour, flax meal, coconut flour, baking soda, and

Add eggs and vinegar and pulse thoroughly until combined. Fit a pastry bag with a 3/8 round tip and

fill with batter. Pipe into a greased mini donut pan. Sprinkle with seeds and onion flakes.

Bake at 350 for about 15 minutes. Let cool for 10 minutes. Enjoy!



Social Security Matters

Is Waiting Until 70 Still The Best Plan To **Maximize Social Security?**

By RUSSELL GLOOR **National Social Security Advisor** at the AMAC Foundation, The Non-Profit Arm of the Association of Mature American Citizens

Dear Rusty: My wife started her Social Security at 62 in March 2017 and I filed a Restricted Application to collect a spouse benefit from her shortly thereafter. Our plan is for me to file for my own Social Security later this year when I turn 70. Then my wife will file for her spousal benefit from me. Our life expectancy is 93 & 96. Is this still the best plan for maximum payments? Signed: Planning Ahead

Dear Planning: Yes indeed. You've chosen an excellent strategy, and one which is no longer available to younger beneficiaries. The Restricted Application option you chose, to get only spouse benefits and let your own increase, was eliminated for anyone born after January 1, 1954.

When you turn 70, you will be eligible for your maximum SS retirement benefit to start at that time. Social Security recommends that you apply about 3 months before you wish benefits to begin (you will specify on the application when you want benefits to start), so you can apply before your birthday if you like but just be sure to be explicit that your benefit-start-month is the month you turn 70. That way, you won't lose any of the Delayed Retirement Credits (DRCs) you've been accumulating since you reached your full retirement age (FRA) of 66. Your benefit at age 70 will be 32% more than it would have been at age 66.

Note that when you apply, Social Security will probably offer to pay you 6 months of retroactive benefits. Although that lump sum can be quite tempting, accepting it will also reduce your Social Security benefit amount by 4% for the remainder of your life. With a life expectancy in your 90s, I suggest you choose wisely.

After you have submitted your application for Social Security retirement benefits your current spousal benefit will stop as soon as your higher benefit starts. After you apply for your age 70 benefit, your wife's spousal benefit will be automatically awarded when your own benefit begins (automatic because she was born after January 1, 1954). For information, your wife's spousal benefit will be based upon your full retirement age benefit amount, not the increased amount you will receive because you delayed until age 70. You should also be aware that your wife's benefit as your spouse will be less than 50% of your FRA benefit amount because she claimed her own benefit at age 62 (claiming her own benefit early affects her spousal benefit amount).

Nevertheless, with a life expectancy in your 90s you have chosen an excellent strategy which will pay you the highest possible monthly amount and the most in lifetime cumulative benefits, while also providing the highest possible survivor benefit for your wife should you die first. Although waiting until age 70 to claim isn't the right decision for everyone, in your specific case I congratulate you for making a very wise choice.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@ amacfoundation.org.

Buck-le Up! Deer Crashes Abound In Autumn

As daylight saving time comes to an end, Massachusetts drivers need to buck up this fall and be on the lookout for deer - and the increased risk of becoming drowsy behind the wheel due to the time change.

A driver crashed into a deer once every two hours, on average, in the Commonwealth between October and December in 2020, according to a AAA Northeast analysis of Massachusetts crash data.

There were 1,402 deer crashes during that period with the most occurring between 6 and 8 p.m. After the time change, most crashes were between 5 and 7 p.m.

Deer crashes peak in autumn because it's deer mating season, which means they're on the move at dusk and dawn - just like commuters driving between work and home. It's a recipe for potentially serious crashes, particularly because visibility decreases in the fall as each sunrise is later and sunset is sooner. The vast majority (81 percent) occurred outside daylight hours.

"Drivers need to be especially vigilant and anticipate deer darting into the roadway, especially during evening hours," said Mary Maguire, Director of Public and Government Affairs for AAA Northeast. "And I speak firsthand-I hit a deer just last night on a dark, wooded road, and did a lot of damage to my car. Fortunately, I was able to brake, and I had my seat belt on, but it could have turned out very differently if that deer had come through my windshield. I've also had deer dash out in front of my bike in wooded areas, so cyclists should be watchful as well!"

Along with earlier sunsets, the end of daylight saving time can also increase the risk of drowsy driving. The time change can disrupt circadian rhythms and contribute to loss of sleep. According to AAA Foundation for Traffic Safety research, losing one to two hours of sleep can double your crash risk, and an individual operating a vehicle with five hours of sleep or less in a 24-hour period faces crash risk as someone driving drunk.

crashes across the Commonwealth, but some regions see more incidents than others.

The top counties for deer crashes in Massachusetts last year were Worcester (248), Bristol (194), Plymouth (192), Middlesex (184) and Essex (125)

Top towns for deer crashes last year were Westport (24); Andover (21), Middleborough (18), New Bedford (17), Plymouth and Bellingham (16), Freetown and Winchendon (15) and Sherborn (14).

Most deer-related crashes occur because drivers simply don't see deer crossing the roadway in low-light conditions. But many crashes occur due to driver distraction or inattentiveness. AAA reminds motorists to:

· Slow Down. Reduce speed in low-light conditions, which will give you more time to respond to unexpected wildlife movements.

· Scan off-road areas. Deer may dash out from the shoulder or wooded areas adjacent to the road.

• Be patient. Where there is one, there may be many, so don't speed off after a deer crosses your path as there may be more nearby.

• Be prepared. If a collision is unavoidable, apply the brakes firmly and re-

main in your lane; swerving sharply to avoid an animal can cause an even more serious crash.

The best way to avoid a deer crash is to never drive drowsy or distracted or with excessive speed. In the event a deer crash is unavoidable, swerving is almost never a good option, especially on country roads. Going to the right could send the vehicle into a ditch, tree or light pole. Swerving to the left could result in a lethal headon crash. And remember to not get behind the wheel if you're already tired. Rest first, and remember that sleep is the only substitute for lack of sleep.

10-for-10th Clearance Sale **At Crane Library Bookstore**

Cont'd From Page 8

(3yrs.-6yrs.), 'I can read' (6yrs.-10) and Chapter books (8yrs.-14yrs.). Also available are classics, award winners, and seasonal CD's and DVD's for children.

Should patrons prefer not to participate in 10-for-10th bag sale, DVDs sell for \$1, as well as CDs of every musical genre, hard cover books for \$2 and paperbacks for \$1, with even lower pric-

ing for children's books and mass-market paperback novels.

The shop is open on Thursday evenings from 6 p.m. to 8 p.m. and on Saturdays from 10 a.m. to 4 p.m. with private entrance in rear of the historic Thomas Crane Public Library. This 10-for-10th clearance sale will create space in the store to accept new donations and

After the clearance sale, the Crane Library Bookstore will accept 2-bag maximum donations of books and media in re-sellable condition; fiction, Non-fiction, biographies, children's books, paperbacks, DVD's and CD's.

Books in poor condition. magazines, encyclopedias, textbooks, outdated reference books or computer software and games are not acceptable.





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"Rock Solid Security"

The suspect failed to stop for Officer Dabilis after accelerating away. He made it into the Town of Braintree and failed to stop for the Braintree Police. The suspect ultimately made good on his escape on that date. A warrant for the arrest of the suspect was issued by Quincy District Court. The warrant specified several felony charges.

Subsequent to that incident, detectives learned that the suspect was also involved in a pursuit on Morrissey Boulevard in Boston on Sept. 26 with the Massachusetts State Police. The suspect made good on his escape on that date as well

On Monday, Oct. 18, detectives were conducting surveillance of a residence in North Quincy area. Over the course of approximately two hours of surveillance, detectives observed four different instances which they believed, based on their collective training and experience, to be drug deals in the driveway of a specific address. Detectives had conversation with a confidential source that told them that the resident was selling cocaine from his residence. The cocaine was supplied by a middle-aged, short, bald, Hispanic male who goes by the nickname of "Tito" and drives an older blue Toyota Camry. The confidential source provided the registration plate of the vehicle.

Detectives showed the confidential informant a picture of the person who had previously fled from them on Monday, Sept. 13. The confidential source positively identified the individual as "Tito."

On Tuesday, Oct. 19, members of the DCU were working the 4 p.m. -12 a.m. shift. Detectives were conducting surveillance on the specific residence mentioned earlier. Detectives were dressed in plain clothes and operating unmarked, non-traditional police vehicles. Detectives were assisted by Officer Dabilis and his single purpose drug detection K9 partner Karl.

At approximately 7:50 p.m., detectives observed an older blue Toyota Camry traveling in the area. Detectives drove by the address and observed a blue Camry parked in the driveway. After approximately 10 minutes, Detectives observed the Camry pull out of the driveway and drive back towards Newport Ave. The Camry then turned northbound on Newport Avenue, at which time a detective was able to observe the operator and positively identify him as "Tito."

Detectives followed the Camry as it made its way up onto the Neponset Bridge towards Boston. Surveillance followed the Camry, which came to a stop at the traffic light

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

turning onto Gallivan Boulevard in Boston. Detectives' vehicles were positioned in front of and behind the Camry. A decision was made to place the suspect under arrest.

Due to his previous attempts to flee, detectives attempted to close any avenue of escape. Officer Dabilis, who was behind the Camry, activated his blue emergency lights. The suspect immediately turned the Camry to his right towards the sidewalk to flee, but was forced to turn back due to the high curb and cement wall. The suspect then struck one of the unmarked DCU vehicles while attempting to drive away.

Detectives approached the vehicle with their badges conspicuously displayed and announced "police." Upon the detectives' approach, the suspect leaned to his right and had his hands down and out of sight, refusing commands to exit the vehicle. Detectives were aware that the suspect had been previously arrested on firearms charges.

Detectives drew their department issued firearms and ordered the suspect to show his hands and get out of the car. The suspect then put his hands up and opened the door. He was removed from the vehicle and brought to the ground, where he was placed into handcuffs. Detectives searched the suspect and located \$1,636. They seized one medium-sized plastic bag of white powder and 11 additional smaller bags of a white powder from the Camry. Detectives immediately recognized this powder to be cocaine, based on their training and experience.

Detectives then drove to the residence where the Camry had stopped earlier. The resident turned over approximately 1 ounce of marijuana and approximately 52 grams of white powder substance believed to be cocaine. The resident purchased the marijuana and cocaine from "Tito." Detectives advised the resident that a summons for Trafficking Cocaine +36 grams would be forthcoming.

The 56-year-old male from Brockton was transported back to the Quincy Police Station where he was booked in the usual manner. The cocaine seized from the vehicle weighed approximately 17 grams, with packaging. He was charged with trafficking cocaine +36 grams, distribute Class B (cocaine) - subsequent offense, distribute Class D (marijuana) - subsequent offense, and operating a motor vehicle after license suspension. The total weight of the cocaine seized from the resident totaled approximately 68.90 grams. Field tests conducted on the powder confirmed the presumptive presence of cocaine.

A total of \$1,636 and an Android Smart Phone were Paul Keenan.

seized as the money is believed to be proceeds from drug transactions and the Android is believed to have facilitated those transactions.

Great work!

Quincy Police Sergeant Patrick Faherty was recently presented with the Irish American Police Officers Association Lifesaving Award for his actions on Nov. 15, 2019. At approximately 12:40 p.m., a detail officer was informed by a civilian that a woman had entered the waters of Quincy Bay at Wollaston Beach. The reporting party stated that the woman had removed her jacket and shoes and began walking out into the ocean. The temperature was in the 40s at the time, with a water temperature not much higher.

Numerous officers were dispatched to Wollaston Beach. One of the first on scene was Sergeant Patrick Faherty. After locating the woman's shoes and jacket near the shoreline, he eventually spotted her further out in the bay. Sergeant Faherty immediately called for the Marine Unit and the two patrol cars that have survival suits as standard equipment. Fearing it would take too long for the equipment to arrive, Sgt. Faherty made the decision to enter the water and swim out to the victim.

After just a few minutes Sergeant Faherty began to suffer the effects of hypothermia, having to turn back before reaching the victim. Sergeant Fahety returned to shore and was transported to Quincy Medical Center. Massachusetts State Police and Quincy Police Marine Units arrived on scene and the victim was pulled aboard. She was transported to a local hospital, miraculously alive.

For his heroic actions, Sergeant Faherty was presented with the IAPOA Lifesaving Award. Presenting the award was Officer Robert Sweetland, president of the Irish American Police Officers Association (photo below).



SERGEANT PATRICK FAHERTY (center) with Officer Sweetland (president, IAPOA), left and Quincy Police Chief Paul Keenan.

Photo Courtesy Quincy Police Department

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, OCT. 22

BREAKING AND ENTERING/PROGRESS (business), 1:52 a.m., Franklin Street. Front motion alarm activation. Key holder requesting dispatch. Units encountered suspect during this incident. X5 was sent to evaluate. No EMS, police matter. Arrest for breaking and entering, night-time.

LARCENY/MOTOR VEHICLE (overdue rental), 7:17 a.m., Quincy Avenue. Employee wants to talk to an officer about 2 UHaul trucks that were rented and never returned, one from June and one from September. One was already found in Brockton. Complaint submitted.

VANDALISM/PROPERTY (car), 8:38 a.m., Babcock Street. Salsa poured on car, no suspect info. Case number given. Reporting party will check with neighbors for possible camera footage.

LARCENY, 2:15 p.m., Commander Shea Boulevard. Report.

ASSAULT AND BATTERY (past), 5:08 p.m., Granville Street. See caller in police lobby. States neighbor harassing and threatening her. Report filed.

VANDALISM/PROPERTY (car), 10:12 p.m., Ellerton Road. Paint on car and reporting party states other vehicles have been vandalized in the neighborhood. 782 spoke with the caller. The caller only wanted a case number and to let the area cars know what had occurred. Case number provided advised clear.

VANUALISM/PROPERTY (unknown transfe), 11:37 p.m.. Petral Road, Yelling for help coming from another unit. Heart banging and windows being broken Party says she is bleating. Reporting party is having a hard time understanding what is going on. Possible male and female in unit. One to Boston Medical Center. Report for malicious damage to be filed.

SATURDAY, OCT. 23

LARCENY (iPhone taken), 11:20 a.m., Falls Boulevard. Was taken off pocketbook when not looking. Customer in the store wants officer. By the service desk now. Believes possibly another customer took phone when not looking. Report.

VANDALISM/PROPERTY (vehicle), 2:29 p.m., vandalized with Atherton Street. Tires slashed. Reporting party is waiting by vehicle in front of house. Report.

LARCENY (package), 2:31 p.m., Harvard Street. Possible larceny. Box in front of house. Neighbor might have seen theft. Report.

SUNDAY, OCT. 24

LARCENY (mopeds), 9:32 a.m., Rock Island Road. Two mopeds stolen, were chained and the locks were cut. Possibly located on Manet Avenue. Reporting party responding. State called and notified heading towards Neponset River Bridge direction on Quincy Shore Drive north. Boston notified via Bapern. In silver Jeep Cherokee. Located the mopeds. Involved motor vehicle was stopped by F-771 at 672 Sea St. Vehicle fled at high rate of speed Sea Street to Quincy Shore Drive northbound. Pursuit terminated by sgt. Involved vehicle is a grey Jeep Laredo, operator of motor vehicle is a black male. Involved motor vehicle fled northbound on Quincy Shore Drive and did not stop for any signal lights on QSD. Registration involved is a stolen plate. Party in custody gave an address of 200 Coveway. F-771 requests unit to check have of Coveway. Mitton notified. Report.

VANDALISM/PROPERTY (siced car tires), 4:34 p.m., Appleton Street, Report fied.

LARCENY/MOTOR VEHICLE (scooter), 6:51 p.m., Granite Street. Black Amingo Scooter taken 30 minutes ago. Reporting party thinks account might be on Harrington

Avenue. Reporting party is at Crown Drive. Units checking Harrington Avenue for the scooter. Carbon fiber, black, no license plate. Report filed.

MONDAY, OCT. 25

VANDALISM/PROPERTY (motor vehicle), 8:57
a.m., Faxon Road. Caller reports his motor vehicle was vandalized with food and boxes. No suspect info. Case number provided.

TUESDAY, OCT. 26

LARCENY (stole \$700), 11:28 a.m., Beale Street. Employee stole \$700 in October. Would like to speak to an officer. Report to be filed.

VANDALISM/PROPERTY (front window), 8:06 p.m., Edinboro Road. Someone broke the caller's window. Fled in a car. Report filed.

WEDNESDAY, OCT. 27

LARCENY (stolen tablet), 3:40 a.m., Nelson Street. Reporting party states her tablet was just stolen. She does not know the address where she was staying but can point it out. Says she knows the person that took it. Report submitted. Suspect was not there.

LARCENY (copper), 10:26 a.m., Marriott Drive. Copper cut out and taken. Reporting party in parking lot. Report to file.

LARCENY/MOTOR VEHICLE (schoter), 12:06
p.m., Fort Street. Stolen scooter. Paperwork dropped off.
BREAKING AND ENTERING/PAST (commercial),
12:55 p.m., Hancock Street. See reporting party in station looby. Report to file.

THURSDAY, OCT. 28

LANCENY (stolen keys), 2:13 p.m., comine Street. ion habby/ Serviced. ASSAULT AND BATTERY (white male), 8:20 p.m.,

Cont'd On Page II

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FEMA Awards Quincy \$1.2M For COVID **Sheltering Expenses**

The Federal Emergency Management Agency will be sending nearly \$1.2 million to the Commonwealth of Massachusetts to reimburse the city of Quincy for operating two congregate shelters during the pandemic.

Quincy will receive \$1,169,896 in federal funding to cover the cost of contracting with two temporary hotel locations, the Howard Johnson's Quincy and Best Western Adams Inn, to provide rooms for COVID-19 symptomatic residents who were homeless to safely isolate and recover from the virus.

Homelessness was determined through an intake process conducted by shelter staff at Father Bill's Homeless Shelter, and the hotel locations also provided meals and linens. These sites were also used to house people awaiting test results for COVID-19 who had nowhere else to safely isolate.

"FEMA is pleased to be able to assist Massachusetts with these costs," said FEMA Region I Acting Regional Administrator Paul Ford. "Providing resources for our partners on the front lines of the pandemic fight is critical to their success, and our success as a nation."

FEMA's Public Assistance program is an essential source of funding for states and communities recovering from a federally declared disaster or emergency.

Additional information about FEMA's Public Assistance program is available at https://www.fema.gov/publicassistance-local-state-tribal-and-non-profit. To learn more about the COVID-19 response in Massachusetts, visit https:// www.fema.gov/disaster/4496.

Steakhouse Granted Liquor License

Cont'd From Page 3

"I think it would add business to Spettus and also enhance the...drawing attraction to that particular area of Quincy and give some activity to that area," he said. "I'm in favor of it as an abutter - I'm very much in favor of it."

The restaurant's request was approved by the board in a unanimous vote. Police Chief Paul Keenan said his department's liquor inspector, Lt. Peter Turowski, would visit the restaurant to review the procedures for selling alcohol.

"We'll have Lt. Turowski pay them a visit, meet with them prior to opening up so that everybody is on the same page as to how the alcohol will be handled and have him go down and pop in and have a visit with you."

In other business on Oct. 26, the Board of License Commissioners:

Granted a special-use permit to the Montclair and North Quincy PTOs for a holiday shopping expo that will be held at North Quincy High School on Nov. 13 from 10 a.m. to 4 p.m. Some 100 vendors and 2,500 shoppers took part in the 2019 expo, and organizers are hopeful for a similar turnout this year. As part of the event, three food trucks will set up shop in the main parking lot in front of North. All guests entering the expo will be required to wear masks.

Granted the request of

the Thomas Crane Public Library for a special-use permit and one-day liquor license for an After Hours at the Crane event on Dec. 3 from 6 to 8:30 p.m. inside the main library on Washington Street. This year's event will include a murdermystery scavenger hunt in the library. Refreshments will be provided by The Townshend, JP Fuji Group and Casual Cup Café.

Granted the request of Quincy Hungry Tummy for a common victualer license at 35 Franklin St., formerly home to Delaney's Pub. Quincy Hungry Tummy, currently located at 103 Franklin St., is planning to expand their operation.

Continued until Nov. 9 the hearing on Gopuff's recohol retail license currently held by Regal Beagle at 385 Hancock St. to 65 School St., where Gopuff is proposing to open a new convenience store with delivery services.

Seven On Wentworth Dean's List

Seven students from Ouincy have been named toi the Dean's List for the summer semester at Wentworth Institute of Technology in Boston.

They are:

Ryan Li, Molly Donahue, Yusuf Eid, Paul Hardiman, Kevin Mortimer, Richard Hui and John Zheng.



INTERNATIONAL ASSOCIATION of Firefighters (IAFF) Professional Firefighters of Massachusetts (PFFM) Local 792, Quincy Fire Department, recently donated over \$11,000 to The Ellie Fund in support of Breast Cancer Awareness Month. Front row from left to right: Tom Bowes, president, Local 792; John Crosta, QFD, Kristen Sajdak, Ellie Fund, Cynthia Kropp, Ellie Fund, and Lt. Ralph Blight, QFD.

Firefighters Donate \$11,000 To Ellie Fund

On behalf of International Association of Firefighters (IAFF) Professional Firefighters of Massachusetts (PFFM) Local 792, Lt. Ralph Blight of the Quincy Fire Department, presented the The Ellie Fund more than \$11,000 to close out Breast Cancer Awareness Month.

The Ellie Fund is a Needham-based nonprofit dedicated to providing essential services to breast cancer patients residing or receiving treatment in Massachusetts regardless of economic circumstances. Even those who are fully employed and fully insured need a community and support.

Local 792 is part of the International Association of Firefighters (IAFF) and the Professional Firefighters of Massachusetts (PFFM).

"We chose the Ellie Fund because of the unique and direct work they do directly with breast cancer patients and their families," explained Lt. Blight. "Unfortunately, too many of our firefighters have had to make that journey with someone they love and care for." Ellie Fund provides grocery gift cards, nutritious prepared meals for the whole family, transportation assistance, childcare reimbursement, and light housekeeping.

"The everyday issues people face, from food assistance to help with transportation and childcare, are often magnified by breast cancer," said Ellie Fund's Executive Director Meredith Mendelson. "The fact that people do not save for a breast cancer diagnosis was further compounded by a pandemic. These are the logistical challenges we can help overcome with incredible partners like Lt. Blight and the members of Local 792."



Father Bill's & MainSpring

NOBODY SHOULD BE HOMELESS

Thanksgiving Community Meal

November 25, 12:00 PM Christ Episcopal Church 12 Quincy Avenue, Quincy



Due to COVID-19, Father Bill's & MainSpring is expanding our meal-delivery program for those who can't make our Community Meal.

We have established a Thanksgiving Fund to help cover the additional expenses needed to provide more than 1,000 dinners across our region.



To support our Thanksgiving Fund or to request a meal delivery, visit helpfbms.org/thanksgiving.

Crime Awareness Journal

Cont'd From Page 10

Pond Street. Male in the middle of the road across from CVS. White male, no shirt, black pants. Brewster notified. Additional caller reports possible pedestrian accident but had no info. Multiple 911 calls, man down with no shirt. Transport SSH. 782 following the ambulance to SSH. Report filed.

Total Calls for Service: 1,253

Breaking & Entering in the Past: 1000 block Hancock

Breaking & Entering in Progress: Franklin Street Larceny MV: Fort Street, Granite Street, Quincy Avenue Breaking & Entering MV: Southern Artery

Aging Strong & Falls Prevention

Debbie Lyn Toomey, Older Adults. RN, coordinator of the Tufts Medical Center's Iniury Prevention Program, will discuss aging strong and falls prevention online luesday, Nov. 9 from 10 to 11 a.m.

This session's guest will be George Guara, MSN, RN-BC, CARN, CCM, Tufts Medical Center's Program Manager - Complex Care; Transitions and Adjunct Faculty - Regis College/Lawrence Memorial Topic: Substance Abuse in

They will be live on the Thomas Crane Public Library's YouTube channel and recorded for later viewing and sharing.

visit the Crane Library for Zoom details.

Everyone is welcome and encouraged to attend any of all of the sessions in this multi-part program that teaches and empowers aging adults and those who care for them with skills and ideas that decrease falls and increase independence.

Edward Jones

Life is full of moments that matter. Let's help you get ready for your next moment.



MKT-5894M-A

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Quincy Real Estate Transactions Oct. 25 - Oct. 29

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER Katherine A. Dedian David M. Curley Mark Colombo & Denise H Xuan Peter & Sara Connolly The Toner Brothers Realty Trust

Justin & Rachel Cohen Suzanne B. Ross Sharon Savage Matthew J. Nicholls & Jenna Schlafman Ping P. Wong Chenh T. Huynh Matthew T. & Briana J. Stern

Paul E. Kane Ling W. Li Cadoro Properties LLC Jing Zeng, Mei L. Chen & Hong G. Zeng Min Z & Hua Li Atchison Family Irrevocable Trust of 2019 Century Bay LLC Estate of Margaret McLeer Michael Wing & Liyuan Cheng

BUYER	AMOUNT
Amy N. Duong	\$465,000.00
Douglas Duvall & Thalia Ramidal	\$399,000.00
HNQ Realty LLC	\$390,000.00
Alexandra K. Hayes	\$412,500.00
Calm Home MA LLC	\$2,300,000.00
Vaughn S. Ferguson	\$700,000.00
Tatiana E. Zaharova	\$740,000.00
Brandon C. Ranchero	\$499,000.00
James R. & Deirdre O'Boyle	\$700,000.00
Ilir Hysko & Eva Mahmuti	\$525,000.00
Zhao Y. Yang	\$850,000.00
Marcellinus J. Westdijk, Maria I. Moura-	Westdijk
& Natalia Moura-Westdijk	\$475,000.00
Shane T. Grey	\$280,000.00
Xuefeng Zou & Yanting Wang	\$308,000.00
Maria McNulty	\$335,000.00
Kun Zeng	\$400,000.00
Min X. Li	\$350,000.00
Lucy Realty LLC	\$800,000.00
Lee R. & Christine Dixon	\$269,900.00
Michael R. Clifford	\$500,000.00
Jennifer A. Vitti	\$403,000.00

ADDRESS 55 Tinson Road, Unit 7 19 Beebe Road 200 Cove Way, Unit 508 73-75 Edinboro Road, Unit 75 26-28 Crescent Street 10 Crescent Street 55(aka 57) Woodcliff Road 40 Greenleaf Street, Unit 703 87 Franklin Street, Unit 105 31 Argonne Street 274 Palmer Street 130 Billings Street

1022 Hancock Street, Unit 114 28 Miriam Street 195 Thomas S Burgin Pkwy, Unit 508 77 Adams Street, Unit 312 11 Willow Avenue 188 Belmont Street 55-57 French Street 469 Sea Street, Unit 1 87 Franklin Street, Unit 202 10 Seaport Drive, Unit 2303

Decorating Pet Peeves: To Judge Or Not To Judge?

By BARBARA GRACEFFA

When I first meet someone new in a social setting and introduce myself as an interior decorator, one of the first questions posed is often, "Do you judge everyone's home you enter?" I politely chuckle and reply, "No, because I might never be invited back again!"

But honestly, I do; if you think about it, we all do. "When you judge others, you do not define them, you define yourself," penned Earl Nightingale, an authority on human character development.

As a professional designer, my role is to help clients with decorating challenges - regardless of their style. I put aside my own preferences and share sound advice about colors, materials, furniture choice and layout, and more. I am paid to offer my expertise and experience and to guide clients to make their own decisions. But in a non-client's home, unsolicited judgement is another story.

Critique can take one of three paths: positive, negative, and what I call decorating pet peeves.

Praising a friend's new lamp, paint color, sofa, et cetera is a form of judgement and one that we all love to receive. I recently was invited to a dinner party hosted by a friend's

new belle and her modern, recently remodeled home was striking - from her light fixtures to tabletop accessories. I certainly pointed out the beautiful features I admired. I even loved the interior doors she chose and want them for my own home. So, in this case, I did verbalize my judgement.

However, when I see something I feel is out of place at a non-client's home, mum's the word. Period.

Then there are decorating pet peeves – those mostly minor annoyances that bother me. These are typically the little things that go against sound decorating principles of size, shape, color, line, balance, and the like- all the tips I share with you in my columns. For example, in a recent bed and breakfast stay, I spotted modern lamps on traditional furniture, a mirror too small hanging above the bureau, and teacup artwork in the bathroom. I cringed at little but minded my own business.

What if a homeowner asks for quick advice? I am reminded of a quote on judgement by Woodrow Wilson. "The thing to do is to supply light and not heat." Otherwise, si-

Barbara Graceffa owns and operates Secretary of the Interior in Quincy, offering creative solutions at reasonable rates. Learn more about her decorating, downsizing, decluttering, and home staging services at www.sec-interior.com, read more decorating advice at secretaryinteriordecorating.blog and enjoy her quilt art on Instagram @secretaryinteriordecorating. You can reach her at 617-921-6033.

O'Donnell Says IT Tech Report 'Flawed Process'

By WILLIAM O'DONNELL

Norfolk Register of Deeds

The much-heralded by some individuals Abrahams Study was delivered to the Norfolk County Commissioners recently. This paid consultant who has been working on this study since September 2020 never studied any Registry of Deeds in Massachusetts or anywhere else. Mark Abrahams never visited the Norfolk Registry of Deeds yet he delivered a disastrous recommendation as it relates to the Registry operations and to all who rely and use Registry ser-

Mark Abrahams recommended that the on-site permanent Registry Chief Information Officer (CIO)

ommending that the on-site Registry IT Technology Department that for decades has worked with and for Registry staff, Registry users, Norfolk county municipalities and the general public also be eliminated from the Norfolk Registry of Deeds.

As Register of Deeds, I strongly believe I have a fiduciary and statutory duty to protect each and every document recorded by and on behalf of the residents of Norfolk County, especially those land records evidencing the fundamental and constitutional right of property ownership. In this digital age, access and protection of your land records are inextricably tied to a strong, secure and vigilantly maintained Registry IT Technology Infrastructure.

Mr. Abrahams is also rec- concluded "We feel from a management perspective, Cont'd On Page 13



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Register O'Donnell Says IT Tech Report 'Flawed Process'

Cont'd From Page 13

the IT operations are being well run considering the limited staff." That sentence alone should end any consideration of the paid consultant Mark Abrahams' recommendation to eliminate the permanent on-site Registry CIO and Registry IT Technology Department. This essay will focus on some of the flaws in the process committed by Mark Abrahams as it relates to the Norfolk Registry of Deeds and its IT Technology Department.

One flagrant flaw is that Mark Abrahams nor anyone from his team came to visit the Norfolk Registry of Deeds as part of this study. There was a report in a local newspaper, that this paid consultant engaged and hired by the Norfolk County Commissioners since September of 2020 was paid \$175,000. For that type of money I would expect some "due diligence" that would have included observing operations of the Norfolk Registry of Deeds. There was no such observation nor visit. What kind of consultant who recommends the total elimination of the onsite Registry IT Technology Department does not come by the Norfolk Registry of Deeds and the Registry IT Technology Department as part of that consultant's paid study?

Mark Abrahams was hired back in September 2020 so there was plenty of time to gather facts, visit the Norfolk Registry of Deeds and make certain assessments. Mark Abra-

prior to his recommendation not to fill the Registry CIO which was conveyed to and influenced county decision makers. I wrote a letter to Mark Abrahams on July 14, 2021 seeking to discuss at the time his recommendation not to fill the Registry CIO budgeted position even though he had not spoken to me about any Registry of Deeds operations. Also, in this letter is the following sentence. "This lack of communication, poor process and lack of insight into Registry operations make the decision not to fill the Registry CIO position more perplexing, troubling and frustrating." Nothing that has taken place since July of 2021 as to the process used by Mark Abrahams has changed since that sentence was written.

I wrote still another letter dated July 29, 2021 to Mark Abrahams that again expressed my frustration with the flawed process and lack of transparency of the study by Mr. Abrahams that was taking place as it related to the Norfolk Registry of Deeds. Do you know when I got my next telephone call from Mark Abrahams? It was on Tuesday, October 5, 2021 at 3:00 p.m. less than 24 hours before Mr. Abrahams delivered his report on the Norfolk Registry of Deeds to the Norfolk County Commissioners on Wednesday, Oct. 6, 2021.

The lack of transparency, flaws in process and mistaken methodology did not get better between the summer of 2021 and when the Abrahams study reports were recently delivered. I

specifically wrote to Mr. Abrahams on September 20, 2021 pointing out once again the many operational reasons as well as concerns about cybersecurity risks of not having an on-site Registry CIO. I specifically asked for any reports, preliminary otherwise, involving or affecting the Registry IT Department and/or the Registry CIO position. I am still waiting for Mark Abrahams to send me that report. Certainly, it would have been courteous and should be part of any process to have a copy of this report sent because it means so much to the Registry of Deeds and its users. This paid consultant and his team had never studied a Registry of Deeds in Massachusetts or anywhere else. To not visit the Norfolk Registry of Deeds since being hired in September of 2020 is inexcusable. The above flaws in this study are matched by Mr. Abrahams not specifically listing within his scope of analysis Massachusetts State Law M.G.L. Chapter 36. This is a failure of Mark

Abrahams that should call

into question his recommen-

dations as it relates to the

Norfolk Registry of Deeds

and the Registry IT Tech-

nology Department. This

tries of Deeds and the laws

that govern their operations.

This lack of familiarity and

knowledge with recording

law and Registry of Deeds

operations by the paid con-

sultant is due to a terrible

process, lack of transparen-

cy, little or no communica-

tion and poor methodology

state law deals with Regis-

mending consultant.

Most individuals who have dealt with the Norfolk Registry of Deeds would find it incredibly shortsighted for Mark Abrahams nor his team not to speak to former First Assistant Register of Deeds Richard Kennedy. This long time 36-year employee graduated from Boston University Law School started working at the Norfolk Registry of Deeds in 1985 and retired during this study but still works part time at the Registry of Deeds today. His tenure as First Assistant Register of Deeds begin in 1991 long before I became Norfolk Register of Deeds. It is incredibly arrogant for the well paid consultant not to seek information, advice and perspectives on Registry operations especially when that consultant does not know anything about

Registry operations. The Norfolk Registry of Deeds has had 2 persons working on its IT infrastructure for 20 years. There has been a Registry IT Technical Assistance Administrator at the Norfolk Registry of Deeds for 11 years. Dan Caparrotta who is the Registry IT Technical Assistance Administrator and he was not spoken to by Mark Abrahams. Neither Mr. Abrahams nor his assistant spoke to Dan Caparrotta of the Registry IT Technology Department prior to making this reckless decision to "consolidate" which is code

to eliminate the on-site Registry CIO position and the on-site Registry IT Technology Department that plays such a key role in delivering innovative and modern services to Registry users.

A faulty or flawed process leads to poor conclusions and outcomes. Mark Abrahams and his team as it relates to the Norfolk Registry of Deeds and the Registry IT Technology Department in the Abrahams study oversaw a flawed process. Out of this flawed process and poor methodology comes at best a sloppy report and at worst an unprofessional report as it relates to the Norfolk Registry of Deeds and the Registry IT Technology Department. The recommendations to eliminate the on-site CIO and eliminate the on-site Registry IT Technology Department will be an absolute disaster.

If you are as concerned about this matter as I am or have received good service from the Norfolk Registry of Deeds, please feel free to sign the on-line petition linked here https://chng.it/ YY9MvxNqcq. This IT recommendation should not be and cannot be implemented.

Thank you.

William O'Donnell Register of Deeds

Quarry Museum Open Saturday, Sunday

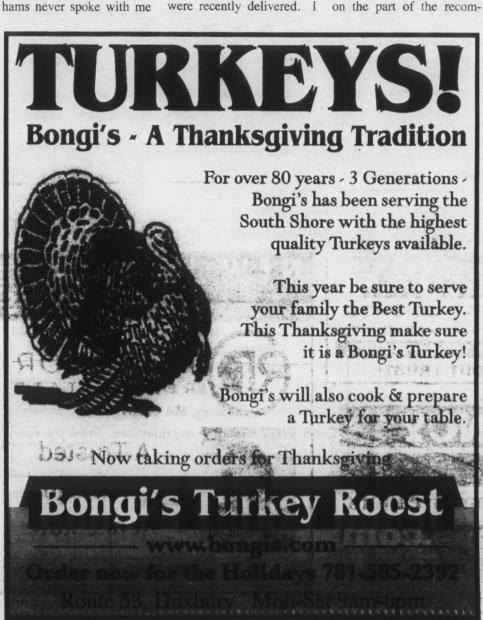
The Quincy Quarry and Granite Workers Museum will be opened on Saturday, Nov. 6th and Sunday, Nov. 7th from 11 a.m. to 3 p.m.

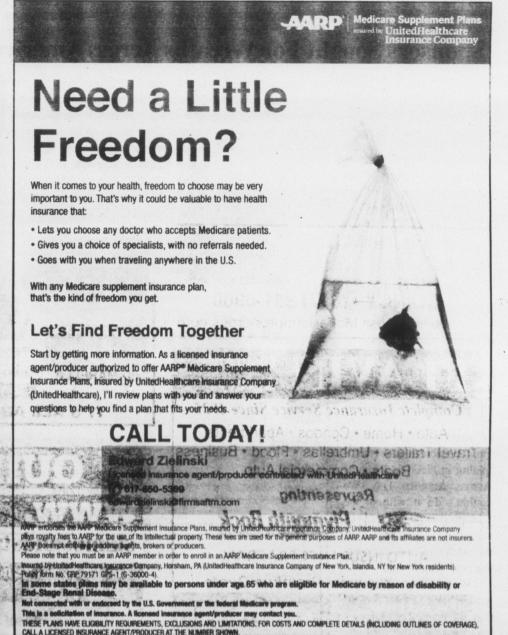
Also included will be a self-guided walk around at the Lyons Turning Mill grounds located on Quarry Hills Drive, West Quincy. Historic pictures of the granite industry and interpretive information can be viewed.

The Museum will also be open for a self-guided tour to view pictures and artifacts from Quincy's granite industry. A new museum display on the granite railway will include models of the rail bed construction and the railway car on the tracks at the crossing of the

Boston to Plymouth Highway at East Milton. Both the rail bed and railcar were designed by Gridley Bryant in 1825. Museum members, will be on hand to answer questions and Quarry Museum T-shirts will be on sale to help the museum through this period.

November is the last scheduled opening of the Museum. If weather permits December is a possibility so watch the Quincy Sun for an opening. The museum will also try to accommodate any request for a visit to the Museum. If rain on either day both museum opening and walk around mill will be postponed to a later date. Any questions call the museum at 617-472-1322





(PFP), a committee of family volunteers, will host a 5k walk around Sunset Lake starting at Braintree High School on Sunday, Nov. 7th.

Check-in opens at noon and the walk starts at 1 p.m. Join a team or walk as an individual in honor of those diagnosed with pancreatic cancer. This year, PFP hopes to surpass the \$250,000 mark which directly supports research led by Dr. Wolpin, MD.

The late Claire Zampine Muollo, a Braintree native, was diagnosed with pancreatic cancer in 2009. She survived five years with the unkind illness due to her positive spirit and excep-

At the time, grant money and funding for this cancer was limited, yet Claire was determined to take immediate action and make a difference. Claire gathered a grassroots committee and executed the first 5k walk in

Claire's sister and committee member, Cynthia Toffoloni, shares that "each year, seeing the sea of purple created by new and returning walkers of all ages in honor of their loved ones is incredibly moving."

In 2021, American Cancer Society reported that 60,430 people will be diagnosed with pancreatic cancer which has the highest

tional care at Dana-Farber. mortality rate of all cancers. DCFI's medical staff offers many treatments and clinical trial opportunities which have resulted in remarkable advances in early detection and treatment improving patient's quality of life and longevity.

> QATV Producer Joe Catelano will return this vear to emcee the event. There is also a virtual auction with high-value prizes to include AA Airline miles, Red Sox package, scratch tickets, pro-signed hockey stick, and more. Mom on the Go food truck will be a crowd pleaser and will donate to the cause.

> For details to register or donate, visit www.promisesforpurple.org.

QUINCY DENTIST Dr. Courtney Sanders Knapik (right) has been recognized as a Top Dentist of 2021 by Boston Magazine. The selection appears in the magazine's October issue. Dr. Sanders Knapik acquired a long standing practice in North Quincy at the end of 2018. She was recognized as a top dentist of 2021 because she focuses on creating a comfortable and unique patient experience. Dr. Sanders Knapik graduated magna cum laude from Boston University Dental School. She says she enjoys attending local events and immersing herself in the community educating people on their oral health. Find her at 350 Hancock St. across from the North Quincy T-station or call 617-471-5255 www.cskdental.net.



Canning, Food Preservation Topic Thursday

The public is invited to join Anna Muhammad and Dora Muhammad of the Northeast Organic Farming Association on Thursday, Nov. 4, from 7 to 8:15 p.m. in person at the Thomas Crane Public Library as they teach the basics in food

They will demonstrate using seasonal vegetables that can be grown in your backyard or purchased in your local supermarket, and will teach how to make and preserve dill pickles. This is part of our Homesteading Basics series designed to help the Quincy community

to get back to the basics.

Capacity for this event will be limited and masks are recommended. Doors will open 15 minutes before the start of the program.

The event is sponsored by the Friends of the Thomas Crane Public Library.

'Movers & Shakers' Block Party Saturday

QFTC and partners will hold a block party on Saturday, Nov. 6th to highlight local activist and community groups in Quincy and the South Shore.

The "Movers & Shakers" Block Party will be held Saturday, Nov. 6 from 1 to 4 p.m. at United First Parish Church, 1306 Hancock St.

All are encouraged to share words, song or anything that inspires or connects you to your community and your activism. Sign up for open mic! https:// go.qftc.org/signup

Donations going to Quincy Neighbors Mutual Aid (QNMA) will be collected at this event to help support local community members

a family friendly event.

The event is Cosponsored by Quincy4Justice @ quincy4justice, March Forward Quincy, Quincy Pride @qprideday, QYouth Climate Movement @qyouthclimatemovement, Standout Quincy 4 Black Lives, DARRC Coalition @thedarre, South Shore Coalition for Human Rights, and Sunrise Movement Blue Hills @sunrisemvmtbluehills.

The block party event will include an information fair where local activist organizations can set up shop, share info and action items, and recruit new members. There will be a speaking program, dj, artmaking, and an open mic, where artists will be invited to share a All are welcome. This is poem, a story, a song about

equity and justice.

The QFTC arts and culture taskforce, led by artist Feda Eid in collaboration with Anthony Martinez and Quincy artists Yvonne Lamothe and Sharon Pierce, is facilitating an environmental and social justice project. This project focuses on the Germantown neighborhood of Quincy as a focal point and as an environmental justice area affected by the Compressor Station in Weymouth. Together they are designing and building a manifestation bench, which will show a healthy thriving earth and inclusive community that reflects us all. This bench will invite anyone to sit and reflect upon the beauty on this earth.

Images Of Cabo Verde By Brian Monteiro On Display At Crane Public Library

"Images of Cabo Verde," by Brian Monteiro, a photographic series on the people and places of Fogo and Santiago in the Cabo Verde islands, is now on display at the Thomas Crane Public Library through Nov. 30.

Visit the library during open hours to view Monteiro's series of photos taken in Cabo Verde between June and July of 2021. The Re-

public of Cabo Verde is an island country, off the west coast of Africa in the central Atlantic Ocean, consisting of ten volcanic islands.

The Cabo Verdean archipelago was uninhabited until the 15th century when Portuguese explorers discovered and colonized the islands. Because of their location, the Cabo Verde islands played an integral role in the Atlantic slave trade, due to this, Cabo verde was economically prosperous during the 16th and 17th centuries. Cabo Verde's economy declined precipitously during the 19th century due to the suppression of the Atlantic slave-trade, and many of its inhabitants emigrating during that pe-

riod. recovered economically by becoming an important

commercial hub and useful stopover point along major shipping routes. On July 5th, 1975 the Republic of Cabo Verde's fight for independence, initially led by Amilcar Cabral before his assasination in 1973, was

Brian Monteiro is based in Quincy. He's an artist by night and government affairs professional by day. Monteiro is self taught and has been shooting since he first purchased a camera in 2016.

"The intention of my work is to appreciate and bring to life the power, beauty and interconnectivity of all people," Monteiro said.

He continues to immerse himself in photography and has begun shooting 35mm and 120 film.

Sponsors Sought For Wreaths Across America Day Dec. 18

Quincy will participate in National Wreaths Across America this year on Saturday, Dec. 18, when volunteers will place wreaths on the graves of thousands of veterans interred in the city's cemeteries.

The day will begin with a ceremony at noon inside Mount Wollaston Cemetery.

Christine Cugini, the organizer of the event, said the goal is to decorate the grave of each of the 7,300 veterans interred within all of Quincy's cemeteries.

"We come together to remember the fallen, honor those that serve and their families, and teach the next generation about the value of freedom. This will be Quincy's fourth year participating in National Wreaths Across America Day. We couldn't do it without the continued support from our city, local businesses, memorial funds, and our community," Cugini said.

"With the Generals Bridge and Park, dedication, we learned of Quincy's long and significant military history. Wreaths Across ing." America's mission aligns with our city's unwavering gratitude for our service men and women and allows us to thank our fallen veterans and honor the men and

Anyone wishing to sponsor a wreath to be used that day can do so by writing a check to Quincy Wreaths Across America, PO Box 690432, Quincy, MA 02269. women who have served Each wreath can be sponand those currently serv- sored for \$15. Anyone with

WREATHS across AMERICA

questions can call 617-777-9366 or email quincywaa@ gmail.com. (Sponsorship form also appears below.)

"If you are interested in supporting this mission, we still need your help," Cugini said. "One veteran without a wreath is too many."

> More Quincy news: The Quincy Sin.com

"Inere was a lot of dam- the hotels rooms for those

Wreath Sponsorship Form Please make checks payable to: Quincy Wreaths Across America PO Box 690432 Address: Quincy, MA 02269 City: Call 617-777-9366 with any questions. Thank you for State: A yeared bed Co your sponsorship and joining us in our mission to Emailingva leases Quantity Total Price a nemen cae setupit hirest West a firminger \$15.00 1 Wreath @ **Grand Total**

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HURRICANE-strength wind gusts felled trees and limbs throughout Quincy when a nor'easter moved through the area on Oct. 26 and 27. The city had received some 400 service calls by the afternoon of Oct. 29, Mayor Thomas Koch said.



ANOTHER TREE uprooted following last week's nor'easter. The high winds that took down trees like this one also led to power outages throughout Quincy. Photo Courtesy City of Quincy

Nor'easter Lashes Quincy, South Shore

Cont'd From Page 1

vice reported a gust of 76 miles per hour on Deer Island in Boston Harbor the morning of Oct. 27 - and heavy rains.

The winds caused widespread power outages in the southeastern portion Massachusetts, including the South Shore and Cape Cod, as well as on Cape Ann. Approximately 6,000 National Grid customers in Quincy were without power at the height of the storm. Larger outages were reported in portions of Quincy Center, Hospital Hill, Merrymount, Germantown and Penn's Hill, with scattered outages elsewhere in the city.

Power was restored to most of the city's residents by Oct. 29, but some outages lingered into the weekend. The Massachusetts Emergency Management Agency reported three National Grid customers in Quincy remained without power as of noon on Monday.

Mayor Thomas Koch, in an interview during the afternoon of Oct. 29, said the intensity of last week's nor'easter may have caught people by surprise.

"I think it caught a lot of people by surprise, the intensity of it, because obviously Quincy and the South Shore got hit very badly," Koch said. "We were prepared. We had met as a team prior. We met all during the storm.

"A few communication issues early on with National Grid and our team, but we worked through that. We had a lot of other departments that chipped in, because we had the forestry division of Natural Resources, but after working so many hours straight, they needed a break, so we had cemetery crews, park crews, DPW crews augmented by Bogan Tree Service, better coordination with National Grid."

"There was a lot of dam-

age, a lot of trees down, as we could see," the mayor added. "I'm just thankful we didn't have the crazy high tides at the same time, because then it would have been disaster."

City officials had received 400 service calls for downed trees and limbs as of Oct. 29, Koch said.

"We'll be picking up limbs for a while," he said. "For example, right now we're just dealing with all the public ways, but then we've got a lot of park locations, a lot of stuff in those we just haven't gotten to yet."

During the early morning hours of Oct. 27, a portion of the roof at O'Brien Towers in Germantown peeled off the top of the building and the landed in the parking lot. James Marathas, the executive director of the Quincy Housing Authority, which owns the building, said an architect has been hired to determined what caused the roof to fail.

"We've hired a company to review and assess the damage to determine the cause and what happened to the roof," he said in a phone interview Monday.

The roof is structural sound, Marathas added, and crews were able to install a temporary roof before the weekend. The temporary roof held its own against a rainstorm that moved into the area Saturday afternoon.

"It held up Saturday," Marathas said. "We have taken some precautions and have systems in place should a leak occur."

The roof will be replaced, he added.

Three tenants living at Other Towers were temporarily moved to hotels after the roof came off the building. All three were back in the building by Monday, Marathas said.

The office of US Rep. Stephen Lynch provided the hotels rooms for those



HIGH WINDS brought by a nor'easter peeled the roof of O'Brien Towers in Germantown during the early morning hours of Oct. 27. The Quincy Housing Authority has brought in an architect to determine what caused the roof to come off and a temporary roof has since been installed. Photo Courtesy Marshall Hook via Twitter

Marathas thanked Lynch and other federal, state and local officials - including Robert Cweika of the US Department of Housing and Urban Development's Bosren, state Sen. John Keenan, ity properties across the city. state Rep. Tackey Chan, Koch and Quincy city councillors - for offering their assistance after the roof came off.

"The outpouring of support of support was phe-

tenants, Marathas said. nomenal," Marathas said. "The tenants appreciate it and certainly the authority appreciates it."

In addition to the situation at O'Brien Towers, Marathas said the storm ton office, US Sens. Edward downed a number of trees Markey and Elizabeth War- at Quincy Housing Author-Some fences were damaged and water infiltration was reported at other properties as well.

> "We're on top of any repairs that are needed," Marathas said. "We're ac-

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tively cleaning up."

The mayor said he reached out to Marathas the morning of Oct. 27 to offer his assistance after the roof

came off the building.

"I was on the phone immediately with the director, Marathas, that morning," Cont'd On Page 24



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QFD Thanks All Who Attended Fire Prevention Open House

The Quincy Fire Department would like to thank all who came out to this year's Fire Prevention Week's Open House at Fire Headquarters on Quincy Avenue on Oct. 9.

Approximately 300 people came by throughout the day to learn about the Sounds of Fire Safety, this year's national Fire Prevention Week theme, and to view what firefighters do on emergency calls. The public got to see firefighters use the Jaws of Life, spray water from a fire hose, and operate the ladder truck.

The Quincy Fire Department would like to thank the Quincy Police Department, the Norfolk County Sherriff's Department, Quincy Council on Aging, The American Red Cross, and Quincy's Office of Substance Use Disorders Services and Prevention for all attending and providing safety information to the public.

The Q.F.D. would also like to thank Quincy Department of Public Works, Quincy Park Department,



Schlagers Auto Body, Domino's Pizza, Gorham Fire Appliance, and Walmart for assistance and donations for the event."

Fire Prevention Bureau Quincy Fire Department 40 Quincy Ave., Quincy









N O V

4

2021

Delight Friends, Family With Winter-Blooming Bulbs

By MELINDA MYERS

Give a holiday gift that is guaranteed to bring joy and feelings of well-being. Research by Rutgers University found the gift of flowers generates a smile, elevates the recipient's mood, and provides feelings of happiness that last for days. Amaryllis and paperwhite bulbs make it easy for anyone to enjoy these benefits by growing their own living bouquet of flowers.

Non-gardeners will appreciate receiving an amaryllis or paperwhite gift kit that includes the bulb, soil, and pot. All they need to do is open the box, water the soil, and wait for the beauty to unfurl. Or make your own ready-to-grow gifts by purchasing bulbs and planting them in decorative pots.

Each amaryllis bulb sends up multiple stems topped with flowers that can measure up to eight inches across. Nurturing amaryllis or paperwhites from bulb to bloom requires no experience or special care, but answers to any questions can be found at Longfield-Gardens.com.

Are there gardeners on your list? Keep it simple by selecting some winterblooming amaryllis or paperwhite bulbs and tucking

them into an attractive gift lasting flowers. bag. While most people are familiar with the classic red amaryllis, there are many other colors and flower styles to choose from. Make your gift extra special by ordering some of these lesscommon varieties.

Elvas is a double white amaryllis with petals outlined in red. As the flowers mature, they gradually open wider and the red highlights become more apparent.

Giant Amadeus features layers of petals that start out white and blush to pink, coral and salmon. The color and intensity increase as the petals open.

For a twist on traditional red, consider Magical Touch. Its cherry red blossoms have broad, ruffled petals edged in white. When the flowers are fully open, they are flat rather than trumpet shaped.

Ruby Star is another uncommon amaryllis. Classified as a papillon or butterfly amaryllis, it has large, irregular-shaped petals in a striking color combination of wine red and apple green.

Brighten dark winter days with the cheery, lemony yellow flowers of amaryllis Yellow Star. Each bulb will send up multiple stems topped with four to six long-

The flowers of amaryllis Cape Horn feature big, rounded petals in a lovely shade of rose-pink. Each blossom has a white star at the center and a lime green

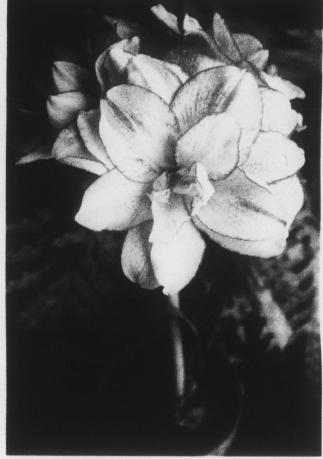
Most amaryllis bulbs begin flowering eight to ten weeks after planting. Paperwhite narcissus bulbs bloom in half the time and can be grown in soil or a shallow bowl of stones and water. For maximum fragrance, plant Ziva paperwhites. Varieties such as Nir and Inbal produce the same snowywhite flowers but have a much lighter fragrance.

Store winter-blooming bulbs in a cool, dry and dark place until you are ready to plant. Once you pot up the bulbs and place them in a warm, bright location, they will break dormancy and

begin to sprout. Watching as the stems emerge, buds develop, and flowers appear is all part of the fun.

Be sure to order a couple extra bulbs for yourself. You will enjoy the stress relief these beautiful winter bulbs provide during the holiday season and long winter months.

Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Longfield Gardens for her expertise to write this article. Her web site is www. MelindaMyers.com.



THE FLOWER PETALS of Giant Amadeus amaryllis start out white and turn to pink, coral and salmon.

Photo courtesy of Longfield-Gardens.com

'The Big Parade' Film Showing At Bethany Church Nov. 13

The silent film classic "The Big Parade" starring John Gilbert will be presented at Bethany Congregational Church, Spear and Coddington Streets, Quincy, on Saturday, Nov. 13 at 7

Admission to the film showing is free.

1925 American silent film of two working class men, directed by King Vidor starring John Gilbert. The story is about an idle rich boy who joins the U.S. Army's Rainbow Division and is sent breaking for not glorifying

"The Big Parade" is a War I. He becomes a friend experiences the horrors of trench warfare, and finds love with a French girl.

The film was groundto France to fight in World the war or ignoring its hu-

man costs, exemplified by the lead character's loss of a leg from battle wounds. It heavily influenced all subsequent war films, especially "All Quiet on the Western





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Bernazzani PTO Hosts Trunk-Or-Treat Event



THE BERNAZZANI SCHOOL PTO recently hosted a Trunk-or-Treat event for students and families. This was the first Trunk-or-Treat for the school; in the past the PTO held a Harvest Hop school dance. The dance was cancelled last year due to COVID so the PTO decided to plan an outdoor event for the kids this year. It was a lot of fun. The families really went all out with their decorated trunks. Prizes went to Carnival, Gabbyland, 80s, and Pirates of the Caribbean Photos appear on this page and Page 35. Photos Courtesy Bernazzani families











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QHS BOYS GOLF at Acushnet River Valley for the Division 1 South State Sectionals. From left to right: Teddy Lynch, Jack Dunn, Dylan Green, Luke LaMonica, Owen Coppola and Sean



QUINCY HIGH SCHOOL golf team gets a pep talk before "The Match" versus North Quincy at Furnace Brook Golf Club.

Quincy High School Golf: A Season To Remember

Quincy High School golf has wrapped up a historic season with their first trip to the state sectionals in nearly 50 years.

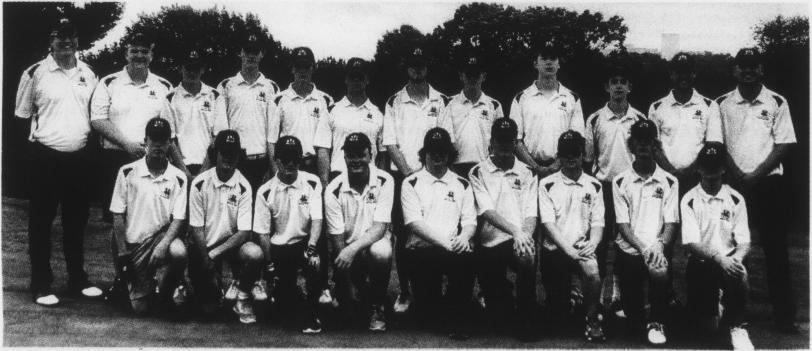
The team finished in second place on the Fisher side of the Patriot League with an 11-9 record only behind Scituate at 14-3 while besting Pembroke, Hanover, and Plymouth South. Led by Head Coach Joe Salvucci, Assistant Coach Mike Healy and JV Coach Phil Czajkowski, these young men competed at a level unseen and unfamiliar to the program. This "Tournament Team" has paved a new path for future golfers and shown that Quincy High School CAN AND WILL compete in the future.

"I thought we had a real chance to compete and I knew what some of our seniors were capable of, if some of the bounces and breaks could go our way we could do something special," said Coach Salvucci.

and now a coach defining goals for ourselves because a win so far out of the question," Salvucci said.

"It wasn't like that this year, the belief was there, and belief mixed with talent is a formula for success. Over the past four years there has been a culture shift and kids are buying in and as a coach what more can I

The varsity team was made of six seniors and two sophomores. As a group, the camaraderie and friendships were unmatched. As friends and teammates, they supported each other on and off the course. Whether it was reading putts, coordinating rides, or making sure no one was left out of the weekend tee-time to scout the courses for the next week's away matches, they all had each other's back.



QUINCY HIGH SCHOOL golf team had a remarkable season earning its first trip to the state South Sectional Tournament in nearly 50 years. Front row (left to right): Cameron Mann, TJ Manton, Nick Gott, Nick Hughes, Sam Civiello, Adam Bonica, Tyler Holmes, Jacob Denehy and Jack Daru. Second row: Coach Mike Healy, Ryan Gately, Jack Dunn, Luke LaMonica, Sean Andrews, Dylan Green, Owen Coppola, Teddy Lynch, Matthew Miranda, Iain Gillespie, Coach Joe Salvucci and Coach Phil Czajkowski. Photos courtesy Quincy High School golf

golf may not be considered a team sport, but these boys prove otherwise.

Senior Captain Dylan Green led QHS Golf with a 3.2 over par scoring aver-"I remember as a player age (tied for lowest in the league) and was medalist our season on whether or in 9 out of the 19 matches not we beat North Quincy. that he competed. He also I also remember the feel- set the single match scoring ing of bus rides to Hanover, record for QHS at -3 (32) or anywhere really, to take at Furnace Brook versus a beating and setting team Plymouth South. He was a leader on and off the course and no one knows that better than his playing partner and friend, sophomore Jack

> Dylan and Jack finished off the season playing in the 1 and 2 spot and represented QHS with class and poise. Jack will have big shoes to fill when Dylan is gone but is off to a good start by posting a -1 (34) at Furnace Brook during "The Match" versus North Quincy and being named player of the week by the Patriot Ledger for his performance.

Quincy High School was represented by six golfers at Acushnet River Valley at the recent Division 1 South Sectional Tournament. Dylan Green posted the low score for the team with an 83 in cold and windy conditions and missed the cut by just



OUINCY HIGH SCHOOL golf seniors (from left to right) Coach Joe Salvucci, Ryan Gately, Iain Gillespie, Dan Andrews, Dylan Green, Sean Andrews, Owen Coppola and Matthew Miranda.

"The atmosphere was intense," Dylan said. "I wanted to represent myself and Quincy in the best way possible. It was something I will never forget."

Team Accolades for QHS Golf 2021 Season

Patriot League All-Stars: Senior Dylan Green, Senior Luke LaMonica, Senior Owen Coppola

Patriot League Individual Sportsmanship Award: Senior Iain Gillespie Patriot League Individual Scholar Athlete Award: Senior Matthew Miranda

Sportsmanship Award: Quincy High School

Patriot League Team



ON THE LAST team practice day, "Europe" and "USA" battle it out led by captains in a Ryder Cup format where the attire is just as important as the golf.

Quincy Football Downs Pembroke 34-27, Hosts SL Friday

By TOM JOYCE

When you pick up more than 200 yards both on the ground and in the air, you become a hard team to beat.

That's exactly what happened for the Quincy High football team against Pembroke on Sunday afternoon at Veterans' Memorial Stadium.

Both teams had plenty of offensive success, but well-balanced attack for the Presidents and better defense turned out to be the difference-maker. The Presidents won the contest 34-27 to improve to 4-3 on the season.

Pembroke took the lead early in the contest. The team used two deep pass plays to find the end zone and its extra point kick was good, putting the team up 7-0; the touchdown came on a 34-yard pass.

The Presidents responded with a touchdown drive of their own, but the ex-

tra point kick was blocked making it a 7-6 game. The Presidents mostly looked to the ground with Jarod Walker (20 carries, 212 yards) picking up several first downs, including one on a 30-yard run. Additionally, quarterback Drew Boretti (16-for-23 passing, 205 yards) converted on a quarterback sneak around midfield. Walker capped off the drive with a one-yard touchdown run with about six minutes left in the first

Pembroke then had to punt after picking up a first down. Linebacker Gabe Rodrigues had a tackle for a one-yard loss and Pembroke had a pair of incomplete passes. The punt put the Presidents at their own 25-yard line.

After Walker picked up a couple of first downs on the ground, Boretti got a chance to show off his arm. On first-and-10 from the Pembroke 49-yard line, he connected with Jacey Ham for a 49-yard touchdown pass. He also completed the two-point conversion on a QB power run, giving the Presidents a 14-7 lead with 25 seconds left in the first quarter.

Pembroke scored on its next drive, tying the game at 14 apiece with 5:48 left in the first half. Early in the drive, Pembroke had a 30yard completion to move the ball over midfield. Additionally, the team converted on fourth-and-one in the red zone to keep the drive alive. The team ended up scoring on a one-yard run. The extra point kick was good.

Pembroke then regained possession around midfield due to an unexpected onside

Pembroke capitalized on the opportunity. The team had success on the ground and finished the drive with yet another one-yard touchattempt was good, putting the team up 21-14 with 3:04 left in the first half.

The Presidents scored again, although they trailed 21-20. Stephen Gallant returned the kickoff to the Presidents 42-yard line, giving them favorable field position. Boretti completed a few passes and Walker had a couple of runs to move the ball forward. Then Boretti threw a 28-yard touchdown pass to Ruben Charles with 55 seconds left. Pembroke blocked the extra point attempt to preserve the lead. Pembroke couldn't score when it got the ball back.

The Presidents started the second half with the ball, but their possession ended at midfield after Pembroke tackled them for a loss on fourth-and-one.

Pembroke got the ball into the red zone, but wouldn't end up scoring on the drive. Defensive back

down run. The extra point Brendan Regan recovered a Pembroke fumble for the Presidents around the 10yard line, giving his team the ball back with 3:27 remaining in the third quarter.

Boretti had a pair of completions for first downs to Rodrigues, and Walker finished the drive with a 58yard touchdown run to the outside. Boretti converted on the two-point conversion with a pass to wide receiver Will Ploof. This put the Presidents up 28-21 with 1:02 remaining in the third quarter. The Presidents led for the rest of the game.

Pembroke gained serious ground on a 37-yard completion on the drive. The team finished the drive with a one-yard touchdown run with 9:05 left in the game, however, the extra point attempt missed. This meant that the Presidents still led 28-27 with 9:05 remaining.

When the Presidents got the ball back, they ran down the clock. They converted

on a key fourth-and-five past midfield when Boretti completed a pass to Jacey Ham with less than 2:30 remaining.

Shortly after, Walker had a 31-yard touchdown run to extend his team's lead to seven points. The two-point conversion pass attempt fell incomplete, giving the Presidents a 34-27 lead with 1:44 remaining.

Although Pembroke had a chance to potentially win or tie the game on its final drive, that wouldn't happen. The Presidents played tough pass defense and while Pembroke got to about the 40-yard line in Presidents territory, Ruben Charles intercepted the team at the four-yard line with about 30 seconds remaining. The Presidents then knelt down the ball to win the game.

Quincy football will host Silver Lake on Friday night, 7 p.m. at Veterans' Memorial Stadium.

NO Bows To Hanover 21-14, At Framingham Friday

By TOM JOYCE

The North Quincy High football team faced a sharp passing attack last Friday night.

The Raiders battled in a one score game at home against the Hanover Hawks. Ultimately, however, they weren't able to match their opponents' scoring total. The Raiders lost a tight matchup 21-14 to fall to 3-4 on the season. Hanover's quarterback threw for more than 280 yards in the con-

The Raiders struck first on their first drive of the game. Nate Caldwell (32 yards) rushed in a 13-yard touchdown on a misdirection with 7:56 left in the first quarter. It came on a drive where Matt Craig (19 carries, 166 yards) got the bulk of the carries and had an 18-yard counter run on the second play of the drive. It's a drive that was kept alive by a fumble recovery from offensive lineman Jefferson Laurette in the red zone. Thomas Murray hit the extra point following the touchdown, giving the Raiders a 7-0 lead.

Hanover responded by committing a turnover on downs offensively. The team had a couple of short passes and an incompletion to bring up fourth and about five. Hanover's quarterback tried a rollout on fourth down, but was met with pressure from a myriad of Raiders defenders, including defensive lineman Brandon Baker. Hanover's defense responded with a three-and-out where it sacked quarterback Cooper Hansen (7-for-13, 64 yards)

Hanover scored on its next drive, but failed to take the lead. The team started its drive inside its own 20, but used a mix of runs and passes to move downfield. Hanover ended up scoring on a five-yard touchdown pass with 7:54 left in the second quarter, but missed its extra point attempt. Linebacker Brian Rodrigues had a sack on the drive for the Raiders.

Hanover would end up taking the lead before the end of the first half, how-

The Raiders started their next possession at the 35yard line and while they crossed over midfield and got another first down on a Hansen QB sneak in Hanover territory, a tackle for a loss on a sweep and a couple of other Hanover stops forced a punt. Hanover responded by looking to the air. It worked. The team scored on a short pass that turned into a 55-yard touchdown with about a minuteand-a-half remaining in the first half. Hanover converted the two-point conversion on a waggle pass. This put Hanover up 14-7.

The Raiders had a fumble following a completed pass in Hanover territory on their final drive of the first half; when Hanover got the ball back, it completed a pass and knelt the ball down to end the first half.

While Hanover got into the red zone on its first drive of the second half, the Raiders' defense responded and made plays to prevent them from scoring. Grant Murphy and Harry Gaudiano had sacks to bring up fourth-

and-long. Then, Colm Geary hit the Hanover quarterback on fourth down; the QB fumbled and while Hanover recovered, it brought up a turnover on downs.

It only took the Raiders two plays to score after that. Matt Craig hit the hole between the tackle and the guard on the right side on the first play of the drive; he had a 69-yard run to bring the ball to the two-yard line. Then Hansen scored on a two-yard quarterback sneak. Murphy's extra point tied the game at 14 apiece with 4:44 left in the third quarter.

Hanover responded by putting up the go-ahead touchdown. The team converted on a fourth-andshort on the play preceding the touchdown. The fourth down conversion came on a short pass. Hanover then went for the long ball and converted. Hanover scored on a 20-yard touchdown pass and hit its extra point attempt, going up 21-14 with 1:10 left in the third

The Raiders couldn't match that touchdown. Their next possession stalled at Hanover's 43-yard line on fourth-and-eight. The Raiders weren't able to complete a pass to keep the drive going early in the fourth quarter. Hanover regained possession and moved the ball over midfield with a complete pass on the first play of the drive. Hanover continued to have success in the air and made it to the red zone thanks to a couple more passes. This forced a Raiders timeout.

Hanover wouldn't end up scoring on this drive. A penalty, a tackle for a loss by Craig on a screen pass, and an interception in the end zone by Caldwell brought an end to the drive.

The Raiders moved the ball downfield, but weren't able to score. The longest play of the drive was a 28yard completion from Hansen to Jackson Murphy that netted the team 18 yards due to a penalty. The drive stalled at the 20-yard line, however. On fourth-andthree, Hanover forced an incompletion and got the ball

Hanover's offense then knelt the ball down to bring the game to a close.

North Quincy football will travel and play Framingham High School this Friday, Nov. 5th. Kick-off is scheduled for 6:30 p.m. at Bowditch Athletic Field located at 475 Union Ave., Framingham.

Performing Arts Classes At Woodward School Nov. 9, 10

Works, a performing arts program on the South Shore, will host two masterclasses for students ages 8-18 at the Woodward School for Girls on Tuesday and Wednesday. Nov. 9th and 10th.

"Working on a Song," will be an in-person vocal masterclass taught by Broadway's own Kimberly Marable, star of the 1st Na-

coming to Boston this November. "Way Down Hadestown" will be dance masterclass taught by Lindsey Hailes, another featured member of the Hadestown Touring cast.

The dance masterclass will be held on Nov. 9th from 3:30 to 5:30 p.m. and will teach movement inspired by the Tony Award

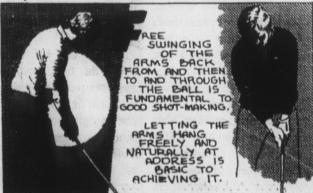
veteran Lindsey Hailes. This class will include a warm up and also feature a Q&A at the end with Lindsey.

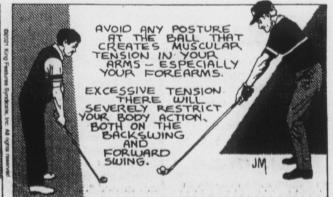
The vocal masterclass will be held on Nov. 10th from 3:30 to 5 p.m. during which students will be able to sing a brief song selection in any style of their choosing for guest artist and leading lady Kimberly Marable.

Break a Leg Theater tional Tour of Hadestown winning musical from stage Students will receive oneon-one coaching and feedback on their song. There is also an option for students to observe only and also learn from a Q&A at the end of class.

Registration for these classes is open to the public but with limited capacity. Students can register at www.breakalegtheater.com.

Play Better Golf with JACK NICKLAUS





Thursday Movember 6 2021 Tiles Chalanter Sign 2120 21

Church, 315 Whitwell St., Quincy, will sponsor an African Trade Fair at the church Sunday, Nov. 21 from 12:30 to 3 p.m.

The church is handicapped accessible through the back door and has offstreet parking. Proceeds will benefit Ziemele, a woman's self-empowerment group in South Africa that the church has sponsored for many years. A few members of the

congregation have visited the program just before the pandemic.

Items for sale include jewelry, vintage and contemporary baskets, woodcarvings, handmade dolls, Christmas nativities and ornaments and more. African artisans come from South Africa, Kenya, Zimbabwe and several other African

Masks must be worn to enter the building.

First Baptist Church

First Baptist Church of Wollaston, 81 Prospect Ave., Quincy, is open for everyone.

For those who have not fully vaccinated, continue to wear mask and safe distance. On-line worship will continue.

The church online dialin/Zoom weekly meeting is: (visit website: http://firstbaptistchurchofwollaston.

org/) 9:30 a.m. Sunday

Vietnamese Worship Service at Fellowship Hall: Pastor Duc

• Sunday 10:30 a.m. English Worship Service - Interim Pastor: Rev Bill Swilling

• Thursday 6:30 p.m. Bible Class - Book of Revelation - Pastor Paul Lee

• Friday 11 a.m. Prayer Group Meeting

For inquiries call 617-472-0824 and ask for Lewann Mina, church administrator.

Quincy Point Church

An All-Saints Day Remembrance and Holy Communion will be celebrated on Sunday, Nov. 7 at 10 a.m. at Quincy Point Congregational Church.

There is in-person worship at Quincy Point Congregational Church. The live broadcast will have a feed to YouTube, Facebook and Vimeo. The church will be hanging fall leaves in the sanctuary with the names of deceased loved ones on it. So, if you are watching from home, don't forget to bring your bread and juice to your viewing station.

Residents of 1000 Southern Artery – the church bus is back. Sunday bus schedule to OPCC: 9:30 a.m. departs from East Wing

and 9:35 a.m. departs from North Wing.

The church sanctuary is accessible to all with designated parking and an elevator via the Abbey Road side of the church.

Save the following dates for St. Nicholas Festival Weekend Dec. 3-5. Dec. 3 from 6:30 to 9:30 p.m. will be a concert, followed by a fair preview. The concert features the musical and instrumental talents of QPCC soloists, members of South Shore Piano School and students of South Shore Children's Chorus.

Then on Dec. 4 the fair will take place from 9 a.m. to 3 p.m. (More details to

Woodward School Soccer Round-Up

The Woodward School Wildcats Soccer Team played The Commonwealth School Mermaids Oct. 20 at Teddy Ebersol Field with the beautiful backdrop of Boston and Cambridge.

Coach Bob Giordano said, "The Wildcats won the match 5-3, but it didn't come easy. Every time the Wildcats scored and looked like they would break the game open, Commonwealth met the challenge to keep them on the heels of the Woodward Team."

Elizabeth Kowlski '26 (of Hanson), accounted for all five of the Wildcats goals giving her an incredible 38 scores with one game remaining. The defense led by Goalkeeper Laila Whyte '26 (of Boston) along with defensive backs Zoe Maher '22 (of Quincy), Jackie Andrade '23 (of Quincy), Justine Redinger '23 (of Dorchester), Brianna Francois '24 (of Boston) played bend but not break defense, stopping the relentless attacks by the Mermaids. Captain Lily Donovan '22 (of Braintree) and Taylor Mendes '23 (of Milton) played both ends of the pitch.

The Woodward Wildcats Soccer Team played its final game of the season Oct. 26 at their home field. The Wildcats played their best game of the season against powerhouse British International School of Boston walking away with a 5-3

Coach Bob Giordano said, "Every member of this young, inexperienced team played their best game of the year leaving everything on the pitch. Elizabeth. Kowlski '26 (of Hanson) scored four scores ending the season with the unheardof total of forty-two goals. Thea Morad '26 (of Braintree) notched her first goal



monwealth girls soccer game. Woodward won the game, 5-3.

Photo Courtesy Hanna Charron '24 (of Cohasset)



WOODWARD SCHOOL SOCCER team celebrates the "W" with a 5-3 victory over British International School. Photo Courtesy Jodi Cohen, Parent '27

of the season. Laila Whyte '26 (of Boston) made one amazing save after another." He went on to say, "To "THE TEAM', all I asked

of you was to give me 100 percent of your ability every day. You gave much more than and more importantly to each other. I am so proud of you as a team but most proud of the young adults

BBB Scam Alert: Beware Of Medicare, ACA Cons During Special Enrollment Period

By BETTER **BUSINESS BUKEAU**

The coronavirus pandemic left many Americans unemployed - and uninsured. To give people a chance to sign up for health

eral government has opened Medicare.gov from Oct. 15 - Dec. 7. Healthcare.gov is open from Nov. 1 to Jan. 15, 2022. Unfortunately, scammers often see open enroll-

Gasoline Prices Up Three Cents

Massachusetts's average gas price is up three cents from last week (\$3.35), averaging \$3.38 per gallon. Monday's price is 29 cents higher than a month ago

(\$3.09), and \$1.30 higher than Nov. 1, 2020 (\$2.08). Massachusetts's average gas price is 2 cents lower than the national average.

Joseph P. Laggiannini 92-94 (Rear) Franklin St. **Quincy, MA 02169**

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people out of money personal information.

How the Scam Works:

Anytime the government has an open enrollment, people understandably have questions and concerns. Scammers take advantage of this opportunity to confuse and mislead victims.

BBB.org/ScamTracker gets many reports about scammers claiming to be a government representative who can help you navigate your Medicare or Affordable Care Act options. Scammers claim to be a "health care benefits advocate" or a similar title. These scammers allege they can enroll you in a better program than what you currently have. This new plan is cheaper, and you can keep all the same services. To get started, all you need to do is provide

care coverage, the U.S. fed-ments as a chance to trick some personal information, scam. You will also need to Never sign up with a broker such as your Medicare ID number. Of course, the call is a scam, and sharing personal information will open you up to identity theft.

> In another common scam, callers try to frighten - rather than assist - victims with their health care plans. In this case, scammers claim that your Medicare will be discontinued if you didn't re-enroll. Fortunately, this "Medicare advisor" can fix the situation - if you share personal information with

Watch out for similar -scams this fall. Healthcare. gov does provide legitimate help with figuring out which plan is right for you. These people - sometimes called Navigators or Assisters are not allowed to charge for their "Help." If someone asks you for payment, it's a contact them. They will not call you out-of-the-blue.

> **Tips to Avoid Open Enrollment Scams**

Selecting a health insurance plan can be challenging and complex. Be on the lookout for common red

· Be wary of anyone who contacts you unsolicited. People representing Medicare or ACA plans don't contact you by phone, email, or in person unless you are already enrolled. Be especially cautious of threatening calls that require quick action or immediate

 Decline promotional gifts in exchange for personal information. Keep a healthy level of skepticism any time a broker offers you free gifts, "Health " screen-" ings, or other special deals.

who offers you an expensive "sign-up gift" in exchange for providing your Medicare ID number or other personally identifiable information.

· Beware of dishonest brokers who offer "free health screenings." Some brokers offer this to weed out people who are less healthy. This is called "cherry picking" and is against the Medicare rules.

· Guard your government-issued numbers. Never offer your Medicare ID number, Social Security number, health plan info, or banking information to anyone you don't know.

· Hang up and go to official websites. You can enroll or re-enroll in Medicare at Medicare.gov or in a marketplace health plan at Healthcare.gov.

24 Condo Units Proposed At Imperial Terrace Site

By SCOTT JACKSON

A developer has proposed tearing down a former Sea Street restaurant and replacing it with a new residential building, a proposal the area's ward councillor said would be too tall and too dense for the site.

A developer has proposed building a 24-unit, condominium four-story building at 105 Sea St., most recently home to Imperial Terrace. The property contains 27,600 square feet of land, according to the city's online property records, and is zoned Residence B.

The applicant had been

scheduled to go before the Zoning Board of Appeals for a public hearing on the proposal on Oct. 26. That hearing was moved to Nov. 23 to give the applicant time to revise plans for the site.

Ward 1 Councillor David McCarthy said he had hosted a community meeting, with about two dozen residents in attendance, prior to last week's zoning board meeting. McCarthy plans to host another meeting next week so residents have a chance to see any changes the developer may make.

"I'm going to try to plan the week before (the Nov. 23 zoning board hearing) another community meeting to see what is going to be rolled out at zoning and get more input and go from there," McCarthy said. "It can't stay the way it was."

The councillor said he wants the developer to shrink the size of the proposed building, reducing both its height and the number of units on site.

"Can they go down to three floors? That would meet Res. B requirements," McCarthy said. "The frontage is very, very tight can they get it setback far enough so it is safe enough

to pull in and pull out?"

"And, by shrinking the footprint of the condos, they'll match up with their parking requirement."

McCarthy also hopes the developer can come up with a more aesthetically pleasing design for the new building.

"A lot of buildings here are going with that...flat look," with paneling on the exterior, he said.

"Merrymount has the cemetery, which is historic and has a lot of character... I'm looking for a different

a four-story condo, and I don't know if they can do it. I'm waiting to see it again."

Less than a quarter of a mile away from the Imperial Terrace site is the former home of Grumpy White's, a mainstay on Sea Street that closed last fall after 40 years in business. A developer purchased the property at 211 Sea St. – which contains 28,270 square feet of land in a Residence B zoning district - last December.

McCarthy said he has yet to see plans for that parcel.

"I haven't seen anything look than the square box, yet," he said. "I'm hoping

they won't come in with something monstrous, because it's not going to fly with me. I want, if they are going to have something, something that fits the neighborhood that substantially works with the neighborhood.

"We'll wait and see."

The councillor said he expects the new owner of the property will seek to build housing on site.

"I would love to have somebody show up with a restaurant, but I expect it to be residential," McCarthy

Quincy Symphony Orchestra Concert Nov. 14 At QHS Lloyd Hill Auditorium

chestra will perform Classical Concert I Sunday, Nov. 14, at 2:30 p.m. at the Lloyd Hill Auditorium, Ouincy High School, 100 Coddington St.

Admission is free (suggested donation).

The QSO is conducted by Yoichi Udagawa, music director. The concert will feature pianist Janice Weber and the QSO will perform Beethoven Symphony No. 5 and Beethoven Piano Concerto No. 5

The auditorium is ADA accessible and free parking is available. In consideration of all, face covering and reasonable social distancing in effect.

Janice Weber is a summa cum laude graduate of the Eastman School of Music. She has appeared with the American Composers Orchestra, Boston Civic Symphony, Boston Pops, Chautaugua Symphony, Hilton Head Orchestra, New Hampshire Symphony, Sarajevo Philharmonic, Sarasota Pops, and Syracuse Symphony. Her solo performances have been at the White House, Carnegie

Quincy Symphony Or- Hall, Wigmore Hall, National Gallery of Art, Cleveland Institute of Art, Boston Symphony Hall, the 92nd Street Y, Merkin Hall, and Boston Hatch Shell. She twice won a piano fellowship to Tanglewood and has performed at summer festivals at Bard, Sarajevo, and Newport.

Her interest in the uncommon avenues of the piano literature led to a world premiere recording of Liszt's 1838 Transcendental Etudes. Time Magazine wrote, "Liszt later simplified these pieces into the still ferociously difficult Transcendental Etudes (1852 version) for fear that no one else could play them. There may now be several fire-eating piano virtuosos who can execute the original notes, but few can liberate the prophetic music they contain as masterfully as Janice Weber does here."

Her eclectic recordings include Rachmaninoff's complete transcriptions (IMP); with the Lydian Quartet, Leo Ornstein's vast Piano Quintet (New World Records); flute and piano

and waltz transcriptions of Godowsky, Rosenthal, and Friedman (IMP). For VAI, Miss Weber recorded Liszt's last Hungarian Rhapsody, one of only two living pianists to be included in a compendium of historic performances by nineteen legendary artists. This disc subsequently won the International Liszt Prize. A 2002 recording of Leo Ornstein's radical piano works (Naxos) received significant acclaim here and abroad. Her bestselling recording of Messiaen's Quartet for the End of Time is available on Ongaku Records. A Cascade of Roses (Dorian Records), includes 22 tracks with "rose" in each title. Seascapes, a collection of virtuoso water music, was recently named one of "Ten Notable 2015 Piano Releases" in critic Jed Distler's influential keyboard blog. Her recording with the late Judith Kellock of Ross Lee Finney's "Chamber Music" will soon be released by Cambria.

Miss Weber has been an adjudicator for the National Endowment for the Arts and has served on juries for the

American Piano Association, the Boston and Washington DC Amateur Pianists Competitions, the Hilton Head International Competition, and statewide competitions in Massachusetts.

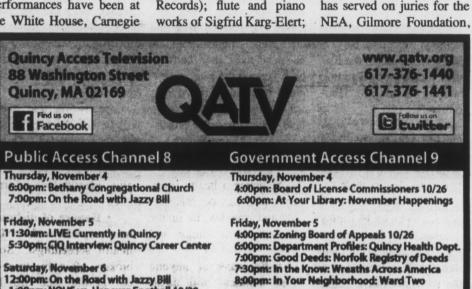
Recently retired from Boston Conservatory, she has given master classes and recitals throughout China and the United States. Miss Weber is Music Director of South Coast Chamber Music and performs frequently with that ensemble. Her third novel, Frost the Fiddler (St. Martin's Press) was chosen a Notable Book of the Year by the New York Times. Miss Weber has produced the tones for Ivory, worldwide bestselling virtual piano software, and is completing her ninth novel in collaboration with Amanda Brown, creator of Legally Blonde.



PIANIST JANICE WEBER will perform with the Quincy Symphony Orchestra Classical Concert Sunday, Nov. 14 at the Lloyd Hill Auditorium, Quincy High School.

She is a Steinway artist. Visit QuincySymphony-

Michael J. Lutch Photo Orchestra.org.



5:30pm; CIQ Interview: Quincy Career Center

Saturday, November 6.
12:00pm: On the Road with Jazzy Bill
1:00pm: NQHS vs. Hanover Football 10/28 Sunday, November 7 1:00pm: The Call 2:00pm: John Adams Wreath Laying Ceremony

Monday, November 8
11:30am: LIVE: Currently in Quincy
7:00pm: CIQ interview: Father Bill's/MainSpring Monday, November 8
6:30pm: LIVE: Quincy City Council

Tuesday, November 9 7:00am: LIVE: AM Quincy with Joe Catalano 7:00pm: AM Quincy: Mayor Thomas Koch Wednesday, November 10 6:00pm: Good News 7:00pm: The Call

Tuesday, November 9
4:00pm: LIVE: Board of License Commissioners
5:30pm: LIVE: Zoning Board of Appeals

Saturday/Sunday November 6/7
9:00pm: Good Deeds: Norfolk Registry of Deeds
9:30am: In the Know: Wreaths Across America
10:00am: In Your Neighborhood, Ward Two
6:00pm: Board of License Commissioners 10/26
7:00pm: Zoning Board of Appeals 10/26

Wednesday, November 10 7:00pm: City Council 11/8

Programming is subject to change.

For a complete list of programs, please visit our website at gatv.org

you need to do is provide asks you for payment, it's a ings, or other special deals. Healthcare.gov.



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Nor'easter Lashes Quincy, South Shore

Cont'd From Page 15

Koch said. "We certainly pay attention to those things. People in public housing are a priority. We were making alternative plans but then he was able to shift some things internally and not have to evacuate the building."

Koch credited Marathas for the work he has done as the head of the Quincy Housing Authority.

"James Marathas and his team do a masterful job down there. They really do. I think the housing authority is better than it has been in a long time," the mayor said. "The residents get good service and it has to do with James' leadership but also the board, they are very caring. When I am out now in those buildings I hear nothing but positives about the maintenance of the buildings. They look so much better. He's done a nice job bringing in grant money, federal and state money.

"We come together as a community anytime there is an issue like this. No matter who gets hit, we rally, we make sure every gets taken care of. Safety first obviously, then we attack the cleanup."

Ward 1 Councillor David McCarthy, whose district includes Germantown and nearby Houghs Neck, also credited Marathas for his response.

"He did a great job. He really did. I got some good messages from a lot of the tenants. They knew it was Mother Nature. But he always responds like that - it doesn't surprise me," Mc-Carthy said of Marathas. "He's the first guy on the scene. He does a good job."

Recently installed seawalls along Quincy Bay held their own against last week's nor'easter, McCar-

"We had very limited flooding if any at all. A few houses took some water in the cellar in the usual places, but the seawall stood up very well," he said. "I know it wasn't an astronomical high tide. It was probably 9 or 10 feet; usually we're up at 12 feet. But, with the wind, it never really let the tide go out, kind of very similar to the storm in 2018, and kept battering the coast for hours."

Trees came throughout Ward 1 during the storm, McCarthy added. One house on Palmer Street was struck by a falling tree, he said, but the family living there was all right.

though we took a blow, Quincy did OK, at least Ward 1," McCarthy said.

He said the wind that came with last week's nor'easter was unlike any he'd seen before.

"I'm one that doesn't usually say that's the worst storm I've ever seen, but that was probably the wildest wind I've ever seen in regards to coming in fast. Those gusts had to be 80, 90 miles an hour," he said. "My own flagpole, which isn't solid steel but is in the ground pretty well and has the flexibility to go back and forth, was pushed all the way to the ground, bent right over. It must have been coming in bursts."

"I don't remember the gusts being like that," the councillor added. "We've had storms, the blizzards and the 2018 storm, where you get the constant winds, but this seemed to really come up and accelerate really fast."

Koch said the city has weathered worse storms.

"I've been around a long time so I've been through a lot of different storms, and there have been a lot worse. Right now, it is difficult, especially if people are without power, but I was mayor for the worst winter we had in '15, I was mayor in the worst floods we had in "We did OK. Even 2010, and we've had a lot of stuff in between," he said on

> "The city crews do an amazing job in emergencies like this. In the response, I think we were ahead of a lot of communities, because we



OCT. 27TH NOR'EASTER toppled and damaged many trees in Quincy including this one behind a home on Andrews Road in the Beechwood Knoll neighborhood. Photo Courtesy Jon Gorey

have a lot of trained profes- celled classes on Oct. 27. sionals in these areas. I am proud of the work they did, and I ask people just be a little patient."

Because of the widespread power outages, Quincy Public Schools can-

Most schools reopened the following day, but the Bernazzani and Snug Harbor elementary schools were closed for a second day because of outages in their neighborhoods. They were

able to reopen on Oct. 29.

The storm also forced the cancellation of the School Committee meeting scheduled for the evening of Oct. 27. The committee is scheduled to next meet on Nov.



FOLK DUO 'HUNGRYTOWN' (Ken Anderson and Rebecca Hall) will perform in concert Sunday, Nov. 7 from 3 to 4 p.m. at the Thomas Crane Public Library's Richardson Building.

'100 Days In Vietnam' Book Topic At Crane Public Library Nov. 9

The public is welcome on Tuesday, Nov. 9 from 7 to 8:30 p.m. at the Thomas Crane Public Library, to join debut local author Matthew A. Tallon, a former U.S. Army transportation officer, and his father, Lt. Col Joseph F. Tallon for a look back at Joe's harrowing experience at the end of the Vietnam War and his quest to secure a Purple Heart for his tactical observer, Specialist-5 Daniel Richards, who died in combat.

This father-son collaboration re-creates Joe's time in Vietnam, from wartime letters and remembrances and contextualized by contemporary news accounts in his book 100 Days in Vietnam: A Memoir of Love, War, and Survival.

Copies of his books will be available for purchase and signing.

Matthew A. Tallon (son) and Joseph F. Tallon (father) are both former Army officers and both former high school history teachers with master's degrees in education. They are both products of the South Carolina Lowcountry and avid fishermen. Their journey to tell this story together has been

FOREWORD BY LT. GEN. H.R. MCMASTER

DAYS IN



100 DAYS IN VIETNAM: A Memoir of Love, War, and Survival by Lt.Col. Joseph F. Tallon, US Army (Ret.), and Matthew A. Tallon.

one of their most difficult assignments, crafting a nar- will be limited and masks rative that provides another are recommended. Doors annique installment in the lita will open 15 minutes before erature of the Vietnam War. the start of the program.

Capacity for this event

Folk Duo 'Hungrytown' Concert Sunday

The public is invited to the historic Richardson Building at Thomas Crane Public Library for a Sunday afternoon concert on Nov. 7, from 3 to 4 p.m. in the historic Richardson Building featuring the folk duo "Hun-

After more than 15 years of world-wide touring and three album releases, Rebecca Hall and Ken Anderson - otherwise known as the folk duo Hungrytown have earned a reputation for the quality and authenticity of their songwriting.

Hungrytown's introduction to folk music came when a close friend - who died young due to a tragic misdiagnosis - entrusted to them her collection of 1960s folk albums and her guitag (which has since been fear tured on all of their albums). Inspired by the grit and true-to-life experiences she heard in these traditional ballads, Hall was inspired to write the lyrics that later became her first songs, aided by Anderson's flair for musical arrangement.

CD, Hungrytown, in 2008; Any Forgotten Thing in 2011; and Further West in 2015. The couple continue to spend more than half of each year on the road, especially roads in North Amer- Year" lists. ica. Europe and New Zea- Capacity for this event land. Hungrytown's music has received extensive radio airplay worldwide and has appeared on several television shows, including Comedy Central's The Daily

They released their first Show, IFC's Portlandia and Netflix's Lady Dynamite.

Their third and latest album, Further West, made the top 10 on the American Folk DJ charts for two months, and at least 14 "Best of the

will be limited and masks are recommended. Doors will open 15 minutes before the start of the program.

The concert is sponsored by the Friends of the Thomas Crane Public Library.

Learn-To-Skate Classes Begin Sunday At Shea Rink

classes for children, ages 4 advanced classes taught by to 18 are at the ice rinks in professional instructors. Quincy and Weymouth.

Classes at the Shea Memorial Rink, on Willard" Street in Quincy, start Sunday, Nov. 7th at 11 a.m. for eight weeks and at the Connell Rink, 220-R Broad St. in Weymouth, Sunday, Nov. 7th at 2 p.m. for five weeks. Classes are also available at nine area rinks.

Use either figure, recreational or hockey skates.

New Learn-To-Skate Beginner, intermediate and

For information and to register, call Bay State Skating School at 781-890-8480 or visit online at www.Bay-StateSkatingSchool.org.

Bay State Skating School is compliant with the Commonwealth of Massachusetts COVID-19 guidelines. The number of students allowed on the ice will be lim-

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2ND ANNIVERSAY - NOV. 6

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7-11 78 Franklin St.

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This time, I ask you this very special favor (mention favor). Take it dear Heart of Jesus, and place it within your own broken heart where your father sees it. Then in his merciful eyes it will become your favor, not mine.

PERSONAL

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Say this prayer for 3 days, promise publication and favor will be granted, no matter how impossible. Never known to

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CRAFT FAIR

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INDEX

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☐ Lost & Found

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OBITUARIES

John T. Quinn, 90

John T. "Jack" Quinn, age 90, a longtime resident of Quincy, died peacefully Oct. 25 surrounded by his loving family.

Mr. Quinn was born in West Roxbury, to the late John J. and Katherine A. (Waldron) Quinn. Raised and educated in Dorchester, he was a proud graduate of the former Saint Peter's School in Dorchester and Mission High School in Roxbury, Class of 1948, and attended Northeastern University in Boston. He had lived in Quincy for most of his life, spending twenty years in Yarmouth Port. He also enjoyed summering with his family in Falmouth for over thirty years.

Mr. Quinn served in the United States Air Force from 1951-1956 during the Korean conflict and attained the rank of staff sergeant.

He was employed as a field manager at IBM, Inc. in Boston for thirty-one years.

Mr. Quinn was a lifetime member of the Cyril P. Morrisette American Legion Post #294 in Quincy and the DAV Quincy Cavanagh Post #79. He also belonged to the Cape Cod and Quincy Knights of Columbus where he was a fourth degree knight.

He especially enjoyed spending time with his family and was known for always fixing things. He was an avid golfer and belonged to the Golf Club of Yarmouth Port for twenty years. Mr. Quinn was also a proud member of the 'Mon Backs at the Yarmouth Food Pantry.

Beloved husband of the late Eleanor M. (O'Grady) Quinn and the late Patrina M. (MacDonnell) Quinn. Devoted father of John J. Quinn and his wife MaryAnn of Hingham, Mary Sullivan

> Paul F. Frederick J.

Courtney



JOHN T. QUINN

and her husband Michael of Hingham, Elizabeth Gillespie and her husband Steven of Quincy, and Margaret Crump and her husband Paul of Quincy.

Loving grandfather of eleven grandchildren: Abigeal, Michael, Jake, Peter, Katherine, John, Maura, James, Mary "Meg", Mark, and the late Michael Patrick Gillespie. Loving greatgrandfather of Meara, Jackson, and Wesley.

Dear brother of Reverend Peter F. Quinn, Pastor, Blessed Trinity Parish in Westford and Littleton, and the late Mary L. Hagerty. He is also survived by many nieces, nephews, and cous-

A Funeral mass was celebrated by Reverend Peter F. Quinn in Saint Agatha Church, Milton, on Oct. 29.

Interment, with military honors, at Saint Joseph Cemetery, West Roxbury.

Memorial donations may be made to the Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284-9168 or the Yarmouth Food Pantry, P.O. Box 982, West Yarmouth, MA 02673-0982.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

(617) 298-8011

460 GRANITE AVENUE

MILTON, MA 02186

Scott A. Shuttleworth, 61

SCOTT A.

SHUTTLEWORTH

mother in that very house.

She became the namesake of

another notable project, his

sailboat 'Gladys', which he

Mr. Shuttleworth was al-

ways known for his big and

infectious smile. He was

smart, selfless, dedicated and

loving. He taught his daugh-

were, and are, his pride and

coaching his daughters' soc-

cer teams, and famously at-

tended every soccer game

their time in school. Mr.

Shuttleworth will be greatly

missed by all of the lives he

Mr. Shuttleworth was the

beloved husband and best

friend of Donna Shuttle-

worth of Quincy. The two

married on May 20, 1998,

and together they shared 23

loving years of marriage.

He was the devoted father

of Jaclyn H. and Sydney M.

Shuttleworth, both of Quin-

cy. Mr. Shuttleworth was the

dear baby brother of John

Shuttleworth and his wife

Kathy of Harwich, Dana

Shuttleworth and his wife

Elaine of Georgetown, Nan-

cy Bizek and her husband

Bob of Vermont, and the late

Mark Shuttleworth. He is

also survived by his mother

in law, Joan Fahey of Brain-

tree, and many loving nieces.

friends, and his canine com-

panion/boating buddy, San-

Private interment.

Funeral

his side.

9168.

dy, who was never far from

Memorial donations may

be made to the Dana-Farber

Cancer Institute, P.O. Box

849168, Boston, MA 02284-

were made by Keohane Fu-

neral Home, 785 Hancock

arrangements

proudly restored himself.

A funeral Mass for Scott A. Shuttleworth, 61, of Quincy, was celebrated Tuesday in Holy Trinity Parish at Most Blessed Sacrament Church.

Mr. Shuttleworth died peacefully at his home on

Born in Albany, NY, on Dec. 21, 1959, he was the son of the late John Austin and Mary Ann (Duggan) Shuttleworth. S Mr. Shuttleworth was raised in Meriden, CT, and graduated from Francis T. Maloney High School with the Class of 1978. He continued his education at Massachusetts Maritime Academy, graduating with the Class of 1982, which fostered his appreciation for Cape Cod as one of his favorite family vacation spots.

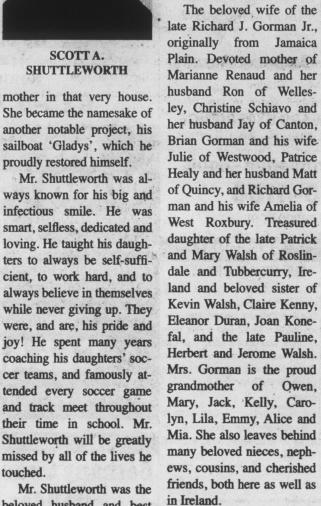
Following graduation, Mr. Shuttleworth worked as a captain on the Fast Ferries to Boston, he also worked as a dynamic positioning operator with Transocean on a drill ship, and finished his merchant marine career as chief mate on the Stone Buccaneer in Louisiana. He then came ashore and started his career as an elevator mechanic for IUEC Local 4. He enjoyed his work and the relationships he built throughout the years. Mr. Shuttleworth was also fortunate to have spent several winters living aboard his 48-foot C&C sailboat, 'Northern Lights,' in the Ca-

The most important part of Mr. Shuttleworth's life was his loving wife, children, and family. He was a generous person and would do anything for the people in his life. Mr. Shuttleworth loved the water, it was his happy place. Sailing and boating were his passions. Each spring he would meticulously prepare his boat for the season. He was a member of both the Quincy Yacht Club and the South Shore Yacht Club, where he won a few sailheat racing titles. Affectionately known as a "Jack of all trades and a master of ALL," Mr. Shuttleworth was a handyman and a perfectionist at that. He also enjoyed woodworking. His most memorable work would be his generational family home in Houghs Neck, which he renovated completely. He spent many of his childhood summers visiting his grand-



A funeral Mass for Mary F. (Walsh) Gorman, 81, of Canton, a longtime Quincy resident, will be celebrated Friday at 10 a.m. in St. Mary's Church, Quincy.

Mrs. Gorman died Oct.



The foundation of her life was her family, especially her grandchildren. They were the cornerstone of all that was truly important to her. Although they are heartbroken at her passing, they feel fortunate for all



MARY F. GORMAN

the blessings she brought to their lives.

Mrs. Gorman was a registered nurse at St. Margaret's, St. Elizabeth's, and Brigham and Women's Hospital, specializing in labor and delivery. She was an avid reader of mystery novels, loved painting and sewing, and enjoyed late afternoons at the beach. She was extremely generous with her time and always found ways to volunteer and serve others, particularly at St. Mary Parish. May she rest in peace.

Visiting hours are 4 to 6 p.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy.

A celebration of life service will be held in the funeral home at 9:15 a.m. on Friday.

A private interment in Massachusetts **National** Cemetery, Bourne, will be held at a later date.

Memorial donations may be made to the Maryknoll Sisters, maryknollsisters. org/support-us/donate-now/.

Mario 'Frank' Carapezza, 96

Mario "Frank" Carapezza, 96, of Quincy, died Oct. 23.

Mr. Carapezza was born on Aug. 20, 1925 in Boston. A longtime resident of Quincy, he was the son of the late Gaetano Carapezza and Laura (Cogliano) Mirisola.

nephews, extended family, of all trades." He was an electrical engineer at Dylan Controls in Boston and Honeywell of Brighton. Mr. Carapezza then went on to own three restaurants: the Charles Restaurant in Beacon Hill, The Brass Rail in Miami Beach and the Point After Restaurant in Boston.

His self-taught drive and research expertise resulted in providing a platform for his unique ability to be a talented musician, artist, electrical engineer and repair man. From fixing televisions, automobiles, home appliances, general home repairs, to building his own home, Mr. Carapezza's knowledge and willingness to help his family in their time of need made him a remarkable man.

He is preceded in death Mr. Carapezza was a "jack by his wife Helen (Arts) Carapezza from South Boston, brother Salvatore Carapezza of Quincy, brothers: Joseph Mirisola, Peter Mirisola and Tom Mirisola. He is survived by his sister Bernadette (Mirisola) Santoro of Quincy and many nieces and nephews.

Funeral services will be

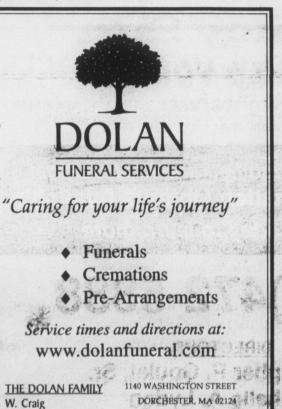
Memorial donations may be made to a charity of one's

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St.,

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and osted on the newspaper's website are written y the funeral home handling arrangements with aput from the deceased. They are not written to

The Quincy Sun. Obituaries are submitted by the funeral horand are printed in The Sun space permitting. d by the funeral home





Sharon L. Clancy, 71

A Mass of Christian Burial for Sharon Lee (Dunner) Clancy, 71, of Squantum, formerly of Roxbury and South Boston, will be celebrated Thursday at 10:30 a.m. in St. Ann Parish, Quincy.

Mrs. Clancy died peacefully at home on Oct. 29 with her family by her side.

Born in New York, she was the daughter of the late Albert T. and Kathryn E. (Sickles) Dunner,

Mrs. Clancy is survived by her husband of 55 years, Donald A. Clancy; her daughter Julia (Clancy) Smith and her husband Dennis; and her son Donald A. Clancy, Jr. She was predeceased by her son Shawn P. Clancy. She was the loving grandmother of Shawn P. Clancy and Ryan J. Conroy. She is also survived by her siblings John Dunner and his wife Kathy of Plymouth, Deborah Dunner of South Boston, Brian Dunner of Norwell, and Robin Wallace and her husband Michael of Plymouth. She was predeceased by her brother Albert T. Dunner, Jr., and her sister Gloria (Dunner) Jacobs.



SHARON L. CLANCY

Mrs. Clancy was the cherished sister in law of Joan (Clancy) Bunszell and her husband Henry (Bud); Edward R. Clancy and his wife Marjorie; William H. Clancy and his wife Geraldine; Paul P. Clancy and his wife Marion; John D. Clancy and his wife Anne; Thomas J. Clancy and his wife Patricia. She was the beloved aunt of many nieces and nephews.

In 1975, Sharon and Don established D. Clancy & Sons, Inc., which allowed them to experience the joy of working together for

many years alongside their children and grandson. Mrs. Clancy loved spending time with her family, socializing with her "girl gang," and especially their weekend getaways. She enjoyed gardening and relaxing on her porch looking out at the ocean, American Idol nights with her Harbor View ladies, and bingo with friends. She was a champion bowler on the Clancy Family bowling league

Over the years, Sharon took great pleasure in boating expeditions around Boston Harbor and to Provincetown with Captain Don at the helm. Mrs. Clancy particularly cherished regular visits and shopping adventures with her beloved brother Brian.

Calling hours were 4 to 8 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at Cedar Grove Cemetery, Dorchester.

Memorial donations may be made to Road to Responsibility, Inc., 1831 Ocean St., Marshfield, MA 02050-4904, roadtoresponsibility. org.

Dennis R. McDonald, 61

Visiting hours for Dennis R. "Mac" McDonald, age 65, of Houghs Neck in Quincy, formerly of Rockland and Weymouth, will be held Nov. 14 from 1 to 5 p.m. in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. McDonald diec peacefully Oct. 21.

Born in Quincy on Jan. 26, 1956, he was raised in Houghs Neck and spent all of his free time on Peddocks Island in Boston Harbor. His late father Ivan B. and beloved late mother Anne (Foley) McDonald, always called him "Bob."

Mr. McDonald recently retired from 3M in Rockland, 'making tape' as he would say. As a young man he was a clam digger and the best fish fileter at Hurley's. In the summer you could always find Mr. McDonald on Peddocks Island at the Pink House, pulling lobster traps, fishing, and tending flowers on his Moe boat. He loved playing games like Risk, cribbage and computer games. Mr. McDon-



DENNIS R McDONALD

ald loved Star Trek, finding deals at Harbor Freight, and enjoying a Pepsi with his roast beef dinner, even more when sharing it with those he loved.

Mr. McDonald was the best friend anyone could ask for. He was the life of the party. Mr. McDonald was always telling his favorite stories about his friends, that's how he showed he loved you. He was a selfless man, so patient, never judging, always willing to give someone a ride to the Island. The most important part of his life was being a good dad to his daughters. He loved them more than anything.

Mr. McDonald was the beloved husband of the late Maureen (Duran) McDonald. He was the devoted father of Christine Gill and her boyfriend Damien Orum of Norwood, and Courtney Shanahan of Bridgewater. Mac was the loving brother of Ken McDonald and his girlfriend Pat Young of Topsfield, Ricky McDonald of Houghs Neck, Nancy Adinolfi and her late husbands Alan Adinolfi and Freddie Price of Houghs Neck, Linda Pike and her husband John Pike of Quincy, the late Brian McDonald and his surviving wife Kathy Hooten of Houghs Neck, and the late Marty McDonald of Houghs Neck. He is also survived by many loving nieces, nephews, and Island family and friends. Mr. McDonald's love will always stay with his family and friends. He will be missed dearly by all who knew him and remembered

Memorial donations may be made to the Peddocks Island Association.

Claire A. Hoffman, 90

A funeral Mass for Claire
A. (Macomber) Hoffman,
90, a longtime resident of
Quincy and native of South
Boston, was recelebrated
Wednesday in St. Agatha
Church, Milton.

Mrs. Hoffman died at the Pat Roche Hospice Home in Hingham on Oct. 29.

Born in Boston, she graduated from South Boston High School. Then in 1956, she married John W. Hoffman, moving to Quincy to raise their family.

After raising her family, Claire endured the loss of her son, Jack in 1988 and her husband in 1997. Despite this, Mrs. Hoffman remained positive, active and busy in her later years.

A great day for Mrs. Hoffman began with a good breakfast at the Egg and I or Barry's Deli with her friends. And later, after moving in with her daugh-



CLAIRE A. HOFFMAN

ter Lisa, her days were also filled with special moments, reading, helping with homework and just spending time with her three grandchildren.

An animal lover, Mrs. Hoffman always had a dog in the house, but she had a special affinity for her cats. She was prone to taking in strays and even once may

have "abducted" a neighborhood cat who she felt may not have been properly cared for. In tribute to this, Mrs. Hoffman's family is asking that any memorial donations be made to the Quincy Animal Shelter.

Mrs. Hoffman was the beloved mother of her surviving children, Keith Hoffman of Los Angeles and Lisa Bulger and her husband Christopher of Quincy. She was also the special and loving Nana to Ryan (BFD) of Dorchester, Caitlin and Michaela Bulger both of Quincy.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the Quincy Animal Shelter at quincyanimalshelter.org.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Bernice A. McDonald

A Mass of Christian Burial for Bernice A. (Tirrell) McDonald, of Quincy, was celebrated Oct. 30 at Divine Mercy Parish, Saint Mary's Church, Quincy.

Mrs. McDonald died in the comfort of her home, surrounded by family, on Oct. 27.

Born in Boston and raised in Quincy, she was a graduate of Quincy High School. She and her husband established Thomas P. McDonald Insurance Agency in Quincy. Mrs. McDonald was an active volunteer at Saint Mary's Church, West Quincy and My Brother's Keeper. In recent years, she has enjoyed participating at the Kennedy Center



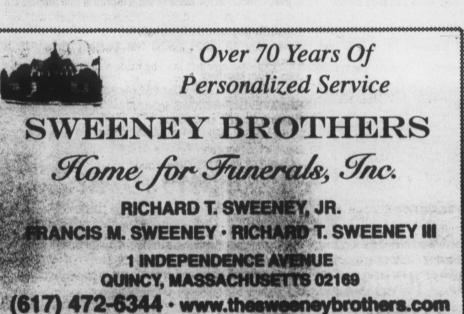
BERNICE A. McDONALD

in Quincy. She cherished her time with her children and grandchildren.

Beloved wife of the late Thomas P. McDonald. Loving mother of Michael and his wife Dinah McDonald and Judi and her husband David Pekkinen, all of Quincy. Grandmother of Thomas, Brendan and Connor McDonald, Brian and his wife Katherine, Sean and his fiancé Courtney Lafoe, Jason and Kara Pekkinen. Sister of John T. Tirrell and his wife Michaelene and the late Virginia M. Lyons, Margaret K. Sullivan, Jean F. Dunn and Alice G. Kemp.

Memorial donations may be made to My Brother's Keeper, P.O. Box 338, Easton, MA 02356-0338 or Divine Mercy Parish, 386 Hancock Street, Quincy, MA 02171.

Funeral arrangements were made by Dolan Funeral Homes.





Estate of: **Edmund C. Fisher** Date of Death:

December 25, 2020 To all persons interested in the above captioned estate, by Petition of:

Petitioner Susanne M. Camillo of Boston, MA. a Will has been admitted

to informal probate.

Susanne M. Camillo of Boston, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner. 11/4/21

> PLEASE RECYCLE THIS EWSPAPER

OBITUARY

Matthew W. Connor Daniels, 21

A funeral service for brother of Corey Connor Matthew William Connor Daniels, 21, of Quincy was held Oct. 29 in Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy. Mr. Connor Daniels died

Beloved son of Shirley Connor Daniels of Quincy and Lewis Daniels of Weyty, Moody and Uncle Matt mouth. Best friend and Matt, was hard working,

Daniels. Brother of Kristen, Nick, Ashley Daniels and the late James "Jimmy" Connor. Cousin/brother/ friend of Craig Connor. He is also survived by his two grandmothers, four nephews, aunts, uncles, cousins and many friends. Matt, also known as Mat-

> MATTHEW W. **CONNOR DANIELS**

adventurous, goofy, loving, caring and just a genuine person at heart. He loved every moment he spent with his nephews whether it was playing catch, building Legos or teaching them how to box. He looked up to those at Red Seal Martial Arts for teaching him and taking the time to help him better himself. He also appreciated those who helped teach him carpentry

and tiling. Mike and Craig, he idolized the two and although his life was cut extremely short, he created many memories with his best friend and brother, Corey. They loved cliff jumping together, taking trains, cracking jokes and so many other things.

Mr. Connor Daniels was an amazing friend and who do anything for those who he truly cared for. He will forever be in our hearts and beyond loved and missed.

NOTICE OF PUBLIC HEARING

Case ZBA 21-80

suddenly on Oct. 24

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 23, 2021 @ 5:30 P.M. to consider the application of Richard Burchill for a Finding to remove existing second floor and roof and add a new second floor and roof within the existing footprint in violation of Title 17 as amended, Chapter 3.4.3 (finding) on the premises numbered 22 MEARS AVENUE,

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a thirdparty communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Nov 23, 2021 05:30 PM Eastern Time (US and

Join Zoom Meeting https://us06web.zoom.us/j/85248434685?pwd=SVRjdkdQ REpGVEVGcFNsUXlwSHg5dz09

Meeting ID: 852 4843 4685 Passcode: Quincy Dial by your location +1 646 558 8656 US (New York)

Meeting ID: 852 4843 4685

Passcode: 874141 Find your local number: https://us06web.zoom.us/u/ km2stccaH

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma. viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman



Case ZBA 21-82

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 23, 2021 @ 5:30 P.M. to consider the application of James Flaherty for a Variance to construct a new front porch in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) on the premises numbered 82 WEBSTER STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a thirdparty communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Nov 23, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

11/4/21, 11/10/21

https://us06web.zoom.us/j/85248434685?pwd=SVRjdkdQ REpGVEVGcFNsUXIwSHg5dz09

Meeting ID: \$52 4843 4685 Passcode: Quincy

Dial by your location +1 646 558 8656 US (New York) Meeting ID: 852 4843 4685

Passcode: 874141

Find your local number: https://us06web.zoom.us/u/ km2stccaH

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma. viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

LEGAL NOTICE

CERTIFICATE OF CHANGE OF NAME Docket No. NO21C0334CA Commonwealth of Massachusetts **The Trial Court**

Probate and Family Court Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021

(781) 830-1200 In the Matter of: Shubham

On the name of * Shubham of Quincy, MA was changed to Shubham Kumar which shall hereafter be their legal name.

CERTIFICATION

As Register of Probate having the care and custody of the records pertaining to this court, I certify that the above change of name remains in full force and effect.

In Witness thereof, I have hereunto set my hand and affixed the seal of said Court on October, 4, 2021.

COLLEEN M. BRIERLEY Register of Probat 11/4/21

NOTICE OF PUBLIC HEARING

11/4/21, 11/10/21

Case ZBA 21-81

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 23, 2021 @ 5:30 P.M. to consider the application of Ashraf Megaly for a Special Permit/Variance to install a new LED outdoor advertising sign in violation of Title 17 as amended, Chapter 5.3 (signs) and Chapter 9.4 (special permit) on the premises numbered 721-723 WASHINGTON STREET,

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a thirdparty communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Nov 23, 2021 05:30 PM Eastern Time (US and Canada)

https://us06web.zoom.us/j/85248434685?pwd=SVRjdkdQ REpGVEVGcFNsUXlwSHg5dz09

Join Zoom Meeting

11/4/21, 11/10/21

Meeting ID: 852 4843 4685 Passcode: Quincy Dial by your location +1 646 558 8656 US (New York)

Meeting ID: 852 4843 4685 Passcode: 874141

Find your local number: https://us06web.zoom.us/u/ km2stccaH

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma. viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

NOTICE OF PUBLIC HEARING

Case ZBA 21-84

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 23, 2021 @ 5:30 P.M. to consider the application of Mohammed Al Zubaidi for a Finding/Variance/Special Permit/Flood Plain to construct two additions to accommodate a 2-car garage and living area in violation of Title 17 as amended, Chapter 4.1.1 (dimensional requirements, setbacks), Chapter 3.4.3 (finding) and Chapter 8.1.9 (special permit flood plain) on the premises numbered 479 QUINCY SHORE DRIVE, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a thirdparty communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Nov 23, 2021 05:30 PM Eastern Time (US and Canada) Join Zoom Meeting

https://us06web.zoom.us/j/85248434685?pwd=SVRjdkdQ REpGVEVGcFNsUXlwSHg5dz09 Meeting ID: 852 4843 4685

11/4/21, 11/10/21

Passcode: Quincy Dial by your location +1 646 558 8656 US (New York)

Meeting ID: 852 4843 4685 Passcode: 874141

Find your local number: https://us06web.zoom.us/u/ km2stccaH

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma. viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

NOTICE OF PUBLIC HEARING

Case ZBA 21-85

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 23, 2021 @ 5:30 P.M. to consider the application of JCBT Architect for a Special Permit/Flood Plain/Variance to demolish the existing single family home and detached garage and construct a new 3-story, 2-family structure with a 2-car detached garage in violation of Title 17 as amended, Chapter 4.1 (dimensional requirements) and 8.0 (flood plain) on the premises numbered 295 BILLINGS ROAD, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a thirdparty communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals Time: Nov 23, 2021 05:30 PM Eastern Time (US and

Canada) Join Zoom Meeting

https://us06web.zoom.us/j/85248434685?pwd=SVRjdkdQ REpGVEVGcFNsUXIwSHg5dz09

Meeting ID: 852 4843 4685 Passcode: Quincy Dial by your location

+1 646 558 8656 US (New York) Meeting ID: 852 4843 4685

Passcode: 874141

Find your local number: https://us06web.zoom.us/u/ km2stccaH

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma. viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

11/4/21, 11/10/21

AAA Finds Better Behavior Behind The Wheel, But There's Room For Improvement

A new AAA report finds unsafe driving behaviors, including red-light running, drowsy driving, and driving impaired on cannabis or alcohol, have declined in the past three years. Some dangerous driving behaviors have fallen more than others, with drivers still admitting to speeding and using a handheld cell phone, posing a danger on the roadways, according to new survey data from the AAA Foundation for Traffic Safety.

"Based on self-reported driving behaviors from our annual survey of traffic safety culture, it is encouraging to see more drivers recognize the danger of certain activities behind the wheel," said Mary Maguire, director of Public and Government Affairs at AAA Northeast. "However, the ultimate goal is to see the majority of drivers form safe driving habits and practice them." As more Americans return to the daily commute, AAA reminds all motorists to practice safe driving behaviors by focusing on the task of driving, keeping their eyes on the road and hands on the wheel.

The new data are from the AAA Foundation's annual Traffic Safety Culture Index (TSCI), highlighting the gap between drivers' attitudes and reported behaviors. The following shows some of the improvements in unsafe driving behaviors from 2018 to 2020. (See chart top of page).

While fewer Americans took to the roads in 2020 due to the pandemic, those that did appeared to take greater risks. The National Highway Traffic Safety Administration (NHTSA) found that an estimated 38,680 people died in motor vehicle traffic crashes—an increase of 7.2% and the largest number of fatalities since 2007. And, the numbers for 2021 look even worse, as NHT-SA estimates 8,730 people died in motor vehicle traffic crashes in the first three months of the year.

While the reasons for this increase are being studied, the AAA Foundation's TSCI reveals some areas of admitted driving behavior that remain stubbornly high, despite declining since 2018: speeding and using a cell phone. Unfortunately, drivers who participated in the

The proportion of people who reported having engaged in the following unsafe driving behaviors at least once in the past 30 days

Unsafe Driving Behavior	2018	2019	2020 (%)	Change from 2018 to 2020 (%)
Driven 15 mph over the speed limit on a freeway	48.9	48.2	45.1	-7.8
Driven while holding and talking on a cell phone	52.1	43.2	37.2	-28.6*
Driven while reading a text or email on a cell phone	41.3	38.6	33.9	-17.9*
Driven through a light that had just turned red	31.4	31.1	25.6	-18.5*
Driven aggressively by switching lanes quickly or very close behind another car	24.8	26.5	21.3	-14.1
Driven when so tired it was hard to keep eyes open	27.0	23.6	17.3	-35.9*
Driven when you had enough alcohol that you thought you were over the legal limit	10.9	9.8	5.9	-45.9*
Driven within an hour of consuming cannabis	6.6	6.5	4.4	-33.3*

TSCI survey admit to risky driving behaviors despite knowing that loved ones, family or friends would strongly disapprove. Cell

phone use is one such area where perception and behavior do not match.

"AAA has some positive news to share about trends in safer driving behaviors, but it's not quite time to declare victory," said Ms. Maguire. "Downward trends in self-reported impaired driving, red-light running, and drowsy driving is the kind of progress we need to curb the recent spikes in traffic fatalities. It's our hope we are turning a corner."

AAA recommends these safety tips to keep in mind:

• Obey speed limits. Drivers tend to overestimate the time saved by speeding. You'd have to travel 100 miles to save roughly 5 minutes, moving at 80 mph instead of 75 mph. Speed kills and isn't worth the cost. And recent AAA Foundation research shows that small speed increases were enough to raise a driver's risk of severe injury or death.

• Out of sight, out of mind. Stow your smart-phone away, turn it to air-plane mode, or activate call/text blocking features like

Apple's Do Not Disturb.

• Only drive sober. If you consume marijuana, alcohol, or use potentially impairing prescription medications, then don't drive. And if you're going to drive, then don't consume these substances.

• Stay alert. Stop driving

if you become sleepy because you could fall asleep at any time. Fatigue impacts reaction time, judgment, and vision, causing people who are very tired to behave in similar ways to those who are drunk.

The annual TSCI identifies attitudes and behav-

iors related to traffic safety. The survey data are from a sample of more than 2,800 licensed drivers ages 16 or older who reported driving in the 30 days before the survey, which was admin-

LEGAL NOTICE

CITATION ON
PETITION FOR
FORMAL ADJUDICATION
Docket No. NO21P2728EA
Commonwealth of

Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate
and Family Court

and Family Court 35 Shawmut Road Canton, MA 02021 (781) 830-1200 Estate of: George Charles Nason

George Charles Naso Also known as: George Nason Date of Death: 09/09/2021

To all interested persons:
A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Kathleen E. Thrun of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Kathleen E. Thrun of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 12/01/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED
ADMINISTRATION UNDER
THE MASSACHUSETTS
UNIFORM PROBATE
CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not reguired to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 26, 2021
COLLEEN M. BRIERLEY
Register of Probate

istered between Oct. 23 and Nov. 23, 2020. The AAA Foundation issued its first TSCI in 2008, and the latest report is online: AAAFoundation.org

LEGAL NOTICE

CITATION GIVING NOTICE
OF PETITION FOR
APPOINTMENT OF
GUARDIAN FOR
INCAPACITATED PERSON
PURSUANT TO

G.L. c. 190B, §5-304 Docket No. NO21P1142GD

Commonwealth of
Massachusetts
The Trial Court
Probate and
Family Court
Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021
In the matter of:
Evan Matthew Driscoll
Of: Quincy, MA

RESPONDENT
Alleged Incapacitated
Person

To the named Respondent and all other interested persons, a petition has been filed by Steven Driscoll of Quincy, MA in the above captioned matter alleging that Evan Matthew Driscoll is in need of a Guardian and requesting that Steven Driscoll of Quincy, MA (or some other suitable person) be appointed as Guardian to serve on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 11/17/2021. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

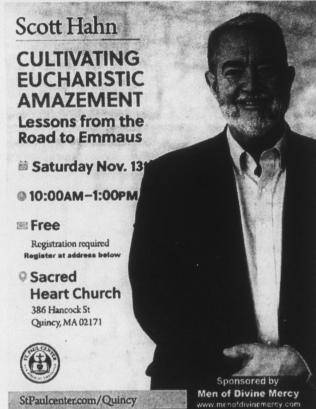
. T. T

11/4/21

Date: October 15, 2021
COLLEEN M. BRIERLEY
Register of Probate

11/4/21

More Quincy news: The Quincy Sin.com



PUBLIC NOTICE

PUBLIC NOTICE

QUINCY COMMUNITY PRESERVATION COMMITTEE

In accordance with Governor Charles D. Baker's March 10, 2020 order suspending certain provisions of the Open Meeting Law, G.L. c. 30A § 20, a meeting of the Quincy Community Preservation Committee will take place via remote conferencing services on **Thursday**, **November 18, 2021 at 5:00 p.m.** to conduct a public meeting to review the upcoming 2022 application process.

Join Zoom Meeting https://us02web.zoom.us/j/88658153985?pwd=eGN3UVBMRjhvR3VmS1F1bW9zUDhn 7z09

Meeting ID: 886 5815 3985 Passcode: Ay99RZ

Dial by your location

+1 301 715 8592 US (Washington DC)

+1 929 205 6099 US (New York)

Meeting ID: 886 5815 3985

Passcode: 428012

Find your local number: https://us02web.zoom.us/u/kwAa6qaeZ

Any questions can be directed to Kristen Powers, Administrator - Community Preservation at

617 376-1990 or kpowers@quincyma.gov 11/4/21, 11/10/21

PLEASE RECYCLE THIS

Charles and Commercial Street

Find at least six differences in details between panels.

HOCUS-FOCUS

0-0

BY HENRY BOLTINOFF

King Crossword

43 Inherited

45 Painter's

47 Reduces

motion

Couturier

Cassini

56 Pinta's com-

58 Norm (Abbr.)

panion

57 Favorites

59 Vortex

55 Stannum

ACROSS

- Landed 5 Gearwheel
- tooth
- 8 Slightly
- 12 Sultry Horne 13 "- you seri-
- ous?" 14 Barn roof spin-
- ner 15 Strict discipli-
- narian 17 Noble Italian
- family
- 18 Swift 19 Sculpted
- trunks 21 Old Olds 22 Doctor
- Zhivago 23 Wye follower 26 Moreover
- 28 On edge 31 Sciences' part-
- 33 Observe
- 35 Campus VIP
- 36 "Hogwash!" 38 Finale

12

15

18

- **DOWN**
- 1 Charitable gift 2 Bound 3 Concerning
- 4 Spud 5 Big gorges Mine yield
- Oil tycoon J. Paul
- 8 Declared 9 Baby's bed

13

52

55

58

MAGIC MAZE

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CCAXVSQOLJHECAJ

XVTRPNLJYHFDBAY

XVTRPOMKYBIGCLY

EDBZXCWNEUNKTEA

RQOSNLOJLIFEEBW

GFDCMDMVLIAYDEG

YSSILAP(WEDGWOOD)

XWVUHNDLHNTSPGI

RPARESDASOTNSLR

KCOIJKNEDSERDIG

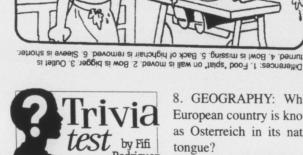
- 40 Water tester 10 Division word 41 Love god 11 Casual tops
 - 16 Notion 20 Ump's call
 - 23 Hit with a ray aun
- 51 Nashville's st. 24 Triage ctrs. 52 Instrument in a 25 System for Dixieland band
 - linking computers 27 Ruby of films
 - Paulo, Brazil 30 Away from
 - **WSW** 32 Island wraps
 - 34 Queen's domain
 - 37 Stir-fry pan 39 Entryway
 - 42 Factions 44 Packing string
 - 45 Halt 46 Far (Pref.)
 - 48 Author Bagnold

48 49 50

MAKERS OF

FINE CHINA

49 Tear 50 Remain 53 Torched



1. FOOD & DRINK: How many different flavors are in a Dr. Pepper soda?

2. AD SLOGANS: Which product was advertised as "the quicker picker upper"? 3. U.S. STATES: What is the capital of Washington state?

4: ANIMAL KINGDOM: What is a group of hummingbirds called?

5. MUSIC: What was Madonna's first Top 10 hit? 6. MOVIES: Which blockbuster movie had this final line, "Roads? Where we're going, we don't need roads!"?

7. TELEVISION: What was the name of the pet pig on "Green Acres"?

8. GEOGRAPHY: Which European country is known as Osterreich in its native tongue?

MEASUREMENTS: How many tablespoons are in 1 fluid ounce?

10. ASTRONOMY: Which planet in our solar system is known as both the Morning and Evening Star?

Answers

- 1.23
- 2. Bounty paper towels
- 3. Olympia
- 4. A charm 5. "Holiday"
- 6. "Back to the Future," Dr. Emmett Brown
- 7. Arnold
- 8. Austria
- 9. Two 10. Venus
- © 2021 King Features Synd., Inc.

ARIES (March 21 to April 19) A work-related situation that started last month takes on increasing importance this week. The choice is still yours as to how it will evolve. Be careful not to make quick judgments.

TAURUS (April 20 to May 20) "Careful" is the watchword for the prudent Bovine this week. Don't let your emotions overwhelm your logic. Try for balance as you maneuver through a touchy situation. GEMINI (May 21 to June 20) Your energy levels rise to meet the challenges that will mark much of this month. New opportunities beckon. Look them over, but proceed cautiously before making any kind of decision.

CANCER (June 21 to July 22) Your private life can be a problem this week, as a partner becomes more difficult. Resist a reaction you might regret. Instead of walking away, try to talk things out.

LEO (July 23 to August 22) You should be your usual sunny self these days, as you bask in the admiration you adore. Enjoy it as you move into a new arena to confront an exciting upcoming challenge.

VIRGO (August 23 to September 22) Your perseverance reserves will be tapped frequently this week as you deal with the problems involved in making a new situation work for you. But it'll all be worth

LIBRA (September 23 to October 22) You'll find fewer roadblocks turning up as you

— King Crossword —

Answers

Solution time: 24 mins.

PSHAW END

T B N I T R A M

continue to move ahead with your plans. Expect some important news to come your way by mid-November.

SCORPIO (October 23 to November 21) Good news -you finally get to the bottom of that pesky mystery you've been trying to solve for weeks by using some gentle persuasion to get someone to break his or her silence.

SAGITTARIUS (November 22 to December 21) The best time to take on that important task is now. Move forward one step at a time so you can assess your progress and, if need be, change direction.

CAPRICORN (December 22 to January 19) The new opportunities you hoped to find this month are beginning to open up. Study them carefully to be sure you make the choice that's best for you.

AQUARIUS (January 20 to February 18) Turn a disappointment into a learning experience. Check out possible weaknesses in your approach and strengthen them. A loyal colleague offers good advice.

PISCES (February 19 to March 20) Your new situation offers opportunities to help you get the skills you'll need in order to stop swimming in circles and finally move straight toward your goals. Go

BORN THIS WEEK: You have a sharp, logical mind and a quick intellect. You would make an excellent mystery

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CryptoQuip

the puzzle. Solution is accomplished by trial and error.

Clue: M equals W

MDTZ SYHKX NYH STKK ZDO MYYX YG UYAO XVRVRP GHLRVZHLO FOVRP OTZOR FN ZOLAVZOU? ZTFKO GYYX.

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Wishing Well®

8	6	7	6	3	2	6	8	2	7	3	2	4
Α	A	Y	T	N	C	T	N	0	0	E	N	T
6	4	3	5	7	5	3	2	3	4	5	2	7
E	1	W	·L	U	1	R	G	E	M	F	E	A
2	5	6	8	6	5	2	4	2	3	5	2	5
N	E	N	E	D	1	1	E	Α	P	M	L	P
3	7	4	6	4	7	4	2	3	6	7	4	8
L	R	F	T	0	E	R	F	Α	0	N	P	W
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2	5	6	7	5	8	2	6	3	6	7	6	3
1	E	T	Α	S	E	E	Н	S	E	D	R	0
8	3	2	3	8	2	8	6	2	8	4	8	4
				100	_		-	77	0/12/2	100		
L	L	N	D	0	D	V	S	S	E	A	D	Y

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you. 62021 King Features Syndicate, Inc.

CryptoQuip

Magic Maze ANSWERS. (TREBLALAYOR) KNEDSEND

Table food. being eaten by termites? enutional Boinib achde 10 - r WARRE COULD YOU CRITENS WOOD

FGGETREBLALAYOR Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally Unlisted clue hint: SAME NAME AS 2ND PRESIDENT

Cauldon Coventry Dansk Denby

A .. 1

Dresden Gien Goebel Gorham

Jackfield Palissy Ridgway Royal Albert

Shelley Spode Wedgwood

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HOLLYWOOD

by Tony Rizzo

Cruise has three big films in the can, ready to hit theater screens worldwide. First is the long-awaited "Top Gun: Maverick" (sequel to the mega hit that grossed \$357 million in 1986), which was delayed by the pandemic and will finally arrive May 27.

Next up is "Mission Impossible 7," with Simon Pegg, Ving Rhames and Vanessa Kirby. Among the scenes shot for the film were an exploding bridge in Poland and a steam train plunging off a cliff and into a quarry in Derbyshire, England. "MI7" also was derailed by the virus and now opens Sept. 30. By then Cruise will be 60 years old.

Finally, get ready for more action in "Mission Impossible 8," dropping July 7, 2023. Originally "8" was to be filmed back-to-back with "7," but it got too complicated. This may be the last time we see Cruise running on moving trains in the process of being blown up!

Every year at New Year's, we get lists of our favorite actors who left us during the year. While we maintain there are only four stars who got the big studio build-up during the "Golden Age of Hollywood" who are still active today (they being Jane Fonda, 83, Shirley MacLaine, 87, Sophia Loren, 87, and Robert Redford, 85), there are many treasured favorites from movies and television still with us and some still active today.

HOLLYWOOD - Tom "The Fugitive" Oscar-winner Tommy Lee Jones is 75, while "Starsky & Hutch's" Paul Michael Glazier and David Soul are both 78. Chubby Checker ("The Twist") is 80, as is "Bye, Bye Birdie" star Ann-Margret. Nancy Sinatra is 81, and "Love at First Bite's" George Hamilton is 82, as is "Coming Home" Oscarwinner Jon Voight.

> Two-time Oscar winner Anthony Hopkins and "The Beverly Hillbilly's" Max Baer Jr. (Jethro) are 83, while Billy Dee Williams is 84. Kris Kristofferson is 85, Dame Julie Andrews and Jerry Lee Lewis are both 86, and "Dr. Kildare" himself, Richard Chamberlain, is 87. "Vertigo" star Kim Novak is 88, and "The Coal Miner's Daughter" Loretta Lynn is 89. "The Jefferson's" Marla Gibbs turned 90, and "The Adams Family's" John Astin (Gomez) and "The Bird's" Tippi Hedren are 91. Bob Newhart and "The Virginian" star Clu Gulager are 92, and co-stars and friends Sidney Poitier and Harry Belafonte are both 94. Dick Van Dyke and Mel Brooks turned 95, while Angela Lansbury recently hit 96. "On the Waterfront" Oscarwinner Eva Marie Saint and Bob Barker are both 97, and Betty White tops them all at

They've all been part of our youth and memories. We remember them fondly and thank and celebrate them now while they're still here! Let's drink to them!

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by Japheth Light

There are 13 black hexagons in the

puzzle. Place the numbers 1 - 6

around each of them. No number can

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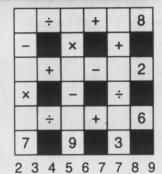
WHIT COBILLING CANTON WEBS

GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: *

★ Moderate ★★ Difficult * * * GO FIGURE!



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Antiques & Collecting By Terry and Kim Kovel

Biscuit Box - The English spoken in England can sometimes confuse an American because the same word can mean different things in the two countries. Almost every tourist learns that in England a "lift" is an elevator. But who has been warned that an English "biscuit" is what an American calls a "cookie," and that an American biscuit, also called "shortbread," is a British scone?

Several English silver-plated biscuit boxes were sold at a Neal auction recently along with labeled rectangular wooden boxes and covers, and decorated tin boxes filled with loose cookies (biscuits) for the store. One of the silver boxes was made by James Dixon & Sons, a well-known Sheffield manufacturer that worked from 1804 to 1992. It is almost 11 inches high. Each of the shell-shaped bowls had a hinged, pierced flap that kept the heat and the biscuits in place when the sides were opened and became flat bowls to serve the cookies. The flaps are often missing when the biscuit box is sold.

Q: How can I clean the marble top on an antique chest? The chest is probably over 100 years old. There are some stains on the marble that look like some kind of liquid spilled on it.

A: The easy way is to buy a commercial marble stain remover. You can also try a home remedy. Wash the marble top with dishwashing liquid and hot water, rinse well and dry thoroughly. Use a soft cloth or a bristle brush if needed. Then you can try one of the many doit-yourself methods.

Different solutions clean dif-

tablespoon of baking soda. Mix into a thick paste, the consistency of peanut butter. Spread it in a 1/4-inch-thick layer on the stain. Cover with plastic wrap, tape the edges and let it dry for 24 hours. Use a plastic (not metal) spatula or a damp sponge to remove the paste, rinse and buff dry. Repeat the process if necessary. Recipes for the mixture use 6% to 12% hydrogen peroxide. Some add a little ammonia and more baking soda. There are many mixtures mentioned online. Good luck. Some stains can't be removed.

CURRENT PRICES

Textile, apron, Odd Fellows, cotton, All-Seeing Eye, classical female figures, leaves, green grosgrain ribbon, 1800s, 17 x 16 inches, \$60.

Sewing machine, B. Eldredge Automatic, black, flower decoration, stamped needle plate, plaque on base, National Sewing Machine Co., 9 x 14 inches,

Toy, train set, Twin Train, tin lithograph, track base with city graphics, hills, two windup trains, signal device, Technofix, Bim Bam on box, 24 inches, \$240.

Cast iron, cigar cutter, round, tab handle, embossed dish base, marked, James G. Blaine, Brunhoff Mfg. Co., Cincinnati, 5 x 6 1/4 inches, \$355.

TIP: If you have new, shiny, silvery-looking pewter collector's plates, don't use any form of abrasive cleaner on them.

From comics and posters to pottery and glass, learn about record-setting prices scores of items have brought in recent years in the new "Kovels' Antiques & Collectibles Price Guide 2022."

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otranse

- · Most NASCAR teams use nitrogen in their tires instead of air. This allows the tire to have a much more consistent rate of expansion and contraction to heat and cold.
- North Koreans must have one of 28 state-approved haircuts.
- There's alcohol in space! In 2006, astronomers discovered a cloud of alcohol in part of the Milky Way where stars are forming from gas and dust.
- In Albania, some women make an oath to become "sworn virgins" in order to live life as a man, with the rights and privileges of a man. For the rest of their lives, they are never again addressed as female.
- Over 2,500 left-handed people a year are killed by using equipment made for right-handed people. The deadliest item? The righthanded power saw.
- A traffic jam in Beijing lasted more than nine days.
- If you yelled for eight years,

seven months and six days, you would produce enough sound energy to heat one cup of coffee.

- · A man with severe OCD and a phobia of germs attempted to commit suicide with a gun to his head. Instead of killing him, the bullet eliminated his mental illness without any other damage.
- In 2003, there were 86 days of below-freezing weather in Hell, Michigan.
- Until 2018, there were only two English words ending in "gry" - hungry and angry. Then the Oxford English Dictionary added a third -"hangry" (an irritable state induced by lack of food).
- · A decibel is not its own unit, but actually 1/10th of the seldom used "Bel," a unit named in honor of Alexander Graham Bell for his contribution to acoustics.
- "Backpfeifengesicht" is a German term for a face that badly needs a punch.

Thought for the Day: "The world is round so that friendship may encircle it." -Pierre Teilhard de Chardin

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Now here's a tip! by Jo Ann Derson

· Three ways to use an empty tissue box: 1) Store plastic grocery bags inside: 2) line with a small plastic trash bag-and use in your car as a travel trash can; 3) cut out the bottom and use it to

disguise an extra toilet tissue

roll in your guest bath!

· Love oranges? Save the peels to add to your potpourri mix. Remove as much of the pith as possible and cut into strips. Air dry in bright light for about a week. Or you can set the strips on parchment and dry in a partially closed oven set to 175 F for about 45 minutes.

· "To separate yolks from egg whites, simply crack eggs into a shallow bowl and 'suck' the yolk out using an empty plastic water bottle. Squeeze the bottle slightly, then position the mouth of the bottle at the yolk and let go. It will magically slide up

Check often.

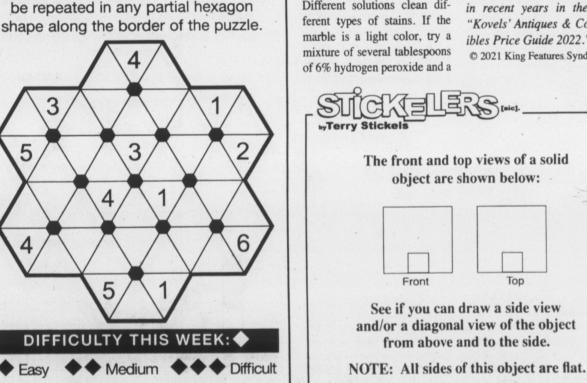
into the bottle, leaving the whites behind!" - T.T. in

- · "When the last serving of jam has been used, I will happily add some oil and vinegar to the jar, along with a few choice spices, then shake. It's an instant vinaigrette, with a fruity tang." -C.L. in Tennessee
- · Keep your jeans or other denim items from fading by soaking them in a solution of cold water and salt (2 tablespoons to a gallon) for about an hour before washing.
- "To clean a can opener, get it wet and run a folded paper towel through it while turning the handle. Works best if done after each use." - H.P. in Washington

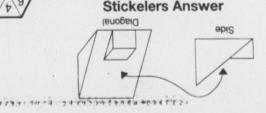
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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Go Figure!



SHOMELTHRES answers solution



Shruestan, Newmarker to Selt. There Charlestong Boreau Page 53

Super Crossword

5 Successors

7 In — surgery

8 Less than

9 15-season

10 Have

11 Sawmill

sight

device

Arthur

38 Shrek, e.g.

of Music"

refrain starter

35 Cruel Amin

36 Court legend

CBS show

of LPs

6 Cut (off)

50 Actress -Dawn Chong 51 Yam coils 52 Ontario border lake 53 The "E" of

QED amusing tale 55 Manhattan sch. 56 Bridal gown material 22 Debate side 58 Hindu sage 63 "Charlotte's Web" star using

actress competing in fireplace a bee? bellows? 25 Capitol Hill 68 Tarzan, e.g. 26 Suffix with inactive 71 Minnesota propyl 27 Fish eggs port

ACROSS

1 Costco rival

arranging

17 "That's icky!"

9 Machine

sheets

20 Short,

21 Made a

rustling

sound

23 "Beverty

Hills 90210'

28 Beatle bride 72 "A Brief of 1969 History of 29 - 'Pea Time" author **30** "V for peddling Vendetta' goods? star doing 79 Transparent wickerwork? kitchen wrap 38 Later time of 80 Actor Haim or Feldman 81 Fair-hiring 41 Kind of PC screen

42 Most 82 Batting avg. reserved 43 "Lullaby of 85 Rocket org. Birdland" **86** See 109-Across composer clipping 89 Lead-in to mo rams? or pitch

26

50

122

LW

90 "Paracelsus" poet making toast? 96 Dazed state 98 Atty.'s gp.

99 Epic poem by Virgil 100 "Tom Jones" novelist catching pop flies? 107 Nothing but

12 In need of a refill of 108 Week unit 13 See 49-Down 109 With 14 Pound 86-Across 15 20-volume "You bet!" ref. work 110 Discontinuity 16 Tpks., e.g. 113 Actress 17 High hairdo

Gasteyer 18 Welcomes 114 "Family 19 Sincere Huddle' 24 Director Ang co-author 29 — terrier rowing? 30 Laugh sound 122 Kindled 31 Trendy 123 Legendan Aussie boots lost island 32 Techie type 124 Employees' 33 "Oh, woe!" 34 Pre-TiVo clip-ons

125 Milwaukeeto-Miami dir. 126 Soda jerk's workplace 127 Locale of Iraq 37 That gal and Israel **DOWN**

39 Name in jets 40 "The Sound 1 Fill fully 2 In a while 3 Nothing but 44 Shipped out 4 - -fi film 45 "Hey there"

46 Ample in dialect 47 — pot (nasal cavity rinser) 48 Big smile

CELEBRITY

DOINGS

87 The same, in

of Grenoble

specialist)

French

88 Brand of

celebrity

by Dana Jackson

Q: Why did Mark Har-

mon leave "NCIS"? I know

he's been on forever and is

probably just ready to re-

tire, but is there a specific

A: Mark Harmon's charac-

ter, Leroy Jethro Gibbs, was

originally introduced on the

military legal series "JAG"

back in 2003 before heading

up the spinoff of "NCIS." He

probably never dreamed the

show would still be a ratings

success almost two decades

later, but his contract for the

current season stipulated he

would only return in a limit-

ed capacity, according to the

In the fourth episode of CBS'

"NCIS" this fall, Gibbs told

special agent Timothy Mc-

Gee (Sean Murray), "I'm not

going back home" and made

the decision to stay in Alaska.

Since Gibbs narrowly sur-

vived a boating explosion

last season, it was certainly

understandable. Harmon re-

mains connected to "NCIS"

as an executive producer,

and the show has brought in

Katrina Law and Gary Cole

Hollywood Reporter.

reason? -JJ.

luxury Swiss watches 90 Be behind 13-Down, schedule 91 Grand Ole do some karaoke, e.g. 92 Male tyke 54 Florida city 93 "Cool!." '90s-style 94 Honshu sash 95 ICU staffers

56 Sementine 57 Debate side 58 Ugly remark 59 Cardiff locale 96 Sandbanks 60 Not-to-be-97 Nadal's sport missed thing 101 Rustic verse **61** Gathered 102 Bother badly 62 "Sorta" 103 City northwest 64 Madeline of "First Family" 104 OB- — (med 65 Single bill 66 "... even -105 West African

speak" 67 Rx safety 106 Tangential org. remark 68 Burro 110 Ardently fond 69 Sch. org. 111 Son of Hera 73 Va. neighbor 112 Furtive "Hey 74 Emcee 75 Sheik, e.g. 114 Dawber of 76 Frau's "no" "Mork & 77 Former Spice Mindy"

Girl Halliwell 115 Platonic "H" 78 Frayed 116 Utmost 83 Jai follower 117 "O Sole --" 84 Sondheim's 118 Deadly cobra 119 Rockets' org. Sweeney 85 Brand of 120 Long-snouted spongy toys fish 121 Poem variety 86 Goose's kin

83 84

110 111 112

as regulars to help fill the vacancy. "NCIS" showrunner Steven D. Binder offered some hope to Gibbs fans: "Mark continues to be an integral part of the fabric of the show...So, regarding the future of Gibbs, as longtime fans of the show may have noticed over the years...never count Leroy Jethro Gibbs out."

Perhaps if Gibbs gets tired of the cold, he'll want to enjoy the island life and make an appearance on the newest show in the franchise, "NCIS: Hawai'i."

Q: I noticed that "Days of Our Lives" brought back the character of EJ DiMera, but he's no longer played by James Scott. What happened to the original actor? -J.K.

A: Scott seems to have retired from acting and is now a life coach. He wed clinical therapist Kaitlin Robinson in 2015, a year after he left "Days." EJ DiMera returned to Salem this summer, played by Australian actor Dan Feuerriegel.

Q: When is the Obi-Wan series coming out on Disney+? My family really enjoyed watching "The Mandalorian," so we have high hopes for this "Star Wars" series as well. -M.G.

A: Ewan McGregor will return to his titular role in the upcoming "Obi-Wan Kenobi" series on Disney+, but all we know so far about a premiere date is "sometime in 2022," according to many online sources. The show will be set 10 years after



Mark Harmon Photo Credit: Kevin Lynch/CBS

the 2005 blockbuster movie "Star Wars: Episode III - Revenge of the Sith." Hayden Christensen also is inhabiting the role of Darth Vader/ Anakin Skywalker opposite McGregor.

With the critical and financial success of "The Mandalorian," Disney+ was quick to line up several more "Star Wars" series in development, including "Ahsoka," with Christensen and Rosario Dawson, "Rangers of the New Republic" and "The Book of Boba Fett," which will be available to stream this December. I've probably missed a few since they're churning them out at light speed, but as long as you stay subscribed to Disney+, you won't miss any part of the

Send me your questions at NewCelebrityExtra@gmail. com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Weekly **SUDOKU**

123

101 102 103

116 117 118

108

by Linda Thistle

		2		8		9		
7					6			4
	5		4	(#			8	
2			1					6
		5		2			7	
	6				7	5		
6				5		3		
		4		7			1	
	8		3		4			2

Place a number in the empty boxes in such a way ow across, each column down and all 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦◆

♦ Moderate ♦ ♦ Challenging **♦♦♦** HOO BOY!

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Super Crossword

119 120 121

104 105 106

124

Answers

1	S	A	3	Н	A	3	N		d	0	Н	S	T	٦	A	M		3	S	S
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S	Я	A	0	G	N	1	N	N	\forall	M	N	0	1	٨	3	d		A	N	A
d	A	B				S	3	Y				Y	V	a			Y	٦	N	0
			S	٦	٦	A	8	9	N	1	Q	٦	3	1	F	٨	B	N	3	H
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D	A	3	Я	8	G	N		N	M	0	A	8	1	A	3	8	0	A		
0	٦	S		3	3	A	H	1	S			A	S	V	N					
T	A	T	S			0	3	3		٨	3	A	0	0		N	٧	A	V	S
		S	3	A	A	M	5	N	1	K	M	A	Н	N	3	Н	d	3	1	S
Н	T	n	٦	n	a		ols	No.	1	A	S				N	A	M	3	d	A
S	3	M	A	٦	H	9	N	1	N	N	A	4	A	T	0	К	A	a		
1	M	A	M	S		N	1	1	A	S		n	٨	N			1	V	A	3
					3	1	H	3			S	N	1	3	K	S		3	A	A
		d	3	3	Н	S	0	N	1	A	A	3	Н	S	3	B	Я	0	3	9
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S	T	3	K	S	A	8	9	N	1	٨	A	3	M	0	e	n	Н			
3	3	M	S			0	N	0				3	0	Я				3	N	Ξ
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0	A	d		O	3	H	S	0	0	M	S		3	T	0	a	0	3	N	A
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Even Exchange

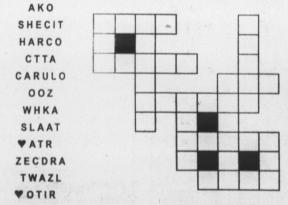
	allow	VCIS	
Witch, Watch	.01	Diaper, Dipper	.6
Pride, Prime	6 .	Stable, Staple	·t
Export, Expert	.8	Worry, Wordy	.6
Staff, Stiff	.7	Prone, Prong *	2.
Roost, Roast	.8	Touch, Tough	1

Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters

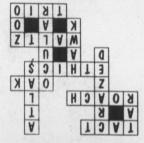
1. Keep in	c _	Durable	G
2. Inclined to	E	Fork tine	G
3. Fret	R _	Long-winded	D
4. Horse shelter	B	Paper fastener	P
5. Nappy	A	Ladle	P
6. Perch		Sunday meat	A
7. Work force	A	Rigid	1
8. Send abroad		Specialist	E
9. Lion's group	D _	First-rate	M _
10. Broomhilda		Observe	_ A
	©2021 Kir	ng Features Synd., Inc.	_ ^

AKO SHECIT HARCO CTTA CARULO



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked () letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

answer



Weekly SUDOKU

Answer

6	1	9	.8	1	5	*	3	9
8	Þ	3	1	9	6	1	5	9
1	5	S	1	3	8	6	9	b
3	1	Þ	6	5	9	9	1	8
9	6	8	9	b	ı	3	1	2
1	8	L	2	6	*	9	9	3
*	3	5	9	1	9	8	6	1
9	9	6	3	8	L	2	*	1

2 8 7 4 8 8 9

Amber Waves









Out on a Limb







R.F.D.























SCRAMBLERS





e the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag! ASTRAIN ROUTED

Spoil MAPPER Baby

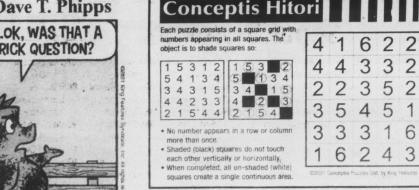
REPAID

TODAY'S WORD

by Dave T. Phipps



by Gary Kopervas





DEAR PAW'S CORNER: Last month, I agreed to pet sit for a friend while she and her boyfriend went on vacation. I did this for free because I love pets and want to see if pet sitting as a business is right for me. Bitsy, her 3-year-old cat, was a joy to care for...the first week. On Monday of the second week, I came to take care of her and Bitsy was laying in the middle of the floor, lethargic. I scooped her up and took her straight to the veterinarian, who thinks she either ingested a toxic houseplant or spoiled food. After fluids and rest at the vet, Bitsy is doing much better. But my friend is angry with me because the vet's bill is very high. She says it's my fault that Bitsy got into her houseplant. I followed my friend's instructions to the letter. Why is it my fault?

5 2 4 2 5 1 1 6 2 3 4

3 2 6

What should I do? Sign me - Confused in Denver

DEAR CONFUSED: I'm glad Bitsy is doing better. You did the right thing by taking her in for medical care

My advice is to give your friend a little time to process everything that happened. You've explained your side already. Hopefully with a little breathing space she will be able to think more clearly and then the two of you can talk and decide what to do. When you open your pet sitting business, take this as a lesson learned. Spell out terms very clearly, stating that the pet owner is responsible for any vet bills incurred due to illness or injury. You can learn much more through groups like Pet Sitter International (https:// www.petsit.com/) and the National Association of Professional Pet Sitters (https:// petsitters.org/).

Send your tips, questions or comments to ask@pawscorn-

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TOP TEN VIDEO, DVD for release week of November 1, 2021

Video On Demand

1. Free Guy (PG-13) Ryan Reynolds

2. Old Henry (NR) Tim Blake Nelson

3. Black Widow (PG-13) Scarlett Johansson

4. PAW Patrol: The Movie (G) animated

5. F9: The Fast Saga (PG-13) Vin Diesel

6. Escape Room: Tournament of Champions (PG-13) Taylor Russell

7. Snake Eyes: G.I. Joe Origins (PG-13) Henry Golding

8. Hocus Pocus (PG) Bette Midler

9. Cruella (PG-13) Emma

Hitori

1624

Stone 10. The Green Knight (R) Dev Patel

DVD, Blu-ray Sales

Free Guy (PG-13) Disney/20th Century

2. F9: The Fast Saga (PG-13) Universal

3. Space Jam: A New Legacy (PG) Warner

4. Hocus Pocus* (PG) Dis-

5. Black Widow (PG-13) Disney/Marvel

6. The Green Knight (R) Lionsgate

7. Zack Snyder's Justice League (R) Warner

8. Halloween* (R) Universal (2018)

9. Cruella (PG-13) Disney 10. Boss Baby: Family Business (PG) Universal/ Dreamworks

*Re-release

Source: Comscore/ Media Play News © 2021 King Features Synd., Inc.

MARRIED Today's Word

3. Pamper; 4. Diaper 1. Artisan 2. Detour; uoitulos

SCRAMBLERS

Puppy Place — "Come for the puppies, stay for the adventure" is the tagline for this absolutely adorable Apple original scripted TV series based on a Scholastic Book series by Ellen Miles. In it, brother and sister duo Charles and Lizzie (Riley Looc and Brooklynn MacKinzie) help find happy, proper homes for puppies they've fostered together. Each episode includes a plethora of quizzical head tilts, playful pounces and destruction of squeaky toys. Also included are lessons about personal responsibility and social issues, but let's all admit we're just going to watch this because puppies are so darn relaxing. (Apple TV+)

Big Mouth (Season 5) — The ridiculously funny animated series created by Nick Kroll and Mark Levin returns for a fifth season in all its teenage crassness and messy pubescent drama. As the characters begin eighth grade, many of the previous season's storylines continue with the addition of lovebugs and hate worms, the newest non-human characters that serve to represent the young characters' emotions. If you're a "Big Mouth" novice, know that the humor is raw and crude, but it's likely nothing you didn't hear yourself in middle school. Voice regulars returning include John Mulaney, Maya Rudolph, Jordan Peele and Jessi Klein. (Netflix)

Taste the Nation with Padma Lakshmi: Holiday Edition — Amid the smorgasbord of cooking/eating/ food shows out there, this four-part holiday-focused edition of "Taste the Nation" is a delightful amuse-bouche. Host Padma Lakshmi travels across the U.S. learning about special holiday traditions that unite our histories with the foods we eat. The most alluring delight of this show is the up-close views and sounds of the foods. This isn't simply a host chomping on a giant turkey sandwich and telling us how good it is. Instead, unique cam-

era angles put viewers sizzling right alongside the bacon and simmering in a steaming stew pot. If ever there was a need for smell-o-vision, it is right now to watch this show. (Hulu)

Storm Rising — This National Geographic series rides along with professional storm chasers as they travel toward dangers that the rest of us flee or hunker down against. Meteorologist Reed Timmer (previously on "Storm Chasers") and his band of fearless cohorts spent an entire year heading into tornadoes, hurricanes and mudslides to document natural



Apple TV+

Riley Looc and Brooklynn MacKinzie in "Puppy Place"

disasters for this five-episode limited Nat Geo series. The footage is at times dizzying and anxiety-inducing, but that's exactly the thrill we hope for while watching from our safe, comfy he's Wolverine). -- C.F. couches. (Disney+)

Much Ado About Christmas -Sappy Christmas movies aren't just ability (that's how he was able to for the Hallmark Channel, and it's survive having his bones replaced never too soon to start watching them. Like, the day after Halloween is totally acceptable. In this modern holiday twist on a Shakespeare play, the absolutely believable plot centers around a rich socialite and philanthropist named Haley. She meets a handsome, romantic suitor named Claud who is completely unaware who Haley is or of her wealthy background, to the delight of Haley. But when the truth is uncovered, enter the much ado. (Peacock)

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Contract Bridge

FAMOUS HAND

South dealer. North-South vulnerable. ◆KQJ8 ▼10543 WEST EAST ♦10652 ♥19 ◆J107542 SOUTH ♥AQ872 The bidding:
West *AKJ North East Pass Pass Pass Pass 4 NT Pass Pass Pass Opening lead nine of hearts.

This deal occurred in a match between Austria and Italy at the world championship held in Monte Carlo in 1976. It was played at 44 tables, and 23 times South got to six hearts, a dreadful contract that had about a 20 percent chance of making. However, thanks to a fortunate lie of the opposing trumps, the slam was successfully negotiated by 22 of the 23 declarers.

The opening lead was usually a

by Steve Becker =

diamond, a club or a spade. Against any of these leads, declarer's only real chance was to take a first-round trump finesse - leading low to the queen - and next play the ace, hoping to find East with precisely the doubleton king. The 22 lucky declarers found this to be the actual case and, as a result, scored 1,430 points.

The Austrian declarer was the only one who failed to make the slam. At his table, Italian star Benito Garozzo chose the diabolical opening lead of the nine of trump! Declarer, in an effort to guard against the possibility that East might have the K-J-6 of trump, covered the nine with the ten and won East's king with the ace.

Declarer then led a diamond to the queen, returned a trump and, when East produced the six, found himself faced with a harrowing guess. He had to decide whether Garozzo's opening lead of the trump nine was from the J-9, which would be an unusual lead against a slam, or whether Garozzo's lead of the trump nine was a singleton, also an unusual lead against a slam.

With nothing to go on, the Austrian declarer elected to finesse the eight and so went down one. Ironically, the slam was easy to make without a trump lead, but once the trump was led, declarer had a chance to go

wrong - and did. ©2021 King Features Syndicate Inc. Puzzles4Kids

WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHAT EXERCISE DO FROGS LIKE?

JESTER	 TREES	JOSHES		SHOES	
MUESLI	 SLIME	ALISSA		SAILS	
MOWERS	 WORSE	CASTER	100	STARE	
SNAPPY	 PANSY	KIDDER		DRIED	
ASPIRE	 SPEAR	TUSSLE		LUTES	
PLANET	 PETAL				
GARGLE	REGAL				



You're Never Too Old For **HPV Infection**

DEAR DR. ROACH: I read your recent column stating that the HPV vaccine is recommended up to age 45. Are people older than 45 years no longer susceptible to HPV? Asking for a 52-year-old friend (who thinks

ANSWER: The comic character Wolverine has a mutant healing with adamantium), so he has nothing to worry about. However, nonmutants do have to worry about HPV, which can come from any kind of skin-to-skin contact with a person who has HPV.

Having the virus often means having warts, but sometimes people can have contagious HPV without having any visible lesion. It's been estimated that 90% of people with HPV don't know they

People of any age are susceptible to HPV. Most people have been exposed by age 45, which is why the recommendations are to men with a history of prostate the way they are now, but vacci- or breast cancer. Testosterone nation might make sense in some should be given with caution to situations. The clearest example men with obstructive sleep apsomeone who has had very few sexual partners and is about to become more sexually active (for example, a person recently divorced or widowed).

Although the vaccine is not indicated by the Food and Drug Administration in this situation and the person is likely going to have to pay out of pocket, it might still be worth it to get the vaccine to reduce the risk of acquiring a new sexually transmitted HPV infection. I received several letters from people who acquired new genital warts in just this situation who were upset that their doctor did not offer the vaccine.

If people have already been exposed to HPV, the vaccine will not harm them. In fact, there is some anecdotal evidence that the vaccine might help people with difficult-to-treat warts by boosting the immune system specifically for HPV.

DEAR DR. ROACH: I'm a 79-year-old male in relatively good health. During the past year, I have lost underarm hair. What could be the cause? And is there a connection with the inability to get aroused? -- A.F.

ANSWER: I would be concerned about low testosterone.

Androgens, particularly testosterone, are responsible for growth and maintenance of body hair. Loss of body hair, especially pubic and axillary hair, is not common with low testosterone levels unless the testosterone was very low for a long period of time, usually over a year. Other symptoms of low testosterone include loss of muscle mass, lower energy levels, decreased libido and depression. Not all men will get all symptoms, but having more than one symptom is suggestive of low testosterone, especially in men who have difficulty getting an erection.

Your doctor should check your testosterone. Ideally, the sample should be drawn while fasting between 8 and 10 a.m. when levels are normally highest, and should take into account the age of the person being test-

Testosterone replacement is appropriate for men with symptoms of low testosterone and clear evidence by laboratory of a repeatedly low level. Testosterone replacement is safe for most men, but is generally not given prostate enlargement.

The data so far suggest that testosterone replacement in deficient men does not increase risk of prostate cancer.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGood-Health@med.cornell.edu.

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LUTES	S	TUSSLE
DHIED	K	KIDDER
BRATS	0	CASTER
SAILS	A	ASSILA
SHOES	r	SHES
HEGAL	Ð	SUBHAE
PETAL	N	THAT
SPEAR	-1	ASPIRE
YEMAY	d	Addans
MORSE	M	NOWERS
SUME	n	MUESLI
INCER	C	HEISTER



by Healthy Exchanges

Easy Peanut **Butter Muffins**

November is National Peanut Butter Lovers Month, so for all you peanut butter lovers, here's a recipe just for you.

cup fat-free milk

cup reduced-fat creamy peanut butter tablespoon no-fat sour cream

teaspoon vanilla extract

egg or equivalent in egg sub-

cups reduced fat baking Mix cup Splenda granulated sweetener

1. Preheat oven to 375 F. Spray 8 wells of a 12-hole muffin pan with butter-flavored cooking spray or line with paper liners.

2. In a large bowl, combine milk, peanut butter, sour cream, vanilla extract and egg. Add baking mix and Splenda. Mix gently to combine. Evenly spoon batter into prepared muffin wells.

3. Bake for 15 to 20 minutes or until a toothpick inserted in center comes out clean. Place muffin pan on a wire rack and let set for 5 minutes. Remove muffins from pan and continue cooling on wire rack.

TIP: Fill unused muffin wells with water. This protects the muffin tin and ensures even baking.

 Each serving equals: 145 calories, 5g fat, 5g protein, 20g carbohydrate, 317g sodium, 42g calcium, 1g fiber; Diabetic Exchanges: 1 1/2 starch/ carbohydrate, 1/2 fat.

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1. Who released a song (and an album by the same name) with the title "Beaucoups of Blues"?

2. Name the singer who released the first English-language version of "All Alone Am I."

. Who was Fernando? 4. Were the Righteous Brothers real-

ly related?

5. Name the song that contains this lyric: "Before we're through I want to tell nea and men with symptomatic you that I adore you, And always do."

Answers

1. Ringo Starr, in 1970. It was his first solo single after leaving the Beatles.

2. Brenda Lee, in 1962. It was originally written in Greek. Lee was 18 at the time and had been the sole financial support for her family since she was 10 years old.

3. "Fernando," written originally in Swedish by ABBA for one of its group members, was a bartender in Stockholm. ABBA released an English version years later and it became one of their biggest hits.

4. No. Bill Medley and Bobby Hatfield met when a previous group (the Paramours) disbanded.

5. "Ma Belle Amie" by Tee-Set, a Dutch group, in 1970. The song did well around the world and was released in different languages. The title, translated from French, means "my beautiful friend."

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Answer

Bernazzani PTO Hosts Trunk-Or-Treat Event



FINAL DESTINATION GRAVEYARD



WONDER WOMAN and PRINCESS

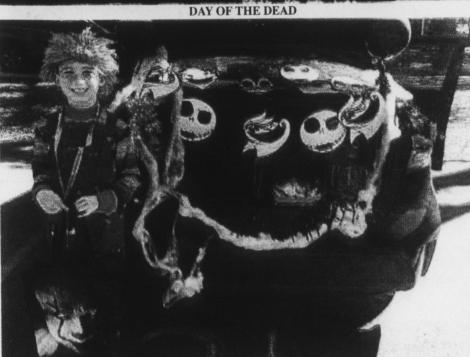


GYMNAST and PANDA





THE INCREDIBLE ILACQUAS



NIGHTMARE BEFORE CHRISTMAS



ZOMBIE BASEBALL PLAYERS



THE WIZARD OF OZ

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